

# Nouvelles PARC-EXTENSION

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News



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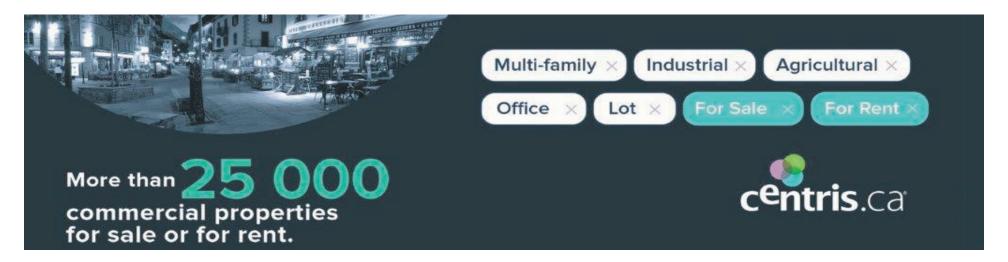
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The Black History Month certificate recipients are seen here at VSP borough headquarters, with Park Extension city councillor Mary Deros and Saint-Michel councillor Josué Corvil (back row, second from right) on February. 5th. Photo: Martin C. Barry





# **VSP** borough officials pay homage to Black History Month

Leaders from the Park Ex black community receive recognitions

**MARTIN C. BARRY** 

Two elected officials from the Villeray/ St-Michel/Parc Extension borough council took the initiative in early February to celebrate Black History Month with a special ceremony at borough headquarters on Ogilvy Ave. during which certificates of recognition were presented to noteworthy VSP residents of African-Caribbean-Haitian-Canadian heritage.

#### 29th Black History Month

Park Extension city councillor Mary Deros and Saint-Michel city councillor Josué Corvil hosted the event. Borough Mayor Giuliana Fumagalli was unable to attend due to a previous commitment.

This is the 29th year that the City of Montreal has been observing the month of February as a period when accomplishments by outstanding black people and historical occurrences associated with their legacy are noted as an example for those in the black community as well as others throughout the world to follow.

#### **Recipients from Park Ex**

From Park Extension, the recipients included Rose Ngo Ndjel from the Afrique au Féminin women's group, Nelson Ossé of the Corporation de Gestion des loisirs du Parc, Pastor Marc-Élie Morisset of the Église de Dieu d'Outremont, Elizabeth Dembil who is the executive-director of Carrefour de Liaison et d'Aide Multi-ethnique (CLAM), and Harry Delva a highly-regarded leader in Montreal's Haitian community who has helped youths in Park Extension.

A notable recipient of a certificate of recognition from the borough's Saint-Michel district was boxing trainer and sport promoter Ali



Longtime Park Extension community worker Nelson Ossé (second from right) is seen here with Councillor Mary Deros and his parents. Photo: Martin C. Barry

Nestor. While Ali Nestor was already wellknown in the community for his promotion of boxing as a discipline and sport, he gained nationwide fame during Prime Minister Justin Trudeau's first foray into federal politics.

#### **Taught boxing to Trudeau**

Ali trained Papineau Liberal MP Trudeau to take on Conservative Senator Patrick Brazeau in a charity fundraiser boxing match in 2012 in Ottawa. It was a highly-publicized event that Trudeau famously won, after which he went on to lead the Liberals to form a majority government in the 2015 election.

As Councillor Corvil pointed out, people who are black have been immigrating to Canada since at least the 17th century from African, Europe, the Caribbean and the United States of America.

#### **History of blacks in Canada**

It is believed the first black person to arrive in Canada was Mathieu da Costa, a member of the exploring party of Pierre Dugua, the Sieur de Monts, and Samuel de Champlain that travelled from France to the New World in the early 17th



Ali Nestor, centre, who trained Justin Trudeau for the fundraising match he won against Senator Patrick Brazeau, is seen here with Park Extension city councillor Deros and Saint-Michel city councillor Josué Corvil. Photo: Martin C. Barry

century.

After World War II, a major wave of immigration saw thousands of people from Haiti arrive in Montreal.

"The black communities and their cultures are part of the history of Canada since its beginning," said Corvil. "It would be important to let this be known as it is true by teaching it to our students starting in grade school to make them aware of our place in history as well as in current events."



# Chasing the elusive Fountain of Youth

Looking for forever young in an age that venerates the beauty of youth and curses the beast of aging

The desire of many to look young forever has led to the establishment of a colossal cosmetic industry. However, the features that primarily determine how old women should look for their age and whether genetic or environmental factors predominantly influence such features are largely unknown.

Skin wrinkling, hair graying, lip height, pigmented age spots, laugh lines, crow's feet, and sun-damage are significantly and independently associated with the age that women and let's face (pun intended) it, men as well, manifest in their physical facial appearance. Hair-graying, recession of hair

from the forehead are influenced by genetic factors, whereas environmental factors influence hair thinning, according to research.

This lust for youth has been around for a very long time in human culture. We don't always try to steal youth outright, of course. There are creams, potions, diets, surgical treatments, fillers, and Botox, all of course lending credence to men's and women's losing battle with father time, fueling every person's tendency to lie to everyone about their real age, some camouflaging the years with the help, not always successfully, of these artificial and contrived measures to stave off getting old, which by the way, is not as bad as most 'fake news' youth seekers would like you to believe. Getting old gracefully and naturally can be quite enjoyable, because it gives meaning to the eternal truth that 'to age is to be human and to be human is to age'.

Sadly, as old age becomes more commonplace, too many of us have come to venerate youth. The largest numbers of magical thinkers about aging squander incalculable money, time, and energy on products and services promising that the march of time can be slowed, stopped, or reversed by anti-aging products and services. Well, we've heard of the generation gap, gender gap, and now the beauty gap.

Saying that women are overqualified to advise men about "aging gracefully" is an understatement. It hasn't always been a smooth path, there have been more than a few cosmetic/surgery disasters along the way. But undeniably, for the most part, women are looking pretty darned fantastic as they hit their 50s and beyond, often better than their male counterparts. But there is a danger here. Is it all an illusory concession to artificiality, the deceptive seduction and falsehood that external 'good looks' are the key to inner peace, healthy self-esteem, and attractiveness to others?

Wait! Men have now joined the beauty bandwagon—facials, highlights, manicures, pedicures, plastic surgery, hair transplant,

and anything that caters specifically to their needs. Not surprisingly, baby boomers who expect to stay, in the words of the celebrated Bob Dylan hymn - forever young - have led the way. Eager for skin and hair products that serve anti-aging purposes, many mid-life men use hair dye, Botox, lasers, hair transplant, hood and under eye excess skin removal, and other cosmetic procedures. According to MD and plastic surgeon Dr. Adi Yoskovitch, there has been an impressive increase of 10 to 15% of men in the last decade seeking various facial youth enhancing treatments such as Botox. And, now males are demanding products of their own, not only to delay signs of aging, but also to enhance their current appearance as well. Does this deception, for men, rear its ugly head, as it does for women? Call it equal opportunity or equal opportunism, there's no doubt that men are also being watched by the cosmetic industry. Demographics show huge potential, and serious economic consequences are imminent should men continue catching the beauty bug. Guys have begun to see real or imagined advantages to enhancing their appearance, a focus once considered outside their domain. Our culture's emphasis on youth and beauty doesn't discriminate. Age defying promotions in the media target both men and women. The message translates into paying more attention in maintaining your appearance in order to achieve happiness and success. Men want this also, despite the psychological/emotional risks inherent in this way of thinking.

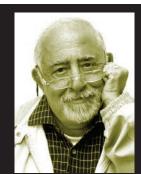
While looking good has proven to give job applicants an advantage, excelling appears to be increasingly tied to a person's appearance as well. This affects women and men alike. The short-term investment in plastic surgery is viewed by men as having long-term economic benefits, according to research. Yet, ignored is the reality that artificiality is simply unnatural, simulated, and ungenuine. What

### Continued on page (5)

The opinions on THIS PAGE reflect the consensus of Editorial Board.

# Parlez-moi d'humour

Alcide Borik



# Prière autochtone

langue fourchue essaye d'empiéter sur nos droits ancestraux par tous les

Après avoir tenté de nous envoyer dans le territoire des chasses éternelles avec son eau de feu et ses couvertures empoisonnées, voilà qu'il veut faire passer le chemin de feu sur nos terres ; une fois de plus, les derniers bisons seront massacrés, les sources d'eau claires auront un goût de pétrole, les rivières seront harnachées, nos forêts incendiées, nos prairies envahies par des marchands de rêves venus nous vendre de l'eau de feu fabriquées sur les terres de nos ancêtres et mises dans des bouteilles de plastique à la place des verroteries sans valeur, tandis que leurs chamanes et sorciers vêtus de noir nous traitent de mangeurs de chiens, abusent de notre crédulité, de nos squaws et même de nos papooses, si

Une fois de plus, le visage pâle à la bien que le Grand Manitou fait pleurer sur le monde des pluies diluviennes, ne créant que des trous d'eau.

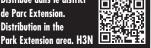
> Peignez-vous des couleurs de guerre, et allez danser autour du poteau de tortures car, si le général Custer est parti chasser au territoire des chasses éternelles, il existe, parmi ses successeurs un autre trou d'eau capable de tourner sept fois dans sa bouche sa langue si fourchue que même les visages pâles ne le croient plus. Il s'est même fait la face de l'arabe qui nous chantait des comptes d'émir et une nuit. En échange de nos derniers droits, il nous allouera des territoires que même l'ours blanc veut délaisser pour donner nos terres aux colons avides désireux d'y faire jaillir de l'eau noire, de faire pousser de l'herbe-quirend-fou et des teepees en forme de condos...

> > ... Ô, Taureau Assis, lève toi!

# **Nouvelles**

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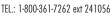
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# **Quebec passes education reforms** abolishing school boards

Quebec's law BILL 40, reforming the public school system passed in the early hours of Saturday February 8.

Not all MNAs were there until the very end. The final vote at 3:21 a.m. was 60 for and 35 against, with no abstentions.

Bill 40, which abolishes school boards and replaces them with service centres, was passed after the government invoked closure, limiting the amount of time to debate the legislation.

The opposition parties did not hide their anger, noting it was the fourth time the Coalition Avenir Québec government has invoked closure in eight months — referring to its secularism law, immigration reform bill and its law on deregulating Hydro-Québec fees.

Parti Québécois education critic Véronique Hivon said the government added "insult to injury" by adding an amendment that ended the powers of French-language commissioners as of Saturday, instead of Feb. 29.

What's changing

English school board commissioners will stay on until November to allow time for directors of the new English service centres to be elected. Directors of the French-language service centres will be appointed.

On the French side, service centres will be composed of five parents, five staff members, and five members of the community.

English service centres will have four community representatives, four staff members and between eight and seventeen parents.

Bill 40 also makes changes to teacher training, school choice and the role of directors, and reorganizes how educational services are managed.

Éric Caire, the junior education minister, said the government will save \$10 million by abolishing school board elections, and that the reforms will give more power to parents.

#### Lack of transparency?

Speaking with reporters in Washington, D.C. on Saturday, Premier François Legault defended the decision to invoke closure on Bill 40, saying that after nearly 70 hours of debate in committee, the opposition was "obstructing" the passage of the law.

The same arguments were repeatedly made," he said, adding that his majority government intended to make good on its campaign promise to abolish school boards.

"At some point we need to take action," he said. As for whether his government would invoke closure a fifth time, Legault said that would depend on the actions of the opposition parties.

Quebec Liberal Party spokesperson Marwah Rizqy said the passing of Bill 40 was a "spectacle" that lacked transparency.

We are receiving emails from parent committees — more than 30 — saying that Bill 40 is not the solution. These parents must be heard,"

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## **QESBA: Bill 40 forced through regardless of unanimous** opposition from education partners

The Quebec English School Boards Association (QESBA) deplores the authoritarian manner in which the CAQ Government has rammed Bill 40; An Act to amend mainly the Education Act with regard to school organization and governance through the National Assembly in the early morning hours.

The Minister added an irresponsible 24th hour amendment calling for the immediate removal of all French elected commissioners from office in an effort to stop them from challenging this legislation in court.

"It is a dark, dark day for democracy in Ouébec when a government regardless of the clear opposition to Bill 40, decides to cut all

debate and force the adoption in the National Assembly," said Vice-President Noel Burke.

Our community is very concerned with the contents of the Law and we are worried about holding complicated elections in November." continued the Vice-President. "We will meet our lawyers in very short order to examine our next steps and should have more information in the coming weeks," concluded the Vice-President

in Québec and represents 100,000 students in 340 elementary, high schools, and adult and vocational centres across Ouébec.

QESBA is the voice of English public education

#### Continued from page 4

one looks like does not necessarily dovetail with what one feels. If you look 50 but feel like 75, because that's how old you really are, then what?

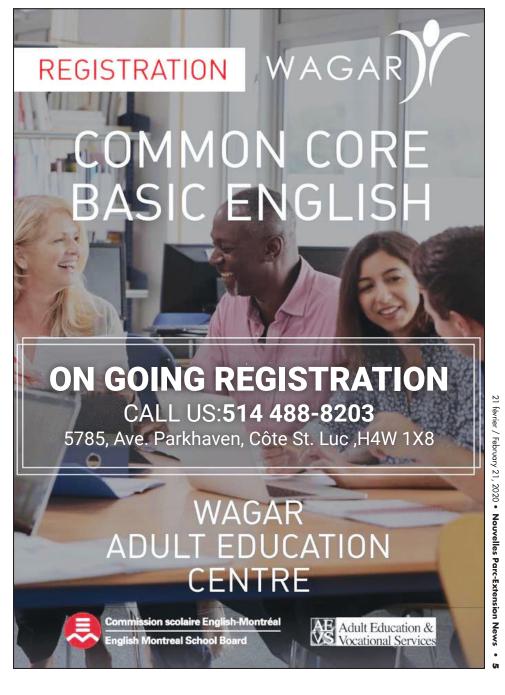
Cosmetic surgery was once viewed as a necessity for fixing physical features; non-invasive dermatological procedures are now considered part of a routine of skin care regimen which appeal to both sexes who want to appear refreshed and healthier, mainly, to have others believe their attractive looks are genetic. These procedures are no longer for the rich and famous. Non-invasive treatments and plastic surgery such as fillers and Botox are marketed to the masses anywhere from 18 to 99. There is no embarrassment or shame or secrecy since most people talk about the work they've had done openly. But let's not kid ourselves, until and unless Ponce de Leon delivers posthumously on his celebrated the Fountain of Youth, men and women will look young but feel old because they are, unmistakably old.

Yes, the beauty gap is clearly closing between genders. Men are no longer immune to the idea and wish for good looks, and to maintain them in the aging process. The question is how to make the most of one's assets without losing sight of one's identity, a challenge which a multitude of women have achieved over several decades. The slope is a slippery one for the male sex in the world of beauty. Women have been doing it since the era of Cleopatra, and will continue to do so.

Women have the expertise to teach men the art of beauty and how to face the mirror on their wall. They have the magic formula to become the fairest of them all, or so they have been led to believe, but then again, like most ills of humanity, the blame will be easily and cavalierly dumped on father time, he who plays no favourites in the unfolding of the universe as it should, blessing/cursing all of us with the bittersweet gift of aging.

Aging is a universal/spiritual experience. We're all in this together. No escaping it. There's definitely a superficial/supernatural/ eternal beauty in the beast.

- Renata Isopo





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# Sacred Heart School raises \$60,000 for improvement projects

125 guests attend 'Raise the Roof,' for auditorium and wellness centre



Some of the evening's entertainment was provided by **Sacred Heart's** very own **Erin Waldbrook**, along with her husband Adam.



From the left, Head of School **Shawn O'Donnell and his wife Jackie**, and **Raise the Roof** guests **Laurie Leblanc** and **Michael Mc-Cullough**. Photo: Martin C. Barry



Current **Sacred Heart School of Montreal** students **Ocean Massey**, left and **June Liu** greeted Raise the Roof guests as they arrived. Photo: Martin C. Barry

MARTIN C. BARRY

Members of the Sacred Heart School of Montreal community raised \$60,000 on Jan. 31 during a *Raise the Roof* capital campaign event to help build a new auditorium for Sacred Heart's music and drama programs.

One hundred and twenty-five guests – including members of the Religious of the Sacred Heart of Jesus, current and past parents, alumnae, sponsors, suppliers, staff and faculty – attended the event at the Plaza Volare in the Crowne Plaza Hotel on Côte de Liesse Rd.

They enjoyed lavish cocktails from tables sponsored by the Ferri Family, and had their photos taken by PBL Photography, sponsored by JCB Construction Canada.

#### A dazzling show

Entertainment, sponsored by CMLS Capital, was provided by Sacred Heart's very own Erin Waldbrook, along with her husband Adam, as well as the Sacred Heart Show Choir and DJ Marco Ferri.

While the Waldbrooks played flute and trombone to accompany the cocktail hour, the students put on a dazzling show with choreography, to the hit songs *Believer* by Imagine Dragons, and *Most Girls* by Hailee Steinfeld.

#### **Focus on wellness**

In addition to the auditorium, Sacred Heart School of Montreal also plans to build a wellness

centre for physical and mental health, while undertaking renovations to the Sacred Heart students' overall learning environment.

After some moving words by Sister Sheila Hammond, head of the Society of the Sacred Heart's U.S.-Canada Province, supper was served. The 4-course dinner of Manicotti di Crespella Ripena Alla Fiorentina, with fusilli; arugula topped with Parmigiano shavings; braised beef (or a vegan or gluten-free alternative); and chocolate lava cake, was sponsored by ALRE Properties Inc.

#### **Outgoing board president**

The decor was sponsored by Architecture49. Menu cards and other printed materials were sponsored by Presti Homes & Developements. The ever-beautiful flower arrangements of tulips, white roses, and hortensias were generously donated by Fleuriste Jules d'Alcantara.

The outgoing president of the board of directors, Roberto Di Giorgio, made a heartfelt speech about his time at Sacred Heart, both as a volunteer on the board as well as a parent to Alessia '09 and Rebecca '17. Alessia, an invaluable volunteer for the evening's event, introduced her father.

#### **Fundraising surpassed**

Head of School, Shawn O'Donnell, thanked Mr. Di Giorgio for his years of service to the school and announced that the event surpassed

its fundraising goal, earning \$60,000 for *The future at heart*, to the benefit of the entire Sacred Heart community.

Part of the funds were raised through the sale of raffle tickets the evening of the event, thanks to the help of alumnae volunteers Alessia Di Giorgio '09, Stéphanie Christodoulopoulos '09, Caterina Gasparrini '91, and Rosemary Vaupshas '78.

#### **Capital improvements**

As well, the live auction contributed greatly to the evening's success, thanks to auctioneers Paul

solarium, renovated kitchen with island and dinette spacious family room with beautiful views of the river

Kruszewski and Melanie Dirks. Registration for the event was sponsored by Golden Home Care. Proceeds from the evening will be invested in major capital improvements to the school. The wellness centre will be designed as a space to support the physical, mental and emotional health of the students, while the new performance space will also further contribute to the Sacred Heart community by making it available

organization thus needing work to be done to make it suitable for residential living. Great potential!



# Laurier Macdonald students excel in hairdressing competition

EMSB Career Centre offers programs in beauty, welding and automotives

MARTIN C BARRY

Tuesday February 4 was a big day at the Laurier Macdonald Career Centre for students enrolled in the LMCC beauty department's hairdressing specialty program.

The Regional Hairdressing Olympics 2020, hosted by the Career Centre, drew professional hairstylists and aesthetic salon owners from all over the Montreal region as judges and observers.

#### Hairstyling excellence

Held at the Jean Talon St. East facility in conjunction with four Montreal region school commissions, including the English Montreal School Board, the competition saw some of the city's top hairdressing students vie for recognition as creative hairstyists.

"All our candidates have met certain criteria that we asked them for to participate," said Antonella Anania, a hairdressing teacher at the career centre for the past 10 years. Three winners were chosen at the end of the day, with the first prize winner having the privilege to travel to Quebec City to participate in a provincial hairdressing competition.

#### **Learn beauty skills**

The Laurier Macdonald Career Centre's beauty skills program also teaches students other aspects of aesthetics, including professional nail care skills. The beauty skills program guides students as they develop knowledge, skills and attitudes required to use hygiene, health and safety rules and measures linked to the use of





The Laurier Macdonald Career Centre hosted the Regional Hairdressing Olympics 2020 on Feb. 4 at the centre. Photo: Martin C. Barry, Newsfirst Multimedia

# NAME THE PUPPY 2020

#### Help the RCMP name their newest puppies

The Royal Canadian Mounted Police needs your help to name the next generation of police dogs. The chosen names will be given to 13 German Shepherd puppies born at the Police Dog Service Training Centre in Innisfail, Alberta. The 13 children whose names are selected will each receive a laminated 8×10-inch photo of the pup they named, a plush dog named Justice and an RCMP water bottle.

#### Contest rules are simple

- Names must begin with the letter "N"
- Names must have no more than 9 letters
  - Names must be 1 or 2 syllables
  - Contestants must live in Canada
- Contestants must be 4 to 14 years old
- Only 1 entry per child will be eligible
- Entries must be received by Wednesday, March 25, 2020

Contest winners and the winning names will be announced on **Wednesday, April 29, 2020**, on the RCMP website and social media.



#### There are 2 ways to enter

Enter online: http://www.rcmp-grc.gc.ca/en/depot/name-the-puppy-contest

Send a letter to the following address. Be sure to print the child's name, address, telephone number and the suggested name for a puppy.

Attn: **"Name the Puppy Contest"**Police Dog Service Training Centre
Box 6120
Innisfail, AB T4G 1S8

We love to receive drawings and paintings! If submitting by mail, children are invited to get creative with their entries.

Winning names will be chosen by the PDSTC staff. A draw will determine the winning entry in the event of multiple submissions of the same puppy name.

Although there can be only 13 winners, names not selected for the contest will be considered for other puppies born during the year.



#### Continued from page (8)

caustic and corrosive products, as they analyze the scalp and the hair.

They also counsel the customer in a style that goes well with their personality, to know techniques involved in hair coloration, while being able to accomplish tasks such as cutting, setting and styling hair, and accomplishing complimentary tasks such as trimming and shaving of beards, sideburns and moustaches

#### **New electric car program**

As well, the centre has departments for auto mechanics, where a new program to teach the technology behind electrified vehicles will be getting underway in May. And the Laurier Macdonald Career Centre also offers a program in professional welding.

Today a lot of companies are looking for welders – even some who are going to do the work underwater," Mrs. Anania, who is also the centre's acting vice-principal, noted regarding the increasing sophistication of professional welding work.

"This is something new that a lot of young people seeking vocations are becoming interested in," she added. "And so this is something that our school is also beginning to offer."

#### **Everything automotive**

The Laurier Macdonald Career Centre's automotive program involves performing preventive and corrective mechanic work, inspecting vehicles, with the goal of identifying and finding the cause and the source of operating problems.

As well, students perform repairs, replace parts and make adjustments on different vehicle systems, while carrying out tests and procedures for installing accessories and optional equipment, all the while adhering to health,

safety and environmental laws and regulations.

"Basically we cover everything from the front of the car to the back end - whatever makes the car run or not run," said Frank Di Tirro, LMCC's program coordinator for automotive mechanics and welding. "The students get exposed to a lot of new technology and new ideas."

#### Highly devoted faculty

The Laurier MacDonald Career Centre has been establishing itself as a leader in the automotive and beauty industries for years now. The centre's programs lead to a certification of a DVS or AVS offered by the Quebec Ministry of Education. They also have a team of experienced and devoted faculty.

LMCC understands the challenges of learning the skills required in the welding and fitting, automotive and beauty industries. Its reputation as a vocational centre of welding and fitting, auto mechanics, hairdressing and aesthetic is built on experience.

The faculty and administration's commitment to providing relevant, cutting-edge courses and programs delivered by respected industry specialists ensures a hands-on, inspiring, accessible and supportive environment for every

#### **Key links to industry**

LMCC also maintain close partnerships with industry demands and standards to ensure they are preparing their graduates to succeed in a highly-demanding environment. They welcome you to visit the LMCC and speak with an adviser to explore the vast opportunities the centre's programs can offer.

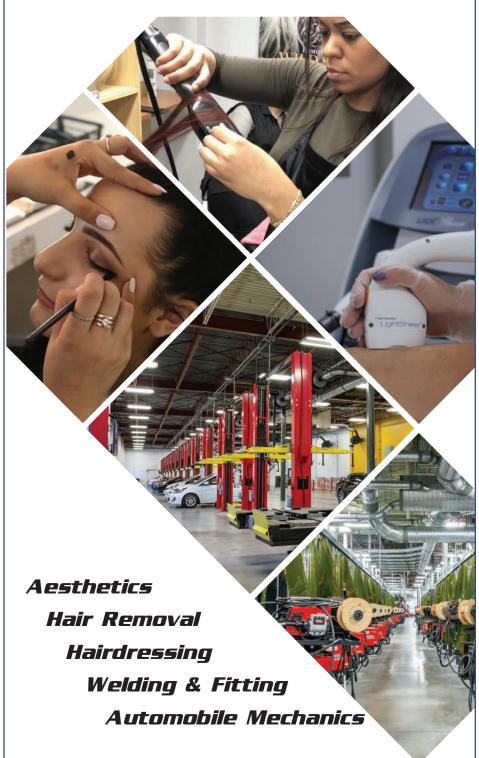
The Laurier Macdonald Career Centre is located at 5025 Jean Talon St E in the Borough of Saint Léonard. Phone: (514) 374-4278. Web: lmaccareercentre.com.



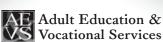
From the left, Frank Di Tirro, LMCC's program coordinator for automotive mechanics and welding, and Antonella Anania, a hairdressing teacher at LMCC for the past 10 years, are two of the knowledgeable and devoted teachers at the centre.

Photo: Martin C. Barry, Newsfirst Multimedia

### FIND THE RIGHT CAREER







Laurier Macdonald Career Centre is a professional career centre located in the borough of St. Leonard in Montreal. We have been building and establishing ourselves as leaders in the Automotive, Welding and Beauty Industry. Our programs lead to a certification of Attestation of Vocational Specialization (AVS) or a Diploma of Vocational Studies (DVS) issused by the Quebec Ministry of Education.

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De gauche à droite : Julie Riel, Fondation CHU Sainte-Justine, Danielle La Roche, Clarins Canada, Sébastien Benoit, Rythme, Mitsou Gélinas, Rythme, Christian Comtois, Groupe Jean Coutu, Stéphanie Bureau, Fondation CHU Sainte-Justine

Le mardi 19 février se conclut la 14e édition du Mois des Câlins de Sainte-Justine, au cours de laquelle les Québécois ont à nouveau fait preuve d'une grande générosité envers les enfants et familles de Sainte-Justine, et ce, grâce à l'appui de ses fidèles partenaires, Rythme, Jean Coutu et Clarins. En plus de s'être procuré les 30 000 Embellisseurs Lèvres « Rose Câlins » de Clarins, vendus en exclusivité dans les succursales Jean Coutu du Québec, la population a réagi au partage d'histoires des enfants de Sainte-Justine sur les médias sociaux, permettant de mobiliser et de sensibiliser encore plus les gens à la cause. Jean Coutu et Clarins sont ainsi heureux de remettre plus de 430 000 \$ au CHU Sainte-Justine et à son Centre de réadaptation Marie Enfant (CRME), seul centre dédié exclusivement à la réadaptation pédiatrique au Québec.

« Le soutien des donateurs nous donne le pouvoir de transformer l'expérience en réadaptation et le devenir des enfants du Québec. On ne pourrait offrir aux familles la meilleure qualité de vie sans l'apport significatif de ces gens de cœur, qui contribuent à l'humanisation des soins et à l'acquisition d'équipements de pointe », a déclaré Maryse St-Onge, directrice des services multidisciplinaires, santé mentale et réadaptation, co-directrice des soins académiques au CHU Sainte-Justine.

Ce succès du Mois des Câlins n'aurait pas été le même sans l'engagement des Fées Câlines, Mitsou Gélinas, Julie Bélanger et Marie-Eve Janvier, accompagnées du Parrain Câlin, Sébastien Benoit de Rythme, qui encore cette année, ont su rallier leurs généreux auditeurs à la cause, ainsi que celui de l'ensemble des cosméticiennes et cosméticiens chez Jean Coutu.

### Marie Enfant : maison de l'espoir

Depuis plus de trois mois, Etienne, 14 ans, fait partie de ces enfants qui vivent au CRME. Atteint de la diplégie spastique, qui se manifeste par une diminution du tonus principalement

au niveau de la colonne vertébrale, du tronc, et une raideur du bassin et des jambes, Etienne s'est fixé un objectif : remarcher. En plus de bénéficier de séances de physiothérapie, l'hydrothérapie et la massothérapie l'aident à libérer ses tensions musculaires. Et ces soins et services spécialisés, c'est grâce aux dons qu'ils sont possibles. Ils permettent aux enfants du CRME comme Etienne de bénéficier d'un Centre de réadaptation unique au Québec, où chacun bénéficie d'une approche personnalisée.

Le 7e concours Dessine-moi un câlin a fait parler le cœur de centaines d'enfants

Le concours Dessine-moi un câlin, auquel les jeunes Québécois de 5 à 12 ans étaient invités à participer, s'est terminé le 14 février dernier. Près de 800 dessins originaux réalisés sur le thème du câlin ont été reçus et seront soumis au comité de sélection. Le jeune artiste, dont l'œuvre sera choisie pour apparaître sur l'emballage de l'Embellisseur Lèvres « Rose Câlins » lors de l'édition 2021 du Mois des Câlins de Sainte-Justine, méritera également un certificat-cadeau de 1 000 \$ à dépenser dans un magasin de livres et jouets (ou l'équivalent).

À propos de la Fondation CHU Sainte-Justine La Fondation CHU Sainte-Justine a pour mission de mobiliser la communauté et soutenir le CHU Sainte-Justine dans sa mission d'excellence pour offrir aux enfants et aux mamans d'aujourd'hui et de demain un des meilleurs niveaux de santé au monde. fondationstejustine.org

#### À propos du CHU Sainte-Justine

Le Centre hospitalier universitaire (CHU) Sainte-Justine est le plus grand centre mère-enfant au Canada et le 2e plus important centre pédiatrique en Amérique du Nord. Il est membre du grand réseau d'excellence en santé de l'Université de Montréal (RUIS). Il compte  $5\,457$  employés dont  $1\,532$  infirmiers et infirmières auxiliaires et 1 000 professionnels en soins, 520 médecins, dentistes et pharmaciens, 822 résidents et plus de 204 chercheurs, 41 bénévoles, 4416 stagiaires et étudiants de toutes disciplines. Le CHUSJ comprend 484 lits dont 67 au Centre de réadaptation Marie Enfant (CRME), seul centre dédié exclusivement à la réadaptation pédiatrique au Québec. L'OMS a reconnu le CHU Sainte-Justine «Hôpital promoteur de la santé». chusj.org

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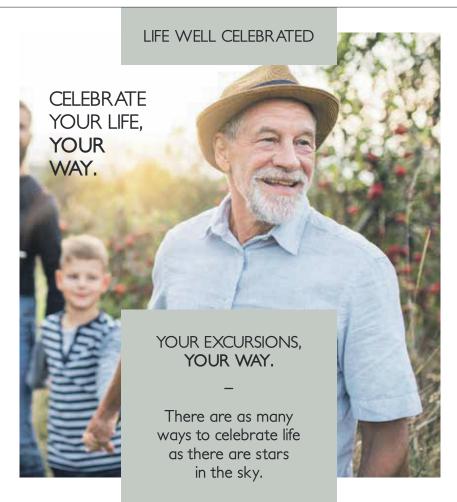
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LAYETTE, Marcelle

1933 - 2020

The family of MARCELLE LAYETTE has the regret to announce his death on Wednesday February 12, 2020 in St-Lin-des-Laurentides at the age of 86 years. Born in Montreal, she was the daughter of Arthur Layette and Émilienne Déon. She is survived by her sons Jacques and Pierre, her daughter Carole (Benoît), her grandchildren Stéfanie, Jacinthe (Paul) and Arianne (Mathieu), her great grandchildren Axel and Frankie, her brothers-in-law, sisters, nephews, nieces and many other relatives and friends.



JEAN-PIERRE, Bertrand

1932 - 2020

In Pointe-Claire, on February 12, 2020, at the age of 87 years, past away Jean-Pierre Bertrand, beloved husband of Mrs. Marthe Bertrand née Lamarre. Besides his wife, he leaves to mourn his sons Claude-Henri (Manon), Sylvain (Chantal) and Louis (Liette), his grandchildren Charles-Édouard, André-Philippe (Anabelle), Rémi (Sandra), Cynthia (Dave) and Marc Antoine, his great grandchildren Kurtis, Loïs, Mathilde, Abby-Gaëlle and Léonard, his brothers-in-law, sisters-inlaw, as well as several relatives and friends.



DANIEL, Tozzi

1948 - 2020

In Montreal, on February 10, 2020, Daniel Tozzi died at the age of 70. Born in Montreal, August 17, 1949, son of the late Perry Tozzi and the late Lydia Albanese. He is survived by his wife Helena Virgili, his children Emmanuelle and Olivier (Annie Laflamme), his adored grandchildren Gabrielle (Pierre-Luc Scott), Antoine and Rachel, his brothers Ricardo (Andrée Gariépy) and Paul (Maria Fratipietro) as well as many parents, nephews, nieces and friends.



FARRELL, Donald McLeod

1928 - 2020

It is with great sorrow that Donald's family announces his passing on February 10, 2020, at the age of 91. He will be reuniting with his wife of 46 years, Kathleen (nee Fahey), in heaven and missed by his children Christopher (Luisa), Teresa (Mark) and Eleanor (Chris) and grandchildren Daniel, Kelsey, Stephanie, Connor, Melissa, Victoria, Nicholas and Kristyn.



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# In Memoriam & Obituaries



**MICHELINE, Marquaire** 1944 - 2020

In Montreal, on February 12, 2020, at the age of 75 years passed away Mrs. Micheline Marquaire, wife of Yvon Marquaire. Besides her husband, she leaves to mourn her children, Sylvain (Lyne) and Patrick (Chantal), her grandchildren Lydia, Alice and Renaud, her sister Maria (René), her brothers Sabatino (Marie) and Nicolas (Nicole), as well as several relatives and friends.



BEAUCHAMP, Maurice

1923 - 2020

In Montreal, on February 12, 2020 at the age of 96 years passed away Mr. Maurice Beauchamp. Husband of Mrs. Aline Bourdages. Besides his wife, he leaves to mourn his son, Jacques (Julie), his grandchildren, Philippe, Valérie, his great-grandchildren, Antoine and Aurélie, his sisters-in-law, nephews, nieces as well as several other parents and friends.



DROLET, Jeannine

1926 - 2020

In Montreal on February 10, 2020, passed away Mrs. Jeannine Lacroix, beloved wife of the late Marcel Drolet. She is survived by her son Daniel (Suzanne) and daughter France (Alain), her grandchildren Sébastien, François and Simon, Frédéric and Geneviève and her 8 great grandchildren.



FRANCINE, Brochu

1963 - 2020

On February 9, 2020, passed away suddenly at the age of 56, Mrs. Francine Brochu, spouse of Mr. Roger Leclerc. Daughter of Dame Marielle Pelletier and Monsieur Marc-Édouard Brochu. Native of Sainte-Perpétue de L'Islet, she lived in Montreal. She leaves to mourn in addition to her spouse and parents, brothers and sisters: Francis (Lucie Laliberté), Marie-Claude (Yvan Thibault), Dominique (late Harold Bélanger; Christian Pelletier), Jean-Pierre (Josée Mignault). From the Leclerc family, her parents-in-law: Dame Rose Blanchet and Mr. Réjean Leclerc, her brothers-in-law and sisters-in-law: Carole (Richard Pelletier), Serge, Réjeanne (Gilles Chouinard), Jean-Claude.



**CLAUDE, Dolbec** 1928 - 2020

Claude Dolbec, husband of the late Thérèse Desaulniers, passed away peacefully in Montreal on February 13, 2020. Claude's life was guided by his passion for his family of 7 children and for hockey.



**GHISLAINE**, Lavoie

1931 - 2020

In Montreal, on February 12, 2020, at the age of 88 years passed away Sister Ghislaine Lavoie, SBC, member of the Institut Notre-Dame du Bon-Conseil de Montréal. Daughter of the late Régule Lavoie and the late Emma Proulx, she was the sister of deceased Jean-Eudes, Réal, Georgette, Ghislain, Guy and Francine. She is survived by her sister Gervaise, her sisters-in-law and a brother-in-law, as well as her nephews and nieces.



**ULRICK**, Jacques

1933 - 2020

Montreal, February 11, 2020, passed away Dr. Ulrick Jacques, widower of the late Ita Bayard Jacques. He joins his daughter the late Pascale (Youri Marhone). He is survived by his children Marie-Renée (David Mc Dougall, the father of his children), Isabelle (Cyril Baudin) and Valérie (David Boloré), his grandchildren Alexandre, Anaïs, Cédric, Jade, Sienna, Tia and Noah, his sisters Antonine and Marie-Rolande, his sisters-in-law Marie-Josée, Jacqueline (Jean), Marise (David), his brothers-in-law Guyteau (Jeanine) and Jude (Anne-Marie), as well as many parents and friends. He also leaves to mourn his partner Mona Péan Dominique and family.



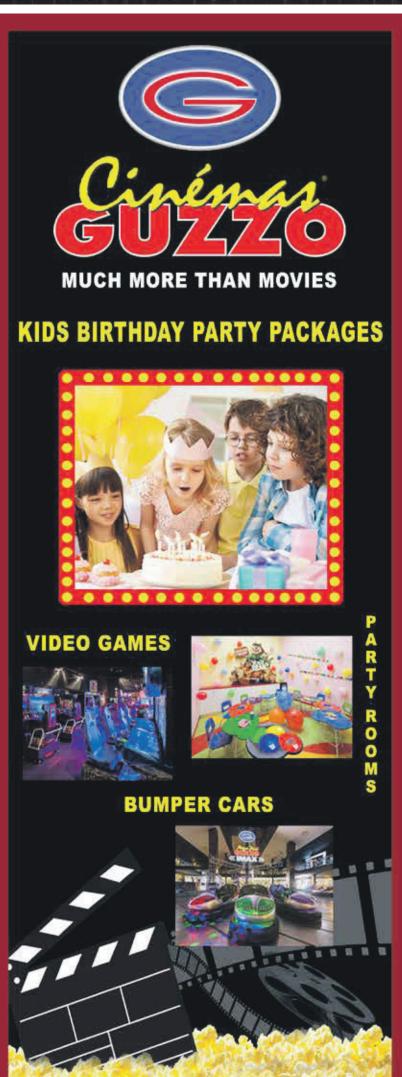
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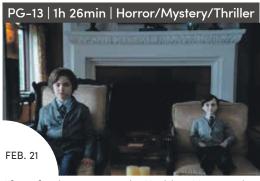
A poor family, the Kims, con their way into becoming the servants of a rich family, the Parks. But their easy life gets complicated when their deception is threatened with exposure.

#### LITTLE WOMEN



Jo March reflects back and forth on her life, telling the beloved story of the March sisters - four young women each determined to live life on their own terms.

#### **BRAHMS: THE BOY II**



After a family moves into the Heelshire Mansion, their young son soon makes friends with a life-like doll called Brahms.

#### THE CALL OF THE WILD



A sled dog struggles for survival in the wilds of the Yukon.

#### **THE WAY BACK**

1h 48min | Drama/Sport



A former HS basketball phenom, struggling with alcoholism, is offered a coaching job at his alma mater. As the team starts to win, he may have a reason to confront his old demons. But will it be enough to set him on the road to redemption?

#### **ONWARD**



Set in a suburban fantasy world, two teenage elf brothers embark on a quest to discover if there is still magic out

#### **MY SPY**



A hardened CIA operative finds himself at the mercy of a precocious 9-year-old girl, having been sent undercover to surveil her family.

#### **MULAN**

Action/Adventure/Drama



The latest live-action Disney movie is on its way, and it's bringing some of China's biggest stars with it. Here's what we know about Mulan ... so far.

#### YOUR HOROSCOPE

Week of Feb. 23 to 29, 2020

The luckiest signs this week: TAURUS, GEMINI AND CANCER



#### **ARIES**

A disconcerting image will allow you to create a masterpiece. You'll make a lifestyle change in order to achieve your aspirations. Everything will be fine as long as you don't swim against the current.



#### **TAURUS**

You'll appreciate having some time to recharge your batteries. You'll be more tired than usual, so you may need to spend a few days resting. You may also develop your artistic or esoteric talents.



With a more active social calendar than usual, you'll expand your circle of acquaintances. You'll join a group of friends in signing up to learn a new sport.



#### **CANCER**

Some friends will invite you to join them on a tropical vacation. Pleasure is on the menu and your optimism will be contagious.



You may decide to go back to school in order to improve your career options. A sudden burst of inspiration will put you on the right track, but you'll still need to make a considerable effort in order to



#### **VIRGO**

You'll obtain the financing you need for a project that's close to your heart. Don't hesitate to consult with someone at your financial institution about consolidating your debts so that you can live more comfortably.



In order to keep your melancholy at bay, you'll throw yourself into a cleaning frenzy at home. You'll make some things clear with your partner before you consider separating.



#### **SCORPIO**

In order to successfully finalize an agreement at work, you'll need to fine-tune several documents before presenting them. You may also decide to update your wardrobe.



#### **SAGITTARIUS**

You'll make some suggestions that your friends find interesting. Your accomplishments will bring you a lot of pride. Take the time to develop a talent that taps into your considerable creativity.



#### **CAPRICORN**

You cross paths with some inspiring people who expand your social circle. A great opportunity has you taking steps to move.



#### **AQUARIUS**

There's a fine line between harmony and discord; sensitivity and affection are important in any relationship. Proper communication will make things better between the two of you.



#### **PISCES**

There will be lots of action around you this week. If you like to travel, you'll treat yourself to an adventure of a lifetime. A short jaunt away could also be memorable, even if you head off on your own.

# ee Break

**CROSSWORDS** 



#### **ACROSS**

1. "My \_\_ \_\_ Flame" 4 Light heams 8. On the summit of 12. Buck's mate 13. On the

sheltered side 14. Fast-food order: 2 wds. 15. "\_\_\_\_ to Joy 16. Social meeting

17. Raced 20. Car-parker 21. Humorous

24. Aerosol spray 27. More dangerous 31. European mountain 32. TV show for Valerie Harper

35 Lumber sheets 37. Contribution to the pot 38. Made changes

41. Dish 44. Weirdest

48. Sour green fruit 49. Clog 51. Heckler's cry

52. Concluded 53. Give an R to 54. Pocketbook 55. Claim to be untrue 56. Watched

carefully 57. Health facility

#### DUMN

1. Air freshener's target 2. Mineral deposit

3. Low in pitch 4. Marconi's invention

5. Warning signal 6. Nonetheless 7. Admit as a

visitor 8. Invade 9. Hammer or drill 10. Fairy-tale beast

11. Robert Frost, e.q. 19 Perform 20. Traveler's

> permit 22. Wear away 23. Achieved

24. Street guide 25. Unhealthy 26. Enemy agent 28. Roadside

lodging 29. Wolf down 30. Deli loaf

32. Play part 33. Sizzling 36. Wet 37. Total

39. Highway 40. Moved

gradually 41. Proceed slowly 42. In person

43. Sermon response 45. Fades away

46. Suds maker 47. Caesar's garb

49. Heat or school 50. \_\_\_\_ an egg

# Sudoku

#### **HOW TO PLAY:**

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.

5			7		5				
2		9	8					6	
7777						2	4		
-						4	8		
	6					7	2		4
				3					5
ı			5	4	9				6
ı								5	
ı	7	1	9						

Last Issues' Answers

SEE YOU SOON!

pyright @ 2014, Penny

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