

Nouvelles DACESTENSION Le seul journal de Parc-Extension depuis 1993 The only paper in Park-Extension since 1993 News



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L'Acadie's dangerous pedestrian crossing PAGE 2







Crémazie / l'Acadie Intersection—seemingly a very dangerous place to cross Crossing at one go impossible, very dangerous intersection shows our investigation



DOMINIC MARINELLI Local Journalism Initiative Reporter For The Parc-Extension News dominic@newsfirst.ca

Nestled behind the thunderous current of the Metropolitan highway that runs through the city of Montréal and seemingly right in between the towering presence of the Rockland Center mall and of course the Cinema Guzzo Imax theatre, lies the intersection of l'Acadie and Boulevard Crémazie.

The intersection just happens to be by what is known as one of the most heavily trafficked and tumultuous highways in our city, and the sounds of speeding cars and big rig trucks can clearly still be heard once behind the trees that crop up from the grassy knoll there. Once at the intersection, where these two streets meet, many still feel the fast-paced environment that

Looking into an eye-witness's claim

We were approached by a reader of the paper and it was brought to our attention that this intersection in particular was actually quite dangerous. So, we did what we did best, and we investigated for ourselves.

Rockland Mall, which contains many boutiques such as Ardene, Aldo, a GNC, many bank branches and of course an extensive food court gets a lot of visitors daily, especially since re-opening after the Corona virus lockdown.

The investigation was held on Saturday July 18th of this year and we monitored the heavily populated intersection from 1:45pm to 2:45pm and what we uncovered was actually quite shocking.



A challenge for all to try. All 3 lights to get by of intersection Cremazie/l'Acadie. **PHOTO Domenic Marinelli**

Incredibly short crossing times

First off, there's actually a sign that was posted up by the city that states that because of the time for crossing allotted, you can't cross at one go. It needs to be accomplished in two goes instead. Now we'd more than agree with that. But unfortunately, even to make it at two goes, you've got to be pretty sprightly in order to make it all the way across in the amount of time allotted.

We observed many people trying to cross, most of them elderly, and making it across in two goes was almost impossible for them, especially those crossing with bags full of purchases that they'd made at Rockland.

The layout

If you haven't been to that intersection

recently, let us describe it to you as briefly as possible. Let's assume you are walking away from Rockland towards the east. You clear the parking lot and the path from it towards the intersection. To your left is the bus stop for the 100 bus route, then across from there, the bus stop for the 179. Pedestrians must cross from there, crossing first one portion of road, hitting one median, then crossing another road, hitting yet another median, then of course, crossing l'Acadie itself ... all in all, a total of three traffic lights to get past. Pedestrians crossing from the other direction, heading west towards Rockland have to do the opposite. Seems simple enough,

Wrong!



While crossing l'Acadie South, pedestrians are given an approximate 22 seconds to cross. For l'Acadie North, which is a larger portion to cross, pedestrians are given an unbelievable 15 seconds give or take a few. Now if you're athletically inclined and are not a small child or an elderly person, that's more than enough time, but those are not the only demographic that use that intersection.

We also observed many people stopping at the main median at the center of the intersection, many with bags in tow stopping for a rest, depositing their bags on the raised partition there where a grassy expanse is present. Many who check their wallets, purses or phones actually miss the crossing time as it's so short. Also, don't forget to press the pedestrian button there, or the green light for pedestrians will never come on at the other side of the street. And as for the time the vehicles get, it's in fact

What locals had to say

Pedestrians we spoke to—locals—all had the same thing to say: "The wait-times are incredibly long." But interestingly enough, many of them laughed at it, accepting their fate like there was no other way about it. It was funny to see, and we wondered if the effects of Covid-19 had a part in their collective dispositions and willingness to just accept the fate they were dealt. The intersection such as that one shouldn't be allowed to remain as such, and proper times to cross should be implemented no matter what changes need to take place.

Public transportation



Another problem is the busses.

Specifically the 100. Like the pedestrians, this bus has very little time to cross from where it emerges from and onto Crémazie heading east. We actually caught a few busses that passed in the hour we were there actually crossing on red, not willing to wait the long times. Many pedestrians unfortunately did the same thing, deciding to break the law as opposed to waiting the large blocks of time. This of course is dangerous and can lead to an even bigger problem for the municipality.

Hopefully a change in sight

We spoke to city councilor Mary Deros, and she had this to say about the intersection: "The way it was done 10-15 years ago, I wasn't happy. I got the government to put in the bus shelter (where it is today)." Originally the bus shelter that is at the intersection was actually on the aforementioned median we mentioned earlier.

"It's forever a battle," she continued. "They did this to decongest the TMR sector. They freed up the congestion there, but they brought it to Park X. Since then, it's like talking to a brick wall."

So it's clear that our councilor is doing all she can to rectify the issues with this intersection. But if all she does and says falls on deaf ears .. we'd say it's like talking to a brick wall indeed.

Going shopping isn't the easiest thing anymore, especially with the long wait lines, the masks, the cleaning of groceries once home. So to be given a break when trying to walk home in the sweltering heat or even the snow, carrying bags and bags of groceries ... we don't think that's all that much to ask in the end.

In the meantime, stay safe out there folks.

PHOTOS: Domenic Marinelli



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Appelez aujourd'hui pour plus d'informations.

Masks Now Mandatory—Who's Following The Rules and Who's Not?

A deep look at who's wearing their masks and who isn't - You'll be surprised at who's following the rules and who isn't



DOMINIC MARINELLI Local Journalism Initiative Reporter For The Parc-Extension News dominic@newsfirst.ca

This past Saturday, July 18th marked the first day in which the mask and/or face-covering became mandatory indoors at local businesses.

As a trending video surfaced on the internet of a Montréal man refusing to wear a mask inside a local Tim Horton's right here in Park Extension, it became pretty apparent that the new rules should be followed at all costs.

We decided to take a look at some of the supermarkets in the area to see if the new rules implemented were in fact being abided by. The investigation took place during the afternoon of July $18^{\rm th}$ after $3\rm pm$.

Super Marche Liege



Inside, the market was kept very cool, despite hot temperatures outside. The store was neat and tidy, shelves not overstocked but all items abundant. All workers that we saw across the board were wearing masks, that included the butcher at the back, the bakery nestled into one side of the small grocery and the hot foods counter where foods were available for takeaway. As for the patrons themselves, one out of five wasn't wearing a mask while we conducted our investigation.

The register itself was behind a large Plexiglas shield where the cashier sat, her eyes smiling and kind behind her very own mask.

Aliments JPA Limited



First off, they had a sign pinned up on the door. It was hand-written, but it clearly stated that a mask was needed to enter. Once inside, we looked around, at all the departments. The cashier here too was behind Plexiglas, and she



Afroditi Bakery had very strict rules: An employee at the door was seeing that you wear a mask as well as keeping the number of customers to the maximum allowed by the law.

too was wearing a mask. Each of the workers we saw were wearing masks. What was interesting to see during our observation was when an elderly woman entered without a mask, one of the workers who was speaking with the cashier at that very moment, kindly told the lady to step back outside. He proceeded to bring her a box which the cashier handed to him filled with what looked like blue medical masks and she obliged by putting it on.

It was at that point during the investigation that we announced our presence and asked a few questions—questions which they were all



willing to answer. We even got a tour ... a Mr. Vasilios (photo above), one of the butchers, showed us his own supply of masks, and we got a very good look at the working area which was very clean and tidy. He said that they were "very committed to keeping the neighborhood safe and doing our part to get rid of this virus," all the while providing quality food to the neighborhood.

Mr. Tamoor, who is the son of the owner

and who was managing the shop that day, told us that his workers were all very good about following the rules, and the patrons that needed to be reminded to put a mask on complied, most of them regulars.

Provigo



We then decided to hit up one of the larger chains in the area, and really, who bigger than Provigo?

Right on the corner of Hutchison and Jean-Talon, Provigo sits at the back of a small park and behind Parc Metro station. The building itself looks very much like a museum, especially the Joe Fresh side of the operation, which looked empty on that particular Saturday afternoon. In the park itself, no one at all was social distancing ... especially a group of about six to eight people, sitting at one picnic table; the masks they did have, placed on their heads, on their chins, or in their hands, flailing about in the gentle wind billowing through the trees.

We entered Provigo, where the now familiar sight of a sink and a paper towel roll was waiting. There was an attendant there, but once I opened the water faucet, he went outside, stepping into the sun's rays without watching me complete my endeavor.

While drying our hands, we entered, spying more than one employee emerging from the rest rooms without a mask or face-covering. They eventually did put one on, but not before quite some time.

We took a walk around the store ... as for the patrons themselves, most everyone was wearing a mask, some designer, some medical. What we found interesting is we witnessed more than one removing the mask to speak on cell phones, answering calls.

We tracked down a manager, who seemingly couldn't walk away fast enough. When we asked him if clients were complying to the new rule, he nearly walked into a bin of food while simply saying: "Ca bien été."

We noticed that all employees ... at the restaurant, the fish department, the bakery and even the butcher were all wearing face-coverings, as were all cashiers and attendants; even at the employee food court or break room, which could be seen from downstairs. Employees seemed to be wearing masks, all the while buried in their respective cell phones.

However every employee we came across and asked a few questions to seemed a little less willing to talk to us for some.

In the end it came down to a smaller chain Regardless, it was impressive to see how a smaller operation is working through and handling the laws given to us because of this epidemic—refreshing in fact—and we thank them for doing their part.

PHOTOS: Domenic Marinelli





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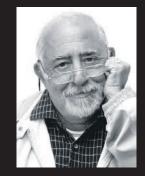
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Parlez-moi d'humour

Alcide Borik



Good bye Mansour!

ansour (nom fictif) est un vieil ami du Liban. Nous avons fait nos classes ensemble, à Montréal. C'était un pur Libanais, pas une goutte de sang d'ingrat comme en portent beaucoup de ceux qui ont tout reçu de ce pays (refuge, santé, sécurité etc.) et l'ont vendu pour 30 deniers (plus taxe) à ceux qui n'attendent que de le voir tituber une fois de plus pour sonner l'hallali.

Quel merveilleux coup ce serait si ce vieux peuples de Phéniciens acceptait enfin de disparaître pour satisfaire l'appétit insatiable de ses voisins de l'Est, du Nord, ou du sud, pour reprendre sa course vers l'Ouest, sur la Méditerranée, laissant les vautours se ruer sur les ruines de ce pays encore trop beau pour eux.!

Pourquoi Mansour part-il? Il avait pourtant fait de largent avec son agence d'import-export, développant des clients au Canada pour des manufacturiers d'un peu partout, surtout de Chine.

Ayant récemment découvert justement chez ses amis chinois un objet qui plairait à sa clientèle nord-américaine, il avait acheté les stocks existant, et avait en plus versé près de 87.000 dollars pour qu'on lui en garantisse l'exclusivité, mais, la commande n'était pas encore débarquée, en Amérique du Nord, que le dit objet se trouvait disponible partout sur le marché de Montréal, probablement dérobés par des bandits locaux sur des tarmacs d'Orient.

Il faut dire que traditionnellement, les pays atteints par le virus du marxisme se sont auto immunisés contre les droits d'auteur. Des pays comme l'Union Soviétique, la Chine, et tant d'autres doivent des milliards de milliards aux pays d'Occident car ils n'ont jamais - aidés par l'O.N.U- payé ces droit-là, ils sont ''trop pauvres'', pourquoi payer des millions à Star-Wars puisqu'un invité peut enregistrer la première avec ses lunettes espionnes, et inonder l'Univers de mauvaises copies à quelques sous, et offrir même les produits dérivés au marché-noir avant qu'Hollywood ne reçoive les premiers échantillons?...

... Et surtout, pourquoi agir avec des espions surentraînés aux technologies de l'informatique comme aux méthodes gangstérisés, quand ce même Occident promet que leur vaccin sera offert à tous les pays, riches ou pauvres ? Peut-être que les pays dirigés par des mafieux antidémocratiques ne veulent voler cette formule que pour mieux l'exploiter à leur propre compte en en faisant une nouvelle épée de Damoclès et faire chanter les pays qui veulent traiter avec les autres de manière civilisée?

Je gueule, je gueule, je grande gueule, tant que je peux encore le faire...!

Canadian students need a return to regular classes this fall

Students learn best when they develop strong personal connections with their teachers.

We need to stop dwelling on worst-case scenarios

ne thing we've learned this year is that global pandemics have a big impact on teaching and learning.

In mid-March, regular kindergarten-to-Grade-12 classes across Canada were

In mid-March, regular kindergarten-to-Grade-12 classes across Canada were suspended and instruction moved online.

While schools in some provinces partially reopened in June, this doesn't mean things are back to normal just yet. Students gained limited access to schools in order to meet with teachers and complete assessments but regular in-class instruction in most provinces won't resume until fall.

However, some politicians apparently want fall classes to be suspended as well asking why the government was planning to resume regular classes in schools this fall when colleges and universities were putting their courses online.

The answer is obvious: kindergarten-to-Grade-12 students aren't university students. There's a world of a difference between a first-year university student taking a biology course and a Grade 1 student learning how to read for the first time. Anyone who works with children in school would know this.

Students learn best when they develop strong personal connections with their teachers. The only reason emergency remote learning wasn't a total disaster this spring was because teachers could lean heavily on the relationships they had built with students over the course of a school year.

It's a lot more feasible to finish a school year using remote learning than it would be to start a school year this way.

The same is true of hybrid measures such as staggered school days where students attend school on a rotating basis and do the remainder of their learning at home. Not only would this be a logistical nightmare for schools, its effectiveness would be limited.

That's because physical distancing measures at school are more symbolic than anything else. Kids will come into contact with each other during the school day no matter what rules we put in place.

Fortunately, the best scientific evidence now indicates school-age children are less likely to contract COVID-19 or develop serious complications from the virus than anyone else. If it's safe for children to visit grocery stores and hang out in malls, it should be safe for them to attend school.

In addition, we need to stop dwelling on worst-case scenarios and instead look at the local context. In most areas of the nation, the active COVID-19 caseload remains exceptionally low. The whole point of physical distancing restrictions was to flatten the curve so our hospitals don't become overwhelmed with critically ill patients. So far, that goal has been achieved.

Even so, COVID-19 isn't going away anytime soon. Most experts say it will be at least a year, and probably much longer, before a COVID-19 vaccine becomes available. Obviously, students need to get back to regular classes a whole lot sooner than that.

While we want to keep students safe, it's important to recognize that safe doesn't mean zero risk. Everything we do in life involves some level of risk. There has never been a time in history when schools have been completely risk-free.

Canadian students have missed out on enough learning this year. By the time fall arrives, let's hope students are back in regular classes.

Michael Zwaagstra

The views, opinions and positions expressed by columnists and contributors are the author's alone. They do not inherently or expressly reflect the views, opinions and/or positions of our publication

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ENTIRE CONTENTS COPPRIGHT 2020

New policy on Police checks



Montreal police chief Sylvain Caron presented recently the new policies.

The Policy on Police Checks, adopted on July 8, 2020, marks an important cultural shift in the police practices of the SPVM. It will officially structure and guide police checks, which constitute an essential practice in matters of public safety. The SPVM is the first police organization in Quebec to adopt such a policy.

This policy is the result of a broad participatory process during which the Service de police de la Ville de Montréal (SPVM) carried out more than 160 consultations, in particular with members of different ethnocultural communities, community and health care organizations, street workers, merchants, concertation tables, as well as SPVM police and civilians.

The Policy on Police Checks will be in effect in the fall of 2020 once it has been presented to all staff and the computer system used by police to document police stops has been updated. The data will be used for analysis and supervision purposes in order to assess the achievement of our objectives.

In addition to the policy, the SPVM is planning several other concrete actions that will support its implementation in order to positively and sustainably initiate this important cultural shift within our organization.

DEMYSTIFYING THE PRACTICE OF POLICE CHECKS

Police checks are performed, in particular, with the aim of assisting a person and preventing uncivil behaviour and offences against laws, regulations and by-laws. They constitute an important activity for police officers to do their job. For example, some officers may proceed with police checks to look for a missing person or a fugitive. Police checks also result from complaints to 9-1-1 or concerns reported by citizens.

However, police checks must be based on observable facts and not on the police officers' perceptions or on the biases indirectly associated with the complaints, reports or requests for assistance transmitted to them. Although the results of the report presented by the independent researchers on October 7, 2019 do not address individual discriminatory behaviour by police personnel, the SPVM today is establishing guidelines to prevent any unfounded or random police check.

CONCRETE IMPLICATIONS OF THIS NEW POLICY

This Policy is an internal technical document, creating an operational framework for police personnel regarding the practice of police checks. The Policy is part of the SPVM's operating standards, so compliance with its application is mandatory. Management measures already in place within the SPVM for any deviation from compliance with a policy will be enforced, if applicable.

Concretely, the Policy will allow to:

have a common definition of the concepts, such as police check and social interaction, and an explanation of the principles of application; better establish the context of police checks and identify the disparities of police checks of members of ethnocultural, known as "racialized" or belonging to a visible minority or an Indigenous communities.

In fact, the computerized police check records from now on will indicate whether the check was initiated by the police officer or resulted from a 9-1-1 call, or a report by a citizen or another police officer.

The police officer will also have to indicate the circumstances that justified the check and the objective sought.

This practice will be made possible by the improvement of the computerized system used by the SPVM. This will be completed when the Policy takes effect in fall 2020;

require police officers to inform citizens of the summary reasons justifying checks (subject to exceptions described in the Policy);

inform and give awareness to police officers regarding citizens' rights in the context of the practice of police checks.

Concretely, the Policy will prohibit: any police checks that are unfounded, random

any police checks that are unfounded, rando or based on a discriminatory criterion;

the use of a power, provided for in a statute or arising from common law, as a pretext for the sole purpose of identifying a person and obtaining information and resorting to a regulation or by-law for such purposes.



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PROGRAMS	English	French Second Language				
STARTING DATE	Thursday, August 27, 2020	Thursday, August 27, 2020				
ENDING DATE	Friday, January 29, 2021	Friday, January 29, 2021				
DAYS OFFERED	Monday – Friday (20 hours/week)	Monday – Friday (10 hours/week)				
TIME SCHEDULE	8:40 a.m. – 12:40 p.m.	9:00 a.m. – 11:00 a.m. Beginner 11:00 a.m. – 1:00 p.m. Intermediate				

EVENING COURSES

PROGRAMS	English	French Second Language								
STARTING DATE	Tuesday, September 8, 2020	Tuesday, September 8, 2020								
ENDING DATE	Wednesday, January 27, 2021	Wednesday, January 27, 2021								
DAYS OFFERED	Monday, Tuesday & Wednesday (10.5 hours/week)	Monday, Tuesday & Wednesday (10.5 hours/week)								
TIME SCHEDULE	5:30 p.m. – 9:00 p.m.	5:30 p.m. – 9:00 p.m. (Beginner & Intermediate)								

REGISTRATION INFORMATION FOR FALL SESSION

Mon., Aug. 17 and Wed., Aug 19	9am to 3pm and 5pm to 8pm				
Tues., Aug. 18 and Thurs., Aug 20	9am to 3pm				
Wednesday, September 9, 2020	9am to 3pm and 5pm to 8pm				

ADDITIONAL FALL REGISTRATION DATES

SEPTEMBER of	ind OCTOBER		
Mondays, Tuesdays, Wednesdays	1pm - 3pm and 5pm - 7pm		
Thursday	1pm – 3pm		
Last day for registration	Thursday, October 15, 2020		

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Mary Deros striving to help those in need at weekly food drive ... with a little help from her friends



DOMINIC MARINELLI Local Journalism Initiative Reporter For The Parc-Extension News

It is in times of need that we look to our leaders. In times of crisis that we cry out to those that have positions of power and influence in hopes of getting a little much-needed support. For some, those lamentations often fall on deaf ears, but in the borough of Park Extension, those cries have fallen on the ears of those with both the power and the influence and what more, a willingness to do good for the community they represent, instead of standing idly by, and they're doing so at whatever cost.

Of course we're talking about city councilwoman Mary Deros, and this week we were shown just how dedicated she and other pillars of the community are, doing everything in their power to help those citizens of Park Extension who need it most.

A community in desperate need

The food drive we attended was held on Tuesday, July 21st at Complex William Hingston. In fact they've been holding this food drive since March, every Tuesday, for those members of the community in need. Food, in the form of freshly baked bread, fresh fruits, vegetables and other assorted goods were given out—even donated clothing for those who needed some—to those that can't afford even the cheapest and mundane of items during these trying times.

They even handed out free masks, and by the



Mary Deros posing w/volunteers at Food Drive held on Tuesday, July 21st, 2020.

time we got there at around noon, they had already handed out hundreds of masks, and they'd only opened up at 11am. Those that dedicated their time started way before however ... waiting for the food delivery as early as 9am or even before.

Dedication from community representatives

City Councilwoman, Mary Deros said of the drive: "It warms my heart. There's so much need in the area. It's thanks to Rose and her volunteers that they're able to give this comfort and peace to these families; so that they don't have to worry where they're going to buy food from, when there is not enough money to do so." She also stated that the city bought a surplus of 50 000 masks

Rose Ndjel, director of d'Afrique au Féminin at the Women's Center of Park Extension stated that City Councilwoman, Mary Deros goes by to help very often, checking up on them, lending all the support she possibly can. Rose also stated that they serve up to 300 citizens almost every Tuesday, which are some pretty staggering numbers indeed. So many of the community organizations in the area sent over volunteers to help as well and so many citizens of Park Extension also showed up to volunteer. "I am very happy that we are not alone," Rose said. She said of Mary Deros: "One day she cried—even she cried, because it was too much job, she come and see" Essentially, Mary Deros was moved at how dedicated these members of the community were giving of themselves and so freely despite heavy workloads, and we more than understand her emotion.

Rose further told us that after she was done speaking to us, she was spearheading a delivery to over 60 elderly members of the community that couldn't even make it to the drive; essentially handing out food from address to address.

Food vouchers were of course also handed out. Vicky Nikolakakos of the Hellenic Ladies Benevolent Society was there to lend more than a hand, giving out masks—that were hand-made and are washable—diligently and with such a dedication to keeping one and all safe from infection.

A grateful throng of people

Walking up and down the long line that wrapped up eventually towards the far end of the William Hingston building, we got a little more than overwhelmed at how many people were waiting for food and masks. When asked for comment, most kindly declined, bowing their heads, but one gentleman whose name was Navpreet stated: "There is no work ... we are so thankful for this." And really, what else can be said, as that statement really says it all.

It should be stated that not all communities are going through the hard work and pains that these few people are, and the community recognizes that.

What's probably the most obvious yet still the most refreshing thing about this is the fact that these women, these pillars of the community, have done this when in the end, they really didn't need to. *They* acted because they saw a desperate need, which is something that can't be said about other world leaders at the helms of powerful governments the world over. They acted when others stood idly by, and we're positive the community will never forget their hard work in these trying times. We know we certainly won't.

PHOTOS: Domenic Marinelli



Vicky Nikolakakos, City Councilwoman, Mary Deros, and Rose Ndjel handing out free food and masks on July 21st, 2020 at Complex William Hingston



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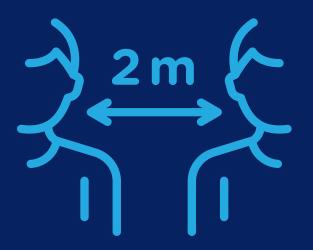
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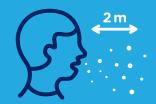
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Lavez vos mains



Gardez vos distances



Le virus se transmet d'une personne à une autre par le contact avec les gouttelettes infectées qui sont projetées dans l'air quand une personne infectée parle, tousse ou éternue. Ces gouttelettes contaminées peuvent être projetées à une distance de deux mètres et atteindre des personnes qui sont à proximité.



Le virus peut aussi se transmettre par les surfaces ou les objets contaminés. Les gouttelettes projetées par une personne infectée peuvent se déposer sur des surfaces et le virus peut y survivre de quelques heures à quelques jours. Une personne infectée peut aussi contaminer ses mains en touchant son visage, augmentant ainsi le risque de contaminer les surfaces qu'elle touche. Les personnes qui toucheront ces surfaces ou ces objets contaminés pourront contaminer leurs mains. Et si elles les portent ensuite à leur visage, elles pourraient s'infecter.

En maintenant une distance de deux mètres avec les autres en tout temps, en lavant ses mains souvent et en portant le masque, on réduit le risque de contamination.

On continue de bien se protéger.

Québec.ca/coronavirus

1877 644-4545



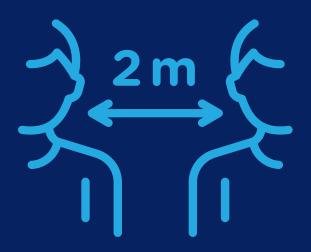




Wear a mask



Wash your hands



Keep your distance



The virus is primarily transmitted from person to person by contact with contaminated droplets released into the air when an infected person talks, coughs or sneezes. These contaminated droplets can travel up to two metres and reach people nearby.



The virus can also be spread by contact with contaminated surfaces or objects. Droplets expelled by an infected person can land on surfaces, and the virus can survive there anywhere from several hours to several days. An infected person can also contaminate their hands by touching their face, thereby increasing the risk of contaminating surfaces they touch. Other people who touch these surfaces or objects can contaminate their hands. And if they then bring them to their face, they can infect themselves.

By staying two metres away from others at all times, washing your hands often and wearing a mask, we can reduce the risk of contamination.

Let's continue to protect ourselves.

Québec.ca/coronavirus

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Health Canada has identified two inclined sleeping products sold between 2016 and 2018, potentially circulating on the second-hand market, that do not meet the safety requirements for bassinets under the Cribs, Cradles and Bassinets Regulations (CCBR).

The products involved are:

·Baby's Journey Serta icomfort Premium Infant Napper

·Baby's Journey Serta Perfect Sleeper Deluxe Infant Napper

Both products' inclined sleeping surface increases the risk of the baby's head falling forward when asleep which makes breathing difficult. Additionally, the design of both products have a restraint system used to hold the child in place, which is not permitted under the CCBR, as the presence of cords and loops in an infant's sleeping environment has the potential to lead to serious injury or death.

Although Health Canada is not aware if these products continue to be sold on the retail market, they may still be in households, handed down to family or friends, or sold through the second-hand market. Given that possibility, Canadians with these products should immediately stop using, disassemble and safely dispose of them in such a way that they cannot be used again.

Health Canada reminds consumers to prioritize safety when shopping for consumer products, and to use caution when buying secondhand items, particularly those intended for use by children. Under the Canada Consumer

Product Safety Act (CCPSA), which is administered by Health Canada, everyone has the responsibility to ensure that the products they sell or give away, whether new, used or homemade, meet current Canadian safety requirements.

Health Canada encourages buyers and sellers of second-hand products, particularly products intended for use by children, to stay informed about product recalls and advisories as well as the regulatory requirements of products they sell.

What you should do Consumers and retailers who have these affected products should immediately stop using or selling them, as well as disassemble and safely dispose of the items in such a way that they cannot be used again. It is a violation of the CCPSA to sell or give away these products. If these products were being used for sleep, Health Canada recommends caregivers to find alternative, safe sleeping arrangements.





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PRÉSENTEMENT À L'AFFICHE AU CINÉMA - NOW PLAYING IN THEATRES



À L'AFFICHE AU CINÉMA LE 24 JUILLET - IN THEATRES JULY 24TH

Le port du masque est OBLIGATOIRE en tout temps dans le cinéma SAUF lorsque vous êtes assis dans les salles de cinéma.

Des masques sont en vente au guichet.



Les masques pourront alors être ENLEVÉS. Vous pourrez alors consommer votre popcorn et friandises en sécurité.

#Ensembledanslaprévention du COVID

TARGET NUMBER ONE

PG-13 | Thriller **PLAYING**

In 1989, a Canadian journalist investigates the circumstances surrounding the suspicious arrest of a heroin addict imprisoned in a Thai jail.

BLOODSHOT



Ray Garrison, an elite soldier who was killed in battle, is brought back to life by an advanced technology that gives him the ability of super human strength and fast

THE LOST MEDALLION

G | Family **PLAYING**

Archaeologist Dr. Michael Stone looked for the lost medallion his entire life, and now his son Billy has taken up the search.

RANDOM ACTS OF VIOLENCE

18A | Horror

A pair of comic book writers begin to notice scary similarities between the character they created and horrific real-life events.

UNHINGED



After a confrontation with an unstable man at an intersection, a woman becomes the target of his rage.

BILL & TED FACE THE MUSIC

PG-13 | Comedy

AUG. 14

Once told they'd save the universe during a time-traveling adventure, 2 would-be rockers from San Dimas, California find themselves as middle-aged dads still trying to crank out a hit song and fulfill their destiny.

THE NEW MUTANTS

PG-13 | Action



Five young mutants, just discovering their abilities while held in a secret facility against their will, fight to escape their past sins and save themselves.

MONSTER HUNTER

PG-13 | Action | Fantasy



When Lt. Artemis and her loyal soldiers are transported to a new world, they engage in a desperate battle for survival against enormous enemies with incredible powers.

Going back to the movies?

Some new rules to follow in the COVID-19 era



(PXN) Four months after being forced to close because of the COVID-19 pandemic, the province's movie theatres are reopening – albeit with new rules that limit the number of viewers to 50 per screening room in multiplex cinemas for the time being.

It's no secret that the COVID-19 pandemic forced the shutdown of a good number of major film productions since the beginning of the year. As such, the selection of movies in theatres is expected to be much slimmer than it would normally be at this time of year.

However, some films whose screenings were interrupted earlier this year will resume, while some theatre chains say they will be prioritizing family-fare in their selection of movies in order to accommodate those who've been locked down and in need of wholesome entertainment during the upcoming recovery period.

"I prioritize films for the whole family because that's what always works best during the summer," says Vincent Guzzo, president of the Cinémas Guzzo film theatre chain. "We will also be bring back on the screen comedies and action films which were doing well before the lockdown."

Here are some of the rules and protocols that movie-goers will be asked to follow when they start turning up once again at movie theatres across the province.

After tickets have been purchased, an attendant attired in protective gear will greet you at the theatre's main entrance where you will be required to disinfect your hands. All attendants will be wearing protective face masks and

visors. They will also have to regularly disinfect their hands and carry out regular sanitation of contact surfaces throughout the theatres.

Theatre patrons will be required to follow safety protocols, which include maintaining a two-metre distance with other people in common areas. While the wearing of face masks in public places hasn't yet been made mandatory by the provincial government, at least one Montreal-area theatre chain plans to sell face masks at its multiplex theatres for clients who would feel safer that way.

As far as the food and snack concessions go, little is changing. The only rule that will apply in lineups will be the six-metre distancing requirement. Two-metre space markers are being made on the floor in front of snack concession areas to make it easier.

While movie customers will generally be required to sit while observing the two-metre distancing requirement, theatre owners are being allowed to seat small groups of people together as long as they are members of the same family residing in the same household. While the maximum number of people allowed into a screening room is 50 for now, it could increase to 250 by mid-July depending on the COVID-19 situation.

Screening rooms will be thoroughly cleaned and disinfected following each film screening. Customers will also be asked to their part by not leaving behind too much trash, thus making the cleanup job a little easier and safer for employees.







200

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 or virtual meetings
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 \lhd LIFE WELL CELEBRATED" $\canceloredref{}$



JEAN PETIT, Andréa

1925 - 2020

In Montreal, on July 14, 2020, at the age of 94, passed away Andréa Petit (Jean). She will be sadly missed by her husband Roland Petit, her daughters Diane and Lorraine Petit (Michel Bélanger), her grandson Benoît Chrétien, her sister Florianne Jean, her sister—in—law Suzanne Jean, as well as nephews, nieces, relatives and friends.



HARDY, Gisele

1930 - 2020

In Montreal, on Thursday May 21, 2020 passed away, at the age of 89, GISÈLE HARDY. She is survived by her daughter Johanne, her adopted daughter Jocelyne (Christian), her nephews and nieces Sylvie, Denis (Nathalie), Lise, Richard, Billy, Glenn (Carole) and Bobby, her sister—in—law Jeannette, his adopted grandchildren Philippe, Myri—am (Francis), Vincent (Stéphanie) and their children Arielle and Malik, Liam, Béatrice and Mathias, as well as other relatives, friends and former co—workers.



ROMANINI, Stefania

1960 - 2020

It is with immense sadness that we announce the death of Stefania Romanini, who passed away on July 13, 2020, aged 59.

She is survived by her husband Robert, her children Erik & Sabrina, her three granddaughters Ellye, Alysiah & Kaysie, brothers, sister as well as many relatives and friends.

Stefania was passionate about life, an artist, a unique identity that marked the lives of those who worked with her, but above all she was a fighter.



GIOVANNI, D'Onofrio

1927 - 2020

In Montreal, on July 19, 2020, at the age of 92, passed away Giovanni D'Onofrio. He is survived by his wife Teresina Di Lena, his daughters Giuseppina and Lucia, his sister Anna D'Onofrio Mustillo, his nephews and nieces.





Honor and celebrate life in accordance to your traditions, values and customs, while easing your experience during the difficult moments.

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HOROSCOPE

Week of July 26 to August 1, 2020

The luckiest signs this week: CAPRICORN, AQUARIUS AND PISCES



ARIES
You need to make changes for the sake of your mental well-being. You'll likely decide to adopt a more spiritual lifestyle, and might even organize a pil-grimage.



TAURUS

You'll be concerned about your financial situation after using your credit card on vacation. However, you'll keep the party going for a bit longer before you rein in your expenses.



GEMINI

Wait until the end of your vacation to make an important decision. You should take the time to carefully consider the pros and cons. Otherwise, stress could push you to make the wrong choice.



There's a lot to do this week and plenty of details to consider, both at work and at home. You'll need to clean your environment if you want to clear your mind.



LEO You'll enjoy performances and other artistic events during your vacation. You'll be the focus of everyone's attention and receive a round of applause or some other form of praise.



A family matter or renovation project will likely take up most of your time. You'll appreciate the comfort of your own home and surrounding yourself with family while on vacation.



LIBRA You'll be quite the chatterbox this week, and may end up talking to someone new on the phone. You'll also have a lot of errands to run. Meanwhile, something out of the ordinary sparks your curiosity.



SCORPIO

A worrying financial situation will motivate you to make changes for the better. You'll successfully save up enough money to achieve a major goal or at least pay off some of your debt.



SAGITTARIUS

Sudden inspiration will send you in a new direction. You'll find the determination to make a major transformation and seek a fresh



CAPRICORN
You'll need to rest after spending time in a large crowd. If you're on vacation, you'll opt for a relaxing activity. A museum tour or a stroll through the woods will do you good.



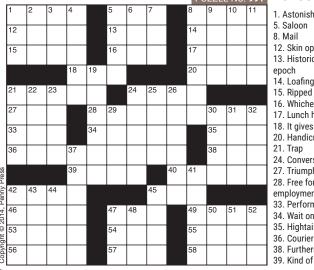
AQUARIUS
You'll organize an unexpected event and get together with all your loved ones. Your circle of friends will grow, and your popularity will be evident on social media



You'll take a spontaneous trip to an exciting destination. You'll seriously contemplate the idea of resuming your studies or finding a job that's more in line with your values.

ee Break

CROSSWORDS



ACROSS

1. Astonishes 5. Saloon 8. Mail 12. Skin opening 13. Historical epoch

- 14. Loafing 15. Ripped
- 16 Whichever 17. Lunch hour 18. It gives a hoot
- 20. Handicrafts 21. Trap 24 Converse 27. Triumph
- 28. Free for employment 33. Perform
- 34. Wait on 35. Hightail it 36. Courier 38. Furthermore

- saxophone 40. Forceps
- 42. "The ___ Show" 45. Request

dish

- 46. Fascinated 5. Chime 47. Unwell 49. Air heroes 7. Chesapeake. 53. Sky color
- 54. Naught 8 Fiesta decor 55. Toy for 9. Aroma "walking the dog" 10. Pay phone
- 56. Deliver part 57 lime nie 11. Certain bills 58. Hearty meat 19 Ferret's kin
 - 21. Dog-paddled 22. Kind 23. Aardvarks
 - 24. Shipment 25. Bee house 26. Warnings

DOWN

4 Madrid mister

6. Coffee vessel

- 1. Skillful 29. Let off steam 2. Seek to 30. Cereal grain persuade husk
 - 31. Respiratory organ
 - 32. Conclusions
 - 37. Drooped 41. Authorizes

 - 43 Stare rudely
 - 44. Name word 45. Comrade
 - - 47. Pen filler 48. Stretch out
 - 50 Canvas bed
 - 51. Peeper 52. Seed

Sudoku

HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.

. 716				6	3	1			
NO E					7				
PUZZLE NO. 716			9	8			1		6
<u>ح</u>			1			2		4	3
							7	8	
		7	3		9				1
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		2			8			7	
		8							

Last Issues' Answers

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