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MARY DEROS
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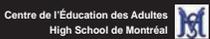
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Deros on social housing:

'The federal and provincial governments
 have delayed financing!'

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Page 3



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COVID-19: Reduced services in libraries



Due to the Level 4 - Maximum Alert (red zone) issued for the Communauté métropolitaine de Montréal, Montréal's libraries have reduced access to services in compliance with governmental directives that aim to slow the spread of COVID-19.

Loans

Books and other items can only be borrowed by reservation. You must reserve items online or by phone. When you are notified by phone or e-mail that your items are ready, you can visit your library's counter.

Conditions:

- Maximum 15 reservations

- per library card
- Loan time: Four weeks for all items
- Maximum 40 items per library card

Access to computer stations and seating

Libraries will be reopening to provide access to seating and IT equipment.

Procedure:

- Reservation by telephone (recommended), or on site, the previous day or the same day.
- Library membership not required.
- Use limits:
 - minimum of one hour and

maximum of four hours per day for individual seats.

- Maximum of two hours per session, twice a week, for IT stations.

If you have COVID-19-related symptoms, please postpone your visit.

On-site instructions to follow

- For everyone eight years and older, wearing a mask is mandatory at all times, even when sitting at a work station.
- Users must remain at the place assigned to them by library staff.

- No team work is permitted.
- Washrooms remain accessible.
- No eating or drinking is allowed in the library.
- Users must bring their own ear-phones and back-up devices.

Membership

You can become a member in most libraries. Virtual membership continues as usual.

Online services

Digital collections and online services, like virtual memberships, remain available at all times.

Returns

Returns are business as usual. Just take your items to the library counter or use the outdoor drop-off chute. You must return fragile items, such as games and musical instruments, to the counter.

Unavailable services

Access to the bookshelves is not allowed. All on-site indoor and outdoor library activities have been cancelled. Only **online activities** continue to be held.

You cannot get an Accès Montréal at the library.

Public health directives

Please respect the two-metre physical distance within authorized zones. At all times wearing of a face-covering (covering the nose and mouth) is required for everyone eight years and older.

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Dithering by Ottawa and Quebec delays social housing, says Deros

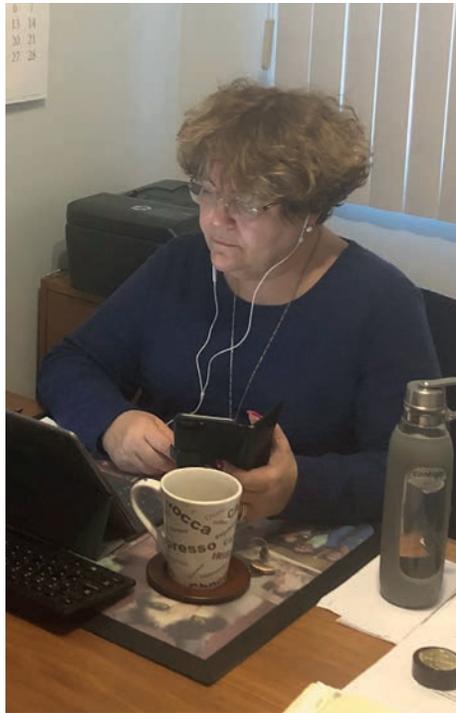
While Montreal has bought buildings, money owed by provincial and federal governments



MARTIN C. BARRY
marty@newsfirst.ca

Anti-poverty activists in Park Extension who've been waiting impatiently for more social housing to be built should point the finger elsewhere than at the city, says local city councillor Mary Deros, who maintains it is actually the provincial and federal governments that are holding up the process.

Concern rising



In an interview this week with *Nouvelles Parc Extension News*, Deros -who is also working from home- pointed out that the City of Montreal has purchased five building sites in the borough in recent years for the express purpose of using them for social housing.

While noting that "we are truly blessed that they have done this – because the five buildings are reserved for development," she added, "My only concern is how quickly can we develop them, because we're still waiting for federal and provincial funds to come to the city so that these buildings can quickly be developed to house people who are looking for good housing for their families and themselves."

Deros pointed out that responsibility for social housing is divided between the three levels of government. At the same time, however, she said the city's role is limited.

City's role limited

"The city has the buildings and there are five sites that are reserved for development. But the community groups will develop them, as the city is not involved in the building of housing. We are there to accompany, we are there to support, and there is some financing coming from us since we purchased the buildings.

"But the federal and provincial governments have not up to now come up with any financing to develop these buildings – and not just these buildings, but in general most social housing in Montreal."

According to Deros, the city signed an agreement with the two other governments for their financial contribution to the planned social housing – "but it has not come in yet," she

added. "And once that's done, the community groups will present their plans – they have to put financial plans together – to make this happen.

Following procedure

"They have to have architectural plans which they have to send to the borough so that we can study them and give them demolition permits, construction permits and go through the process of getting a developer. In the meantime, we are waiting so that they can have these buildings renovated, demolished and reconstructed so that we have adequate housing available for

the citizens of Park Ex."

Despite all this, Deros said she was disappointed at the pace of progress, since it's been almost two years since some of the buildings in question were purchased, and yet nothing has materialized.

Growing impatience

"So, we are in constant touch with the housing department of the city," she said. "And we're still waiting for the financial support of the federal and provincial. Because the housing activists have been manifesting for a whole year, asking for this. So, while the city has gone ahead

and purchased the buildings for this purpose, reserving them for social housing, the only thing is the backing money from Ottawa and Quebec has not come in yet."

Deros said the centre city, which is currently administered by Mayor Valérie Plante and *Projet Montréal*, "could certainly lobby to have things done as quickly as possible. When people lobby, there's more attention given them. In this case what has Montreal done? What has the centre city done apart from buying these buildings and reserving them? There's still a lot of work to be done. They have to go and lobby to get that money as soon as possible."

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OPINION & Editorial



Pandemic and government intervention

The response of governments was heavy-handed, lead-footed, wrong-headed and inept

The year 2020 forever will be associated with the coronavirus sweeping Canada and the world. However, its impact on the economy was much greater than on our health. Far fewer people were stricken by the virus than the initial apocalyptic warnings from health care experts, while its impact on incomes, jobs and government deficits was larger and longer lasting than economists forecast last spring.

Will the growth of government be sustained? It is a natural human tendency to predict the future by extrapolating a straight line from recent developments. Occasionally this works; the postwar liberal welfare state was birthed by massive state interventions in response to the Great Depression and the Second World War. Many analysts wishfully see a similar emergency-induced expansion of government during 2020 as signalling a permanent upturn in spending, on everything from green energy infrastructure to a guaranteed annual income.

However, history more often moves with the ebb and flow of conflicting ideas and recurring cycles in the economy. For example, former U.S. President Barack Obama appeared to set the U.S. irrevocably on the path of a cosmopolitan globalism detached from local identity, completely overlooking the rise of Tea Party populism and nativism that foreshadowed Donald Trump's election in 2016. In Canada, growing momentum for Quebec's separation cultivated the sentiment in the mid-1990s it would inevitably win the next referendum. Instead, support unexpectedly and quickly faded, to the point that the separatist Parti Québécois vote fell below 20 percent in the 2018 election.

The coming years may also confound predictions of a permanent enlargement of government due to the pandemic. It is often overlooked that two forces were unleashed by the pandemic: government spending exploded and new technologies diffused rapidly. Only the latter proved effective and efficient and therefore is likely to be enduring. Clearly, the pandemic acted as an accelerant for technologies such as tele-working from home, communicating and shopping on-line instead of in-person. These trends show how fleeting government plans and assumptions can be; they confound government support for high-density downtown living and costly investments in mass transit as people sell their downtown condos, move to the suburbs and buy their own vehicles to get around.

The fall-out from government actions to combat the virus is already provoking a backlash against specific government interventions during the crisis. Governments boast of having "Canadians backs" with income support, but they failed to provide basic health services such as safe long-term care facilities for the elderly, rapid testing and comprehensive tracing, and the timely roll-out of vaccinations. Canada wasted its experience with the SARS virus in 2003. Testing was less than half the per capita rates in the U.S. and Europe. Tracing was ad hoc, despite its importance in allowing authorities to pinpoint what activities to curb instead of the blanket shutdowns imposed in the spring.

The ebbing moral authority of governments is reflected in faltering public willingness to adopt basic preventive measures such as wearing a mask and social distancing, especially outside of work. The weakening social contract between government and its citizens, who received income support in return for being socially disciplined, fuelled much of the explosive second wave of the virus. Most obviously, Quebec Premier Francois Legault's proposed "moral contract," in which Quebecers would curb their social interactions now in return for a relaxation of restrictions for Christmas, was

rescinded as cases keep rising. Politicians have to accept responsibility for less public servility in the fall because they assumed ownership for the pandemic response in the spring with their daily press conferences. Millions of Canadians may have balked at Justin Trudeau's recommendation to download the government's tracing app because it was endorsed by someone they dislike. Some actions should have been left to healthcare professionals.

The legacy of unprecedented budget deficits will prevent governments from initiating expensive new infrastructure and social spending programs while increasing the burden on future taxpayers. Government spending was already trending up due to population ageing and the inexorable increase in its labour costs. The privileged position of most federal civil service workers was on full display during the pandemic, with the vast majority keeping their jobs and full salaries, safe in their cocoons at home even as millions of Canadians lost their jobs or risked their health to keep essential goods and services flowing. The pandemic's legacy of lower interest rates further undermines pension plans, bringing closer the day governments face the unappetizing choice between taxpayer's subsidizing public service pensions or trimming benefits.

Most importantly, the pandemic may reverse how younger generations think about what drives our economy. Many youths unfairly blamed the excesses of capitalism for the Great Financial Crisis and increasingly tuned in the siren call of radicals such as U.S. Democratic Bernie Sanders who questioned our economy's fundamental organization around markets and business firms.

The pandemic fatally, undermines this naïve view of the innate evil of business and sanctity of government.

While governments struggled to develop an effective health care response to the second wave despite huge budget deficits, the real solution to the pandemic is coming from technological innovation in the business sector, notably drugs to treat the virus and then vaccines to eradicate it. Already technology had proved indispensable during the lockdown, allowing people to stay at home and work on-line, shop on Amazon, meet on Zoom, and be entertained with Netflix.

Compared with the business sector's impressive mastery of new technologies, the response of governments was heavy-handed, lead-footed, and wrong-headed.

In the spring, governments unnecessarily closed large swathes of the economy that posed little risk of spreading the virus; they were unprepared to test and trace more cases during the inevitable second wave and failed to make vaccines in Canada by year-end; and they poorly-targeted aid to many people not needing support instead of small businesses in desperate straits. Rather than demonstrating their ability to manage the virus and thereby stoking confidence in government's ability to solve other societal ills, the pandemic highlighted its limitations compared with the speed and efficiency of the private sector. This message is as evident to youths as the failings of global finance in 2008.

Understandably most Canadians say 2020 was the worst year ever. However, it may ultimately prove to be a turning point for the better if it represents the high-water mark of government intervention that recedes to leave place for a resurgence of private sector innovation and competition in markets.

Philip Cross

Our “lost generation” of Canadian youth

Young people who graduate into a recession often take decades to recover

As we bid farewell to 2020, an annus horribilis if there ever was one, spare a thought or two for Canada’s youth. Hard as 2020 was on Canada a whole, young Canadians are paying big time for the unavoidable consequences of COVID-19.

Many Canadian young people were supposed to be having the proverbial ‘time of their lives.’ Instead, they were (supposedly) in lock down at home, subject to many restrictions, and denied the social activities that were crucial rites of passage: parties, high school and university sports, dating, and the like. Goodness knows how many social events, outings, and fun activities were cancelled by public health regulations and the wise decisions to socially isolate. No doubt many young and fresh relationships fell by the wayside.

The very young, struggling with grade school assignments at home, will effectively lose a full year of basic skills acquisition. This lost time is not easily made up, particularly for children under Grade 4. Wealthy and highly motivated parents will have found alternative instruction; the poor and marginalized are sure to fall further behind.

For students in Grade 11 and 12 preparing for graduation, failure rates have skyrocketed. Thousands of students will be held back. Many others will limp into post-secondary education. Teachers and schools are focusing on “credit rescue,” which essentially means a sharp reduction in the quality of the learning experience.

Students have generally been unimpressed with the online learning experience. The best students, in the main, are doing okay, even if the digital classrooms leave a fair bit to be desired. For weaker students, the loss of high-quality high school experiences could well linger into subsequent life and educational efforts.

For those who graduated from high school, in hastily and awkwardly completed fashion in late spring 2020, they moved in two directions: to an unwelcoming job market with soaring unemployment rates or to a post-secondary system that had made an emergency transition to online instruction. Students, teachers and institutions have tried hard last fall, but students are not warming to the online learning environment. Course failures, dropouts and the learned-distaste for advanced study will echo in 2021 and well beyond.

Graduates from college, polytechnics and universities made a last-minute transition to online learning to complete their studies and then graduated into a horrible job market. It was not all horrible, but many of the ‘default’ positions – gig workers, tourist-related jobs, and any low-skilled opportunities – disappeared, particularly in the hard-hit small business sector. Unrelated changes, like the sharp decline in the oil and gas industry and global economic uncertainties in general, destroyed job opportunities for thousands of entry level workers.

If this were not bad enough, there are indications that the economic challenges and uncertain employment will linger in 2021 and beyond. The Government of Canada talks of billions of dollars in its “stimulus” package, but the track record for government-inspired and funded economic growth is far from encouraging. Today’s youth may, following on the example of the 2008-2009 recession, experience uneven engagement with work and, consequently, with savings and debt repayment. Young people who graduate into a recession often take decades to recover.

On the positive side of the ledger, the Government of Canada’s fast and generous emergency payments, particularly CERB, ensured that the young and unemployed maintained a steady income. While the money helped prevent a nation-wide panic, it appears that thousands of young people took the government funding rather than look for work. Relying on ‘easy’ government funding is hardly the best introduction to the world of employment and personal income.

This is not the end of the problems facing Canadian youth. University, college and polytechnic fees will almost certainly rise next year, even as it is harder for young people to find decent paying jobs and lucrative careers. Rapid technological change and subsequent transformation of the world of work seems like yesterday’s news but the full effects still lie ahead. If preparing for a career was challenging a few years ago, it is much more difficult now.

To top it off, the governments of Canada, the provinces and territories have borrowed at historical levels, running up debts and deficits that today’s youth will be paying off during their entire lives. Add to this list of difficulties the disruptive potential of the Trudeau government’s newly announced climate change agenda and the future prospects for Canadian young people remain uncertain at best.

Canadian youth are a diverse group, with highly motivated and exceptionally talented men and women in the same age cohort as unmotivated and low skilled individuals. But this generation has not made its mark as being a particularly resilient and self-reliant bunch. Indeed, the current generation is noted for being demanding and collectively self-assured. Their resolve and talent will be severely tested in the years ahead, but more than a few adults are less than optimistic about the road ahead.

Ken Coates



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Pandémie de la COVID-19 –

Le ministre Jean Boulet annonce la prolongation des mesures d'assouplissement et des bonifications des programmes d'assistance sociale



CNW Telbec/ - Le ministre du Travail, de l'Emploi et de la Solidarité sociale et ministre responsable de la région de la Mauricie, M. Jean Boulet, annonce la prolongation des mesures d'assouplissement et la bonification des programmes d'assistance sociale. Les mesures d'assouplissement seront ainsi prolongées jusqu'au 31 mars prochain.

Depuis le début de la pandémie, le Ministère assure une vigie étroite de ses effets sur les personnes en situation de pauvreté et d'exclusion sociale. Considérant la récente évolution de la situation, la prolongation des mesures d'assouplissement s'avère nécessaire pour favoriser la sécurité économique des prestataires des programmes d'assistance sociale et réduire les contacts en personne avec les personnels du Ministère et du réseau de la santé.

Ainsi, la période de suspension du recouvrement des retenues sur les prestations d'aide financière et d'emploi pour les personnes qui bénéficient d'un programme du Ministère sera prolongée du 31 janvier au 31 mars 2021. À elle seule, cette suspension du recouvrement des retenues représente 6,7 millions de dollars pour février et mars 2021.

Le ministre annonce également la prolongation des dispositions concernant les allocations pour contraintes temporaires et sévères à l'emploi venant à échéance d'ici le 31 mars 2021. Cette mesure permettra d'éviter que des prestataires sortent pour aller dans une clinique médicale ou un centre hospitalier afin d'obtenir un rapport médical, et ce, toujours afin de réduire les risques de contamination. Qui plus est, cette mesure donnera l'occasion au réseau de la santé de concentrer ses efforts sur la lutte contre la pandémie.

De plus, la non-comptabilisation des revenus reçus sous forme de dons pécuniaires au-dessus de l'exclusion prévue de 100 \$ par mois est aussi prolongée jusqu'au 31 mars 2021. Il en va de même pour différents assouplissements administratifs permettant d'alléger les démarches des prestataires.

Règlement sur l'aide aux personnes et aux familles

Depuis le 1^{er} janvier 2021, plusieurs mesures ont été mises en œuvre afin d'accroître le revenu disponible de l'ensemble des prestataires de l'assistance sociale. En premier lieu, les prestations mensuelles versées dans le cadre des programmes d'assistance sociale ont été indexées de 1,26 %.

Des bonifications aux prestations de base des programmes d'assistance sociale ont également été apportées, comme le prévoit le Plan d'action gouvernemental pour l'inclusion économique et la participation sociale 2017-2023.

Enfin, des mesures s'ajoutent pour les personnes qui deviendraient inadmissibles à un programme d'assistance sociale en raison du fait qu'elles ont reçu des sommes d'argent des programmes fédéraux dans le contexte d'urgence sanitaire. Elles pourront conserver l'accès au carnet de réclamation. De plus, afin de permettre aux prestataires du Programme de solidarité sociale d'avoir accès à l'ajustement de la prestation bonifiée et de conserver la possibilité d'être admissibles au Programme de revenu de base à partir du 1^{er} janvier 2023, les mois pour lesquels seul un carnet de réclamation leur est accordé seront comptabilisés.

Faits saillants :

Règlement sur l'aide aux personnes et aux familles

- Les prestataires du Programme de solidarité sociale qui ont eu accès au programme durant 66 mois au cours des 72 derniers mois ont vu leur prestation de base augmenter :
 - de 75 \$ par ménage composé d'un adulte et de 30 \$ par ménage composé de deux adultes au 1^{er} janvier 2021;
 - la prestation de base augmentera de 75 \$ par ménage composé d'un adulte et de 37 \$ par ménage composé de deux adultes au 1^{er} janvier 2022.
- Les prestataires du Programme de solidarité sociale qui n'ont pas eu accès au programme durant 66 mois au cours des 72 derniers mois ont vu leur prestation de base augmenter au 1^{er} janvier 2021 :
 - de 10 \$ pour les personnes seules et les familles monoparentales;
 - de 10 \$ pour les couples.
- Les prestataires du Programme d'aide sociale et les participants du programme objectif emploi ont vu leur prestation de base augmenter au 1^{er} janvier 2021 :
 - de 10 \$ pour les personnes seules, les familles monoparentales et les couples.

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Le Québec en confinement

Un confinement et un couvre-feu sont en vigueur du 9 janvier au 8 février 2021 inclusivement* dans tout le Québec, sauf les Terres-Cries-de-la-Baie-James et le Nunavik.

Ces mesures sont en place afin de freiner la propagation du virus et protéger la population, dont les aînés, les personnes vulnérables et les travailleurs de la santé.

LE CONFINEMENT EN BREF



Rassemblements interdits

- Les rassemblements privés à domicile (maison et chalet) à l'intérieur ou à l'extérieur sont interdits.
- Il y a quelques exceptions :
 - un seul visiteur d'une autre adresse pour les personnes seules (il est demandé de toujours recevoir la même personne afin de limiter les contacts sociaux);
 - une personne proche aidante;
 - une personne offrant un service ou du soutien;
 - main-d'œuvre pour travaux prévus.



Déplacements non recommandés

- Les déplacements entre les régions et les villes sont non recommandés (sauf certains déplacements essentiels permettant aux étudiants, aux travailleurs, aux parents en garde partagée et aux marchandises de circuler).



Activités sportives et récréatives avec sa bulle familiale seulement

- Les activités sportives et récréatives doivent désormais se limiter à une même bulle familiale. Les activités telles que la marche et la pratique du ski alpin ou du ski de fond sont tolérées, à condition qu'elles soient pratiquées en bulle familiale ou en solo et qu'elles respectent le couvre-feu en vigueur.
- Une exception est également permise pour une personne habitant seule, qui peut alors pratiquer une activité avec une autre personne (idéalement toujours la même). Dans ce cas, une distance minimale de deux mètres doit être maintenue en tout temps.



Commerces ouverts pour les produits essentiels seulement

- Les commerces considérés comme non prioritaires doivent fermer leurs portes jusqu'à la fin du confinement. Ceux ayant l'autorisation d'exercer leurs activités doivent quant à eux offrir seulement des biens et services considérés comme essentiels.
- La cueillette à la porte est toutefois permise. Ainsi, il est possible d'acheter un produit en ligne ou par téléphone et de se le faire livrer ou d'aller le chercher sur place, sans entrer dans le commerce, en respectant les consignes sanitaires.
- Les salles à manger des restaurants demeurent fermées. La livraison, les commandes pour emporter et les commandes à l'auto sont permises. Durant toute la période du couvre-feu, seule la livraison demeure possible.
- Afin de s'arrimer avec le couvre-feu de 20 h, tous les commerces doivent fermer leurs portes au plus tard à 19 h 30.
- Durant la période du couvre-feu, les pharmacies et les stations-service demeureront ouvertes selon leur horaire habituel. Les pharmacies ne pourront vendre que des médicaments et des produits essentiels comme des produits pharmaceutiques, hygiéniques ou sanitaires. Les stations-service ne pourront vendre que de la nourriture, des boissons non alcoolisées, de l'essence et des produits pour véhicules routiers. Les stations-service ne sont donc pas autorisées à vendre du tabac et des produits alcoolisés durant la période du couvre-feu.



Télétravail obligatoire et réduction des activités

- Le télétravail est obligatoire pour les personnes qui travaillent dans les édifices à bureaux.
- Dans les secteurs manufacturiers et la construction, les activités sont réduites au minimum pour assurer la réalisation des engagements. Le télétravail est obligatoire lorsque possible et l'ajustement des quarts de travail doit être fait pour limiter les présences sur les sites de production et de construction au même moment.

Consultez [Québec.ca/confinement](https://quebec.ca/confinement) pour obtenir plus de détails sur l'ensemble des mesures en vigueur.



LE COUVRE-FEU EN BREF

On reste chez soi de 20h à 5h du matin

Durant le confinement, un couvre-feu est en vigueur de **20h à 5h du matin**. Pendant cette période, il est formellement interdit à quiconque de se trouver hors de son lieu de résidence ou du terrain de celle-ci, hormis dans les cas d'exception.

Exceptions permises

- Une personne dont la présence est essentielle sur les lieux de son travail ou qui doit assurer le transport de biens nécessaires à la poursuite des activités de son entreprise;
- Une personne qui se rend dans une pharmacie pour obtenir des médicaments ou des produits pharmaceutiques, hygiéniques ou sanitaires;
- Une personne qui doit se rendre à l'hôpital ou à la clinique, chez le dentiste, l'optométriste, ou en revenant;
- Une personne qui doit se rendre au chevet d'un parent malade ou blessé;
- Un étudiant qui doit participer à un cours du soir en présentiel ou à un laboratoire dans une école reconnue;
- Un parent qui doit reconduire ses enfants chez l'autre parent qui en a la garde;
- Une personne qui doit prendre un autobus assurant un service interrégional ou interprovincial, un train ou un avion pour se rendre, à la suite de son trajet, à sa destination;
- Une personne qui doit sortir pour que son chien puisse faire « ses besoins », dans un rayon maximal d'un kilomètre autour de sa résidence;
- Une personne qui se déplace pour se conformer à un jugement rendu par un tribunal, pour répondre à une assignation à comparaître devant un tribunal ou pour permettre l'exercice des droits de garde ou d'accès parentaux;
- Une personne qui doit accompagner une autre personne incapable de conduire pour se rendre à un rendez-vous médical;
- Un parent qui doit accompagner un enfant malade à l'hôpital;
- Une personne qui se déplace pour faire un don de sang à Héma-Québec;
- Une personne qui doit accompagner une autre ayant besoin d'assistance dans l'une des situations mentionnées ci-dessus (ex. : un parent qui doit reconduire son enfant adolescent au travail).

Une surveillance accrue et des amendes pour les contrevenants

- Les policiers continueront d'assurer le respect des mesures sanitaires et pourront intervenir si une personne se trouve à l'extérieur de sa résidence lors des heures non permises.
- Les contrevenants s'exposent à des amendes de 1 000 \$ à 6 000 \$ s'ils ne sont pas en mesure de justifier adéquatement la raison de leur sortie. Les jeunes de 14 ans et plus sont passibles de recevoir une amende de 500 \$.

Pour en savoir plus sur le couvre-feu, consultez [Québec.ca/confinement](https://quebec.ca/confinement)

Soyez là pour vous comme vous l'êtes pour vos proches

Il est possible que la situation actuelle suscite des émotions difficiles ou de la détresse. Il est normal de vivre un certain déséquilibre dans différentes sphères de sa vie. La gestion de ses pensées, de ses émotions, de ses comportements et de ses relations avec les autres peut devenir plus ardue. La plupart des gens arriveront à s'adapter à la situation, mais il demeure important que vous restiez à l'écoute de vos besoins. N'hésitez pas à prendre les moyens nécessaires pour vous aider.



Des solutions existent. Visitez [Québec.ca/allermieux](https://quebec.ca/allermieux) pour en savoir plus.

* Ce publiereportage contient l'information valable en date du 12 janvier 2021. Pour les dernières informations, consultez [Québec.ca/confinement](https://quebec.ca/confinement).

[Québec.ca/coronavirus](https://quebec.ca/coronavirus)

☎ 1 877 644-4545

Québec 

Confinement in Québec

A confinement and a curfew are in effect across Québec from January 9 to February 8, 2021, inclusively,* with the exception of the Cree Territory of James Bay and Nunavik.

These measures are in place to slow the spread of the virus and protect the population, which includes seniors, at-risk individuals and healthcare workers.

THE CONFINEMENT AT A GLANCE



Gatherings are prohibited

- Private indoor and outdoor gatherings at homes and cottages are prohibited.
- There are a few exceptions:
 - One visitor from another address for people living alone (ideally, always the same person to limit social contacts)
 - One informal caregiver
 - Individuals offering services or support
 - Labourers for planned work



Travel is not recommended

- Travel between cities or regions is not recommended (except for essential travel for students, workers, shared custody and freight transportation).



Sports and recreational activities with members of the same household only

- Sports and recreational activities must be limited to members of the same household. Activities such as walking, downhill skiing and cross-country skiing are permitted, provided they are carried out individually or with members of the same household, and that the curfew is respected.
- An exception is also permitted for individuals who live alone, who may carry out an activity with another individual (ideally, always the same person). In this case, a minimum distance of two metres must be maintained at all times.



Commercial establishments open for essential goods only

- Non-priority businesses must close until the end of the confinement. Businesses authorized to continue their activities must offer only essential goods and services.
- Curbside pickup is still allowed. Products can be purchased online and delivered or picked up on site without entering the premises, in accordance with the health recommendations.
- Restaurant dining rooms remain closed. Delivery, takeout and drive-through orders are permitted. Only delivery will be possible during the curfew.
- To comply with the 8 p.m. curfew, all businesses must close their doors no later than 7:30 p.m.
- Exceptionally, during the curfew, pharmacies and service stations will remain open on the same schedule as usual. Pharmacies will only be allowed to sell medication and essential products such as pharmaceutical, hygiene and cleaning products. Service stations will only be allowed to sell food, non-alcoholic drinks, fuel and products for road vehicles. In other words, service stations are not authorized to sell tobacco or alcohol products during the curfew.



Mandatory teleworking and reduced activities

- Teleworking is mandatory for people who work in office buildings.
- In the manufacturing and construction sectors, activities must be reduced to a minimum to meet commitments. Teleworking is mandatory when possible and shifts must be adjusted to limit the staff present at any time on production and construction sites.

Visit [Québec.ca/en/confinement](https://quebec.ca/en/confinement) for more information about the measures in force.



THE CURFEW AT A GLANCE

Stay home from 8 p.m. to 5 a.m.

During the confinement, a curfew is in effect from **8 p.m. to 5 a.m.** Quebecers must not leave their homes or property during this period, save for the exceptions below.

Valid exceptions

- A person whose presence is required at their place of work or who is transporting goods needed for the ongoing activities of their business.
- A person who is going to a pharmacy to obtain medication or pharmaceutical, hygiene or cleaning products.
- A person who must go to or return from a hospital, a clinic, or a dentist's or optometrist's office.
- A person who must visit a sick or injured relative.
- A student who must attend an in-person evening class or go to a laboratory in a recognized school.
- A parent who must accompany their child/children to the home of the other parent who has custody of them.

- A person who is going to take an inter-regional or inter-provincial bus, train or plane to their final destination.
- A person who must take their dog out to do its business, within a radius of no more than one kilometre from their place of residence.
- A person who must travel in order to comply with a court judgment, to respond to a summons to appear before a court, or to exercise custody or access rights as a parent.
- A person who must accompany another individual to a medical appointment if they are unable to drive themselves there.
- A parent who must accompany a sick child to the hospital.
- A person travelling to give blood at a Héma-Québec donor centre.

- A person who must accompany another person who requires assistance in one of the situations listed above (e.g. a parent who must drive an adolescent to their workplace).

Broader policing and fines for offenders

- Police will continue to ensure compliance with health measures and can intervene when individuals are outside their homes during curfew hours.
- Offenders can face fines ranging from \$1,000 to \$6,000 if they are unable to adequately justify why they are outside the home. Young people 14 years of age and over are subject to a \$500 fine.

To learn more about the curfew, visit [Québec.ca/en/confinement](https://Quebec.ca/en/confinement).

Be there for yourself like you're there for your loved ones

The current situation may cause emotions that are distressful or difficult to handle. Experiencing an imbalance in various facets of everyday life is a normal reaction. Managing your thoughts, emotions, behaviours and relationships with others may become more challenging. While most people will adapt to the situation, it is important that you listen to your needs. Take the necessary steps to get help if you need it.



There are solutions. Visit [Québec.ca/gettingbetter](https://Quebec.ca/gettingbetter) to learn more.

**This article contains information valid as of January 12, 2021. For the most up-to-date information, visit [Québec.ca/en/confinement](https://Quebec.ca/en/confinement).*

[Québec.ca/coronavirus](https://Quebec.ca/coronavirus)

☎ 1 877 644-4545

Québec

Activités virtuelles gratuites pour les petits et grands

En janvier et février, les trois bibliothèques de Villeray–Saint-Michel–Parc-Extension proposent des activités virtuelles plus originales les unes que les autres. Petits et grands y trouveront leur compte!

« En cette période particulière, les citoyennes et les citoyens ont plus que jamais besoin de se divertir et de pouvoir se changer les idées. L'équipe des bibliothèques de l'arrondissement vous proposent une programmation gratuite d'activités en ligne diversifiées et amusantes pour les adultes et les plus jeunes, tout en restant dans le confort de leur foyer », a déclaré Giuliana Fumagalli, mairesse de l'arrondissement de Villeray–Saint-Michel–Parc-Extension.

Les jeunes auront notamment l'occasion de jouer à un bingo sur le thème des animaux, d'apprendre à tricoter, de démasquer un loup-garou et de découvrir des histoires captivantes lors des heures du conte.

De leur côté, les adultes pourront prendre part à des ateliers à la fois pratiques et instructifs sur l'entrevue d'embauche en temps de COVID-19, les semis d'intérieur et les produits d'hygiène à faire soi-même. Une soirée ludique est également prévue où les participants pourront jouer à Just One. De plus, une dizaine d'ateliers seront offerts en collaboration avec le projet AlphaNumérique. Les pas-

sionnés d'écriture trouveront également leur compte grâce à une série d'ateliers plaçant le cœur et l'intuition au centre de leur démarche de création.

À surveiller aussi : le lancement de la Grainothèque de la bibliothèque Le Prévost (prêt de semences). Plusieurs activités seront également proposées durant la semaine de relâche en mars prochain, dont le fameux festival Montréal joue. Pour connaître toutes les activités offertes en ligne, consultez régulièrement le site culturevsp.com puisque des ajouts y seront faits au fil du temps.

Services en bibliothèque

Depuis le 18 janvier, la bibliothèque Le Prévost et la bibliothèque de Saint-Michel ont ajouté à leur offre de services l'accès à des places assises et à des ordinateurs. Réservation sur place ou par téléphone la veille ou le jour même de votre visite. Le port du couvre-visage est requis en tout temps. L'accès aux rayons n'est pas permis. En raison de travaux de rénovation, la bibliothèque de Parc-Extension donnera accès aux espaces de travail seulement dans les prochaines semaines.

Le prêt de documents sur réservation est maintenu pour les trois bibliothèques de l'arrondissement. Profitez-en pour faire le plein de lecture!

COVID-19 : services réduits dans les bibliothèques

En raison du passage de la Communauté métropolitaine de Montréal au Palier 4 - Alerte maximale (zone rouge), les bibliothèques de Montréal offrent un accès réduit à leurs services pour se conformer aux directives gouvernementales visant à ralentir la propagation de la COVID-19.

Emprunts

Le prêt de documents est possible sur réservation uniquement. Pour ce faire, il faut réserver les documents en ligne ou par téléphone. Lorsque vous recevrez un avis par courriel ou par téléphone vous informant que les documents sont prêts à être retirés, vous pourrez vous présenter au comptoir de votre bibliothèque.

Modalités :

Maximum de 15 réservations par carte

Durée des emprunts : 4 semaines pour tout type de documents

Maximum de 40 documents par carte

Places assises et postes informatiques

Les bibliothèques mettent à la disposition des usagers des places assises individuelles et des ordinateurs.

Modalités :

Réservation par téléphone (recommandé) ou sur place, la veille ou le jour même.

Abonnement au réseau des bibliothèques non obligatoire.

Limite d'utilisation :

places assises : 1 heure minimum et 4 heures maximum par jour

postes informatiques : 2 heures maximum par séance, 2 fois par semaine.

Consignes à respecter une fois sur place

Le port du couvre-visage est obligatoire en tout temps, même assis à une place de travail, pour toute personne de 8 ans ou plus.

Les usagers doivent rester à la place qui leur a été assignée par le personnel de la bibliothèque.

Aucun travail en équipe n'est permis.

Les toilettes demeurent accessibles.

Les usagers doivent apporter leurs écouteurs et dispositifs de sauvegarde personnels

Abonnement

Les abonnements sont possibles dans la majorité des bibliothèques. Le service d'abonnement à distance est maintenu.

Retours

Le retour des documents est maintenu. Vous pouvez rendre vos emprunts au comptoir de la bibliothèque ou en utilisant la chute extérieure. Vous devrez retourner les articles fragiles, par exemple les jeux et les instruments de musique, au comptoir comme à l'habitude. Services non disponibles

L'accès aux rayonnages n'est pas permis.

Toutes les activités d'animation sur place en bibliothèque et hors les murs sont annulées. (Les activités en ligne demeurent).

Il n'est pas possible de se procurer une carte Accès Montréal à la bibliothèque.

Consignes de santé publique

À l'intérieur des zones autorisées, il convient de maintenir la distance physique de 2 mètres et il est obligatoire de porter un couvre-visage en tout temps (couvrant le nez et la bouche) pour les personnes âgées de 8 ans ou plus.



Bonjour,

Suite aux plus récentes demandes du Gouvernement du Québec par rapport à la propagation de la COVID-19, nous souhaitons confirmer que les Cinémas Guzzo seront fermés.

Comme toujours, nous suivons la situation de très près et nous nous ajusterons au besoin en fonction des demandes des autorités. Notre priorité demeurera avant tout la santé de nos employés et du public.

L'équipe Cinémas Guzzo

Following the most recent requests from the Government of Quebec regarding the spread of COVID-19, we wish to confirm that all Cinémas Guzzo will be closed.

As usual, we are monitoring the situation very closely and will adjust as necessary based on requests from the authorities. Our priority will remain above all else, the health of our employees and the public.

The Cinémas Guzzo Team

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In Memoriam & Obituaries

UNITED

– THROUGH DISTANCE –



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We're here to guide you when selecting these new options and we're committed to meeting your needs in a responsible manner.

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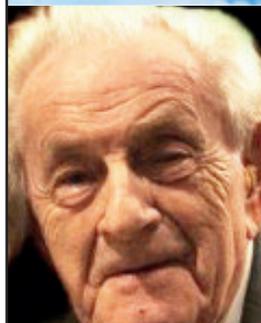
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MATHIOUDAKIS, Emmanouel
1946 - 2021



It is with heavy hearts that we announce the passing of Emmanouel MATHIOUDAKIS at the age of 74.

LEVINE, Max (Mac)
1923 - 2021



With deep sadness, and a profound sense of loss, the family of Mac Levine announces his peaceful passing on Wednesday, January 13, 2021 at 98 years old. Beloved and devoted husband of Ruth (Landis) Levine for more than 70 years. Loving father and father-in-law of Rabbi Richard and Sharon Levine of Baltimore, the late Donna Levine Segall, and Mallery and Mark Segall.

DI LENA (CARUSO), Rosa
1931 - 2021



It is with deep sadness that the family announces the passing of Rosa Caruso Di Lena, on Wednesday, January 13th, 2021 at the age of 90, beloved wife of the late Giovanni Di Lena. She will be sadly missed by her loving children Maria Grazia (Augusto), Michele, Linda (Enrico), Gino (Enza) and Enzo (Grace), her cherished grandchildren, Tony, Marco, Teresa, Jessica, Fabiola, Stefano, Alessia, Jennifer, Johnny, Jonathan and Brandon, her great-grandchildren and many other relatives and friends.

D'URBANO, Vincenzo
1935 - 2021



In Montreal, passed away on January 16, 2021, at the age of 86, Mr Vincenzo D'Urbano, beloved husband of Giuseppina Totaro-D'Urbano.



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HOROSCOPE

Week of **JANUARY 24 TO 30, 2021**

The luckiest signs this week:
VIRGO, LIBRA AND SCORPIO



ARIES

After a few celebrations, your house might feel like it's been turned upside down, so you'll quickly set about restoring or—der. A major cleaning is needed, and you'll unclutter your mind in the process.



TAURUS

You won't hesitate to speak your mind and voice your concerns when others won't. You might also write a poem or express something that ends up being quoted around the world, much to your surprise.



GEMINI

You'll be worried about a financial issue. It's probably just a simple mistake though, such as a bill addressed to the wrong person. You'll soon be smiling again, and your natural charisma will return.



CANCER

You'll have a lot going on. Your loved ones will get you to participate in a few activities or at least succeed in getting you out of the house. You'll be tal-ked into signing up for a group course of some kind.



LEO

You'll need a second cup of coffee to feel like yourself and do away with procrastination. After-ward, you'll become incredibly effective at kick-starting new pro-jects and achieving certain goals.



VIRGO

In the middle of a crowd, you won't always know how to push your way through it. At work, your boss, clients or colleagues will frequently seem uncertain and make a lot of vague requests.



LIBRA

At work, you'll be entitled to a significant promotion. Before you agree to anything, however, it's vital that you talk it over with your partner and the rest of your family to avoid any misunderstandings.



SCORPIO

The winter blues are setting in and beginning to affect you more and more. It won't be long before you start planning a vacation somewhere tropical. Good times ahead will re-energize you.



SAGITTARIUS

You'll be very sensitive, and your emotions might play tricks on you. You'll shed some light on a nefarious affair at work or possibly within the family.



CAPRICORN

You'll need to hone your negotiation skills, both in your perso-nal and professional life. You have everything you need to reach a lasting agreement that will impact the rest of your career.



AQUARIUS

You'll find yourself the focus of everyone's attention, which will make you very happy. You might also receive a reward or possibly some kind of promotion at work.



PISCES

If your health is the least bit fra-gile these days, it would be a good idea to take some time to rest. Fortunately, the sleep you get will be incredibly restorative, and you'll quickly recover your strength.

Coffee Break

CROSSWORDS

PUZZLE NO. 1017

1	2	3	4	5	6	7	8	9	10	11	
12					13			14			
15					16			17			
18			19	20		21	22				
		23				24					
25	26	27			28	29		30	31	32	33
34					35			36			
37					38			39			
		40	41			42	43				
44	45	46			47			48	49	50	
51				52	53			54	55		
56				57				58			
59				60				61			

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ACROSS

- 1.Lawful
- 6.Volcanic discharge
- 9.No ____, ands, or buts
- 12.Cherish
- 13.Flowered necklace
- 14.Small spot
- 15.Carved pole
- 16.Type of dance
- 17.Flock mother
- 18.Subways' cousins
- 19.Con's opposite
- 21.Sunday song
- 23.Bambi's mother
- 24.Soak
- 25.Actor Donahue
- 28.Go down the slopes
- 30.Ripened
- 34.Expect

- 35.No-win contest
- 36.Barely cooked
- 37.Legendary creature
- 38.Printers' concerns
- 39.Piece of marble
- 40.Motion agreement
- 42.Palmer's peg
- 44.Straighten
- 47.Fellow
- 48.Lawyer's charge
- 51.Muscle twitch
- 52.Messy dwelling
- 54.Linger
- 56.Iron source
- 57.Vast timespan
- 58.Delete
- 59.Cushion
- 60.Boston ____ Party

- 61.Marry again

DOWN

- 1.Past curfew
- 2.Revered person
- 3.Portable beds
- 4.Outrage
- 5.Beat
- 6.Female singer
- 7.Baltic or Bering
- 8.African mammal
- 9.Concept
- 10.Chicken
- 11.Bloom support
- 20.Took a break
- 22.Thin
- 23.Coloring
- 24.Midday nap
- 25.Old pronoun
- 26.Fish eggs
- 27.Choose
- 29.Relations
- 31."A ____ in Calico"
- 32.Time division
- 33.Society girl
- 41.Start
- 43.One who finishes
- 44.On the peak of
- 45.Italian money, once
- 46.Made cold
- 47.Talking bird
- 48.Imperfection
- 49.Additional
- 50.Stared at
- 53.Tip of Italy
- 55.Have being

Sudoku

PUZZLE NO. 741

5	2	7			8		1	4
	8			4		5		
	3	6		5		7		
9				6	7		5	3
	1			9	5		6	
	7			8				
				6	1	3		7
2							3	6
				5	8		1	

HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: **You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.**

Last Issues' Answers

CROSSWORDS

S	H	A	L	L		P	A	D		O	W	N			
E	E	R	I	E		E	R	E		W	O	O			
C	A	M	E	O		N	I	B	B	L	E	D			
T	R	Y				P	I	N	A	T	A				
						A	D	E		R	O	D	S		
N	A	B				R	I	D	S		K	N	E	E	
O	V	E	R	D	O		M	U	S	C	L	E			
V	I	N	E			T	H	I	N		E	L	M		
A	D	D	S			E	L	L							
						E	N	T	R	E	E		B	A	D
A	W	K	W	A	R	D				A	G	O	N	Y	
S	H	E				P	I	E		R	O	U	T	E	
H	O	G				S	O	D		N	O	T	E	R	

Sudoku

1	3	8	4	2	7	5	9	6
4	9	7	3	5	6	2	1	8
6	2	5	9	8	1	3	4	7
3	7	1	6	9	4	8	2	5
8	4	9	2	7	5	6	3	1
5	6	2	8	1	3	4	7	9
7	8	4	1	6	2	9	5	3
9	1	3	5	4	8	7	6	2
2	5	6	7	3	9	1	8	4

SAVE MONEY

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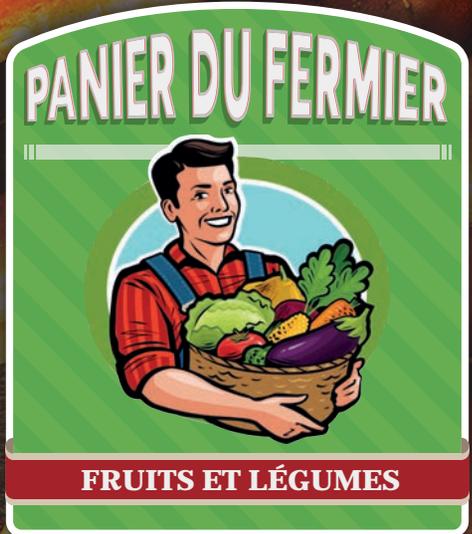
We print all kinds of cheques:
Business, Canada or USA
Fast Delivery!

Amazing Prices!
250 for **\$87**
500 for **\$127**
1000 for **\$187**

MEDIA-TREK
Communications - Promotions - Marketing

Call us for more information **450.978.9999**

Full Banking Security Features



Fruits and Vegetables

16 to 20 Varieties
Fresh of the day at amazing prices!
Reserve yours today!

No Waste.
Supporting
Responsible
Sustainability.

Read what people are saying about us:
<https://www.facebook.com/PanierDuFermier/>



This week's basket:

- Green Grapes
- Broccoli
- Dates
- Bananas
- Kiwis
- Pears
- Peas
- Carrots
- Rabioles
- Grapefruit
- Lettuce
- Avocados
- Cucumber
- Basil
- Limes
- Kale
- Apples
- Mystery item

Our weekly customers save \$1,200 up to per year

We now
deliver to your
home!

Ordering is as easy as 1,2,3

- 1 Place your orders online or by phone before 9pm on Thursday.
- 2 or place your order on Facebook (\$5. for delivery)
- 3 Pick up your baskets on Friday or Saturday

(514) 473-4591
3151-B boul. DAGENAIS OUEST
(near Curé-Labelle) Laval, Québec H7P 1T8

panierdufermier.ca | panierdufermier@gmail.com



A value of
\$55+
at the supermarket
You pay only
\$35