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THE GLYPHOSATE FILES

GLYPHOSATE:
the HERBICIDE
YOU'RE
EATING that
'PROBABLY'
CAUSES
CANCER



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DANGERS OF PESTICIDES

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Are Glyphosate products harmful to you?

BY KENNETH MCELRATH

Introduced in the 1990s, crops genetically engineered (GE) to withstand exposure to the weed killer glyphosate (Roundup) were a game-changer for agriculture. They saved many farmers money on weed control, slashed greenhouse gas emissions caused by tilling and fossil fuel use, and indirectly boosted crop yields, all of which translated into lower food prices for consumers.

Scientists have differing opinions when answering why or how Roundup is harmful to humans, but consumer lawsuits argue that cancer is a possible outcome.

Where Is Glyphosate Used?

Glyphosate is often used on:

- Fruit and vegetable crops
- Glyphosate-resistant crops like canola, corn, cotton, soybeans, sugar beets, and wheat
- Plantings, lawns, greenhouses, aquatic plants, and forest plantings

Exposure to Glyphosate in your lawn and garden

If you use a weed killer with glyphosate on your lawn or garden, you may be exposed to glyphosate by breathing it in, getting it on your skin, or getting it in your eyes. Your risk goes up if you:

-Eat or smoke after applying it and don't wash your hands first

-Touch plants that are still wet from it

If you're exposed, your eyes, skin, nose, and throat may get irritated. If you get it in your eyes, it could lead to mild irritation or a superficial corneal injury. If you swallow it, you may have increased saliva and burns and pain in your mouth and throat. It can cause nausea, vomiting, and diarrhea.

In some cases, people who intentionally swallowed products with glyphosate have died.

To lower your risk, wash your hands and take off your clothes after you handle one of these

products.

Glyphosate in your food

You may also be exposed to glyphosate in your food.

It gets into foods early in the food chain, before raw food is harvested and before it's processed.

You may have heard in recent news that oat-based products like oatmeal, cereal, granola bars, and snack bars have glyphosate.

In one report from California scientists and the World Health Organization, 43 of 45 oat-based products tested had it. Popular breakfast foods like Quaker Old Fashioned Oats and Cheerios and other cereals, had above-average levels.

It's also in grain and bean products like pasta, buckwheat, barley, kidney beans, and chickpeas.

Some foods may surprise you, like avocados, apples, blueberries, cherries, cucumbers, dates, dried peas, garlic, lemons, olives, peanuts, pomegranates, potatoes, rice, spinach, sugarcane, tobacco, tomatoes, and walnuts.

Even though Glyphosate is banned in organic farming, in the World Health Organization report, one-third of organic oat products tested had traces of glyphosate. But they were below levels associated with risk.

Long-Term Health Risks

Short-term exposure to glyphosate isn't something you need to worry much about. Experts say it's less toxic than table salt. But it's long-term risk may be a concern. Scientists are divided on how much risk is involved. Reports show conflicting results. And keep in mind that most studies involve animals, not people:

Cancer. Some studies suggest glyphosate may be linked to cancer. Others suggest there's no link. It's a controversial topic. The International Agency for Research on Cancer categorizes glyphosate as a probable carcinogen for humans. In 2020, the EPA released a statement that glyphosate does not pose a risk to humans as long as it is used according to directions. They also stated that it is unlikely that it causes cancer in humans.

-Liver and kidney damage.

Glyphosate may affect your kidney and liver. Studies of dairy cows eating a diet of soybeans with high levels of glyphosate had higher risks of liver and kidney damage.

-Reproductive and developmental issues.

The EPA released a statement in 2020 that there was no evidence that glyphosate interfered with the endocrine system or hormones humans.

-Risk for pregnant women and children.

Some scientists are concerned that pregnant women and children may have higher risks because children and developing fetuses may be more susceptible to carcinogens. But the EPA says there's no evidence that glyphosate is a developmental or reproductive toxin, so they don't feel that they are at any higher risk

A probable human carcinogen

Instances of intentional ingestion of glyphosate have reportedly resulted in deaths, although these are a relatively small number of incidences according to the National Pesticide Information Center.

In the long term, scientists are consistently debating the question: "Is Roundup harmful to humans?"

In 2015, the World Health Organization's International Agency for Research on Cancer (IARC) classified glyphosate as a probable human carcinogen. Despite this classification, agencies such as the European Food Safety Authority and the U.S. Environmental Protection Agency have determined that glyphosate is not carcinogenic. In general, scientists agree that there needs to be more research on the issue — including the types of exposure and dosages of glyphosate which lead to cancer.

Part of the issue is being uncertain about how much risk comes from glyphosate and how much is attributed to the other chemicals in formulations such as Roundup.

Is Roundup harmful to humans?" According to Vanessa Fitsanakis, a neurotoxicologist from Northeast Ohio Medical University, it is very difficult for a toxicologist to test the different ingredients to figure out what's the most toxic, or what's contributing to it." "From a research perspective, I can't tell which component might need to be changed [to reduce possible toxicity] in those formulations because I don't know what some of those components are."

Unfortunately, some evidence suggests that formulated glyphosate is more toxic to cells and animals than glyphosate alone.

"The data are overwhelmingly in agreement that glyphosate by itself is relatively nontoxic," Fitsanakis notes.

Repeated lawsuits

Roundup manufacturer Monsanto and parent company Bayer have faced repeated lawsuits from consumers claiming that they developed non-Hodgkin's lymphoma after using the weed killer for years. Lawyers for these consumers argue that Roundup was misrepresented as safe by the manufacturer despite evidence to the contrary.

Thousands of Roundup cancer lawsuits have so far been filed. Juries have found Roundup to be harmful and have so far rendered three major verdicts against Bayer in the past two years. The first case to go to trial involved a former school district groundskeeper near San Francisco. Suffering from late stage non-Hodgkin lymphoma (NHL), the jury awarded the plaintiff **\$289 million in damages**. Evidence surfaced in that trial indicating that Monsanto was ghostwriting much of its own research in order to "prove" to regulators that its product was safe. At the same time, the company had plans to discredit the IARC findings.

In March 2019, a federal jury awarded \$5 million in compensatory damages and \$75 million in punitive damages to a man who had been diagnosed with non-Hodgkin lymphoma five years earlier. Weeks later, a separate jury found in favor of a Livermore, Calif. couple, both of whom were also diagnosed with non-Hodgkin lymphoma. Jurors in that case awarded a staggering **\$2 billion judgment**, NPR reported.

Although these awards were significantly reduced in accordance with state and federal tort reform laws limiting punitive damages, Bayer is still appealing all three cases. Currently, Bayer is working with mediator Kenneth Feinberg to come up with a settlement — but it has shown no indication that it is willing to modify the product, add a warning or pull it from the market.

A court-appointed mediator said that Bayer AG had made "substantial progress" towards resolving tens of thousands of Roundup cancer claims the company still faces, Insurance Journal reports.

Getting a mediator

The mediator, Kenneth Feinberg, spoke at a San Francisco federal court hearing (conducted via Zoom due to the ongoing coronavirus pandemic). U.S. District Judge Vince Chhabria oversees nearly 2,000 unresolved Roundup cases in San Francisco federal court. Other cases were filed in state courts.

Feinberg has previously overseen major compensation programs, including for victims of the Sept. 11 attacks and the 2010 Gulf of Mexico oil spill. "It's just a question of when and how quickly they'll get resolved."

Amid the thousands of Roundup cancer lawsuits, Bayer maintains that Roundup is safe for human use. The company says that it has resolved about 88,500 of about 125,000 claims (both filed and unfilled) and is "fully committed" to reaching a settlement agreement, reports Insurance Journal. Most recently, Bayer has projected the cost of future claims to be about \$2 billion.

Bayer to pull Glyphosate products, from U.S. market

Bayer will no longer sell glyphosate-containing products to U.S. home gardeners, the company announced last **Thursday July 29**.

The move comes as the company currently faces around 30,000 legal claims from customers who believe use of these products — including the flagship Roundup — caused them to develop cancer.



Vanessa Fitsanakis uses her neurotoxicology expertise to research pesticides' impact on the nervous system. Her career in science has encompassed chemistry, mathematics, social science and neuroscience, but Fitsanakis says that its roots lie in rural Tennessee, where her family has farmed for generations.



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"Not one more"

People gather in Park Ex to protest most recent femicide



MATIAS BRUNET-KIRK
matias@newsfirst.ca

"Not one more" was one of the many slogans chanted in front of Parc Metro station on Friday. Demonstrators had gathered to commemorate femicide victim Rajinder Prabhneed Kaur.

A Park Ex resident, Kaur was the 14th woman to die at the hands of her partner this year in Québec. People were protesting against what they called an "epidemic of violence," and asked that the government do more to address the issue.

Kaur was murdered by her husband Navdeep Ghotra on Jul. 19 in the presence of one of their children. The suspect then video called his family in India, who alerted Montreal police to what had happened. Ghotra, the prime suspect in the murder, was found dead last week in the Rivière des Prairies in what appeared to be a suicide.

The protest and commemoration were organized by the South Asian Women's Community Center, an organization with the specific mission of helping women of South Asian origin find better autonomy and better act against discrimination.

The other epidemic

"We are here to commemorate those we have lost throughout our lives, throughout the years, and also for the women that should be here with us but that are suffering in silence," said lifelong Park Extension resident and activist Samia Hussain who spoke at the event.

Demonstrators were gathered to raise awareness on a growing problem that they say knows no boundaries and affects all people regardless of cultural, ethnic and socioeconomic background. Protestors spoke in front of Parc Metro station before walking down Jean-Talon and ending the march at the apartment on Birnam where the murder happened.

Protestors also underlined several other incidents which have previously occurred in the area, including the murder by immolation of a woman in 2012 and another who was forced into sexual slavery.

"The women who are isolated in their houses and who suffer hits to their body by a person they had confidence in," deplored Hussain, asking that the government do more to properly address this issue.

Falling through the cracks

Many present that day said they were tired of the current solutions offered by the provincial government. "14 women in 2021 have already

died at the hands of their partner, 14 women too many," decried Svetlana Chernienko, a mental health and domestic abuse advocate and survivor.

"This is a real issue, it's a real problem," said Chernienko, adding that the community needed to "come together for our government to understand that we need change, that this can no longer continue to happen."

Chernienko advocated that although social programs and funding offered by the government were appreciated, more needed to be done to change legislation around domestic abusers to keep women safe. "Throwing in a few million dollars and creating a program and service is not enough," she explained.

Kaur had already reported Ghotra to police in May saying he had uttered death threats and was dangerous. He was arrested and had a court date set for October, but was released and went back to live with his wife and children.

Legislative change

For Chernienko and many other advocates, this is a sad example of how women are falling through the cracks. "We need to start there when they're taken into custody," said Chernienko of domestic abusers, adding that in her situation, her abuser had been released only 24 to 48 hours after being arrested.

"I believe that they should be held for at least 90 days in a prison system and get a psychological evaluation by professionals in order to see whether they'll go further," she explained.

This would help abuse victims feel safer and give them a better chance to leave the abusive relationship. "That helps us be able to maneuver maybe move out or leave, we have three months to do so," continued Chernienko.

She would like to see legislative change be brought forward at the provincial level to help bonify the social programs and funding the government is already offering. "It's like you build a house with no foundation, the house is going to sink," said Chernienko of the current system.

Stricter action

This is something Park Extension city councillor Mary Deros agrees with. "They have to change the justice system to be able to take further action, a more strict action to protect the women and the children," said Deros at the rally.

"The tragedy is one more woman, a mother of two, has been taken away," said Deros somberly.

"We need to let people know that this is totally unacceptable and what the consequences are," added Deros. She also said that it was import-



Protestors spoke in front of Parc Metro station before walking down Jean-Talon.
Photo: Matias Brunet-Kirk - NEWSFIRST

ant to better educate people on what domestic abuse is and how to seek help.

Education of boys

For Minoo Gundevia, who was present at the rally, teaching young boys is especially important in stopping this. "Education has to start in the family, where parents have to teach children, that men and women, boys and girls, they are

all equal," said Gundevia.

"There is no room for violence, even verbal violence," added Gundevia, saying that he hoped the government would take a strong stand on this issue and enact lasting change.

"The government should send a very strong message, saying that this is not be tolerated, that there will be institutions created so that this is stopped," he concluded.

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Protestors ended their march at the apartment on Birnam where the murder happened.
Photo: Matias Brunet-Kirk - NEWSFIRST

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OPINION & Editorial



You should know, you're on the hook for \$57,000 in government debt

We have to start demanding that politicians start making some tough choices

That's the average amount each Canadian will owe in provincial and federal government debt by the end of the year. It's not just the rich or big corporations that will be mopping up this budget mess if politicians don't take some air out of their bloated budgets.

Politicians are already starting to try that strategy. But if you add up the luxury tax and tax on foreign homeowners in the recent federal budget, and throw in the wealth and excess profits tax the New Democrats are pushing for, Finance Minister Chrystia Freeland's 2021 deficit spending would still burn through that cash in about a month. Ordinary Canadians would be stuck with the bills for the other 11 months.

How staggering the borrowing has become.

"We're adding on more debt in six years than we did in previous 152 years combined," David Rosenberg, a Bay Street veteran, commented, following the 2021 federal budget.

Canada's gross debt makes up 118 per cent of our GDP, which is the fifth highest among 29 industrialized countries examined by the International Monetary Fund. Even if we sold everything we produced in an entire year, we still couldn't pay off that government debt. The debt is now more than \$1 trillion and is increasing by \$424 million every day.

The provinces aren't a bunch of beauty pageant contestants either. Ontario is the most indebted subnational government in the world. Not too long ago Newfoundland and Labrador was worried about its ability "to pay its public service." And Alberta and Saskatchewan recently received credit downgrades.

It's not just the total debt that taxpayers need to be concerned with.

This year, interest charges on federal and provincial debts will cost each Canadian more than \$1,000. That money can't go to health care or to put groceries on the table because it's going to the bond fund managers to service the government debt.

What happens if interest rates rise?

Last year, government interest charges cost Canadians about \$50 billion. The Fraser Institute estimates that deficits in Canada

would increase by another \$17 billion if interest costs return to their 2019 levels. And they aren't the only economists sounding the alarm.

"Are we really going to make this assumption that interest rates are going to stay static for the next 10 or 20 years?" said Rosenberg. "I just find so many people have short memories against what happened in the 1970s into the 1980s, and then all the tough choices and the hardship to get our fiscal situation back into some mode of stability."

Those tough choices included the closing down of 52 hospitals on the prairies after "we left a fiscal situation in Saskatchewan until it was a crisis," according to former finance minister Janice Mackinnon.

That's a crucial lesson. Eventually, politicians will be forced to make tough decisions, and it's better to tackle the debt challenges now before tougher choices are forced on us.

Here's another crucial lesson: the seeds to our debt problem were planted long before COVID-19.

It's important to keep the massively expensive COVID-19 spending temporary so these programs don't become permanent red ink.

But even before COVID-19, Prime Minister Justin Trudeau increased Canada's per person (and inflation adjusted) spending to heights never before seen. Instead of fulfilling his promise to balance the budget in 2019, Trudeau spent more than his predecessors did in any one year during the Second World War, Korean War, or during recessions in the 1980s, 1990s and 2000s.

Rather than taking his foot off the gas pedal, Trudeau is using COVID-19 to increase permanent federal government spending by \$100 billion by 2026.

So how can Canadians shrink that \$57,000 government debt bill?

Governments need to do what families and businesses have done: find ways to save money. Overspending has become habitual, but that doesn't mean it's inevitable. Taxpayers need to send a clear message that it's time for fiscal sanity.

Franco Terrazzano

Federal Director of the Canadian Taxpayers Federation.

Letters to the Editor



Dear editor,

These days, when I open my newspaper I'm always wondering whether it's the last time I'll get to read my favourite column or get a story about what's happening in our community. Due to years of government inaction and the hostility of big foreign players, Canada's news industry is dying.

So many local newspapers are now only a shadow of what they once were. People have asked me why I subscribe, since you can "get all your news on line". I tell them, no, that is not the case. Even though now there are

pages taken from other newspapers, part of the large conglomerates, I feel I would miss so much of what is happening in my area - municipal news, all the vibrant neighborhoods, etc. Keep up the good work.

Here's the thing, though: Canadian storytelling matters. Whether it is on screens or in our newspapers, whether it is about a new initiative to support local businesses or about a new after school program — our stories tell us who we are as a society. So if these stories disappear, so do we.

And that's the crux of my fear. Canadian storytelling is going extinct and the govern-

ment is simply standing idly by.

An election will be called any day now. I want our candidates to know that my vote comes at a price: if you don't offer substantive solutions to the Canadian news crisis, you can forget about my vote.

I hope my fellow readers, my fellow community members will join me in demanding more from our elected officials.

Sincerely,
A. Grad

Sexual exploitation| SPVM searches for potential victims of Koceila Louali

Investigators from the Sexual Exploitation Section of the Service de police de la Ville de Montréal (SPVM) recently arrested Koceila Louali for several offences related to sexual exploitation. Investigators have reason to believe that this individual could have caused other minor and major casualties in the greater Montreal area.

Koceila Louali appeared at the Montreal courthouse for the first time on July 2 to answer various charges, including procuring, sexual assault, sexual interference and material benefits from the provision of sexual services, for events that took place from 2012 to 2021 and resulted in several victims.

The suspect is currently in custody and awaiting his release investigation following his arrest by SPVM investigators on July 6 on new charges relating to the production and distribution of child pornography, conspiracy to have a sexual offence against a child, pimping, obstruction of justice and breach of conditions.

Additional victims

Anyone who may have been a victim or who knows someone who may have been a victim of Koceila Louali is invited to go to their local police station or to contact 911 to file a formal complaint or to make a statement to that effect. Any additional person who wishes to share information, anonymously and confidentially, may do so by contacting Info-Crime Montréal at 514 393-1133 or via the reporting form available on the infocrimemontreal.ca website.



Koceila Louali, 48, is 1.80 m (5 ft 11 in) tall and weighs 84 kg (185 lbs). He has gray hair, brown eyes and is regularly called Master K. He also has vision problems.

Unification of forces

As several victims have been identified, the Serial Crime Investigation Management Structure (SPGS) has been deployed. It is a unified command structure in which Quebec police services work in partnership to identify and arrest crimes committed by predators. Coordinated by the Sûreté du Québec, the GECS aims to pool police resources and better protect victims of sexual assault.

Quebec linguistic policies Task force denounces legislative hearing schedules - announces expanded team

The Task Force on Linguistic Policy (Task Force) is calling on the Quebec legislature to open up committee hearings on Bill 96. Fifty groups and individuals were privately invited to present before the Education and Culture Committee without public notice. Of these invitees, only three groups are tasked with representing the approximately 1.2 million English-speaking Quebecers will be heard, despite a groundswell of public opposition to Bill 96 and the proposed Constitutional amendment.

"People need to stand up against this show trial, which will seek to legislate against the interests of all Quebecers," said Task Force Chair Colin Standish, "We need to open this up to speak 'truth to power', and to stop these detrimental changes to our Constitution and human rights."

"I am, however, pleased to announce that a half-dozen new members have joined our team as we bring on exceptional individuals dedicated to defeating Bills C-32 and 96," Standish said.

The Task Force is calling on the Government of Quebec and all parties in the legislature to open up the hearings to all interested individuals and groups who want to comment on Bill 96's earth-shattering proposals.

"The invitation only hearings are decidedly one-sided in an attempt to show support for this project," said Marcus Tabachnick, "The CAQ wants the appearance of acceptance of this unconstitutional, small-minded and mean-spirited legislation. It is the equivalent of a kangaroo court."

Ben Huot, Policy Chair and Vice-Chair of the Task Force, has submitted a formal request to the Committee and is lobbying all 15 members to open up the hearings for all Quebecers.



Marcus Tabachnick

"Sound public policy does not develop in an echo chamber. All voices and opinions need to be brought forward to our legislators. It is a baseline of our democratic system," says Huot.

Please join the Task Force and help us open up the Committee hearings. The Task Force recommends that Quebecers email their MNAs and M. Olivier Champagne, Committee Clerk, at cce@assnat.qc.ca to make it happen.



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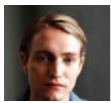
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Conservative Party announces local candidates

New contenders unveiled for the widely-anticipated upcoming election



MATIAS BRUNET-KIRK
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The Conservative Party of Canada just announced its candidates in the electoral ridings of Papineau and Saint-Leonard-Saint-Michel, for the now widely expected federal election in the fall.

Hosted by Conservative Senator Leonidas Housakos, the candidacy of Julio Rivera and Louis Ialenti were announced for their respective districts of Papineau and Saint-Leonard-Saint-Michel.

Papineau, Park Ex's electoral district, is currently held by Canadian Prime Minister Justin Trudeau and has been a long-standing Liberal stronghold. The seat has been held by the Liberals continuously for over 50 years, with the sole exception of when Bloc Quebecois MP Vivian Barbot was elected in 2006.

Both candidates outlined their professional backgrounds as well as their respective visions for their neighbourhoods and the country, at a press conference held on Jul. 27.

Exploding debt

"We're really excited in the Conservative Party," said Senator Leo Housakos. "We now have a situation in Canada where the economy is at a crossroads," he added, underlining the party's electoral message of better economic management.

"We have a deficit and a debt in this country that's exploding," Housakos stated, pointing to the net federal debt that now stands at \$1.2 trillion, according to Statistics Canada.

"We have a Prime Minister who thinks that deficits balance themselves," complained Housakos, saying this is resulting in inflation and a runaway deficit putting "the future of young Canadians at risk."

Both candidates reinforced this message and underlined how their respective backgrounds would help contribute to helping residents of these two districts.

Papineau

Julio Rivera announced that he would be running against Prime Minister Justin Trudeau in the district of Papineau in the upcoming election.

Rivera is the Director-General of the Corporation



Community organizer Julio Rivera will be running for the Conservative Party in Papineau.

Communautaire Laurentienne (COCLA), a community organization based in Ville Saint-Laurent with the specific mission of helping newly arrived immigrants from Latin-American better integrate into Canadian Society. He is also a former municipal candidate for Projet Montréal.

"The circumscription of Papineau needs a credible and authentic leader," said Rivera adding that he believes many issues in the area had not been properly addressed, including poverty, housing and seniors' issues. "Mr. Trudeau has not made any changes in Park Extension," he deplored.

Affordable housing

Although under provincial jurisdiction, Rivera said as an MP

for Papineau he would like to address the housing crisis in the area, which is resulting in the eviction and displacement of many residents.

"The issues that I would address in Papineau is lack of access to housing," he stated, adding that the current situation makes it so "most low-income families can't find adequate lodging."

"As a federal MP, I would have the power to ask Ottawa to unblock funds to help build more affordable housing," said Rivera, adding that he would work in conjunction with municipal and provincial governments to help the most vulnerable in Park Ex.

"I am ready to support this issue because people need a better quality of life," he added.

Inflation and the housing market

As for the next-door circumscription of Saint-Leonard-Saint-Michel, it is Montreal-born businessman Louis Ialenti who will be taking up the conservative party candidacy.

Ialenti added that issues like the housing crisis could be addressed through Conservative-style economic policy. He explained that problems such as inflation negatively affect peoples' ability to move from being renters to home-buyers.

"I see when fiscal and economic issues aren't managed correctly, its people like my mother, like my father, like new immigrants who suffer the most," said Ialenti, adding that small changes in mortgage interest rates impede the social mobility of newly arrived Canadians.

"There's a lot the federal government can do to turn renters into homeowners," said Ialenti.

Federal election widely expected

As of now, the federal government has yet to call an election but most people across the country are expecting one in the early autumn.

According to several political analysts, many in Ottawa political circles are expecting an election to be called on either Aug. or Aug. 15, with a presumed election date in mid to late September.

As per the Canada Elections Act, campaigns must last between 36 and 50 days. Unofficial campaigning has begun, with federal party leaders already touring the country and meeting electors.

Canadians can expect an election on either Tuesday, Sept. 13 or Sept. 20.



\$295,500

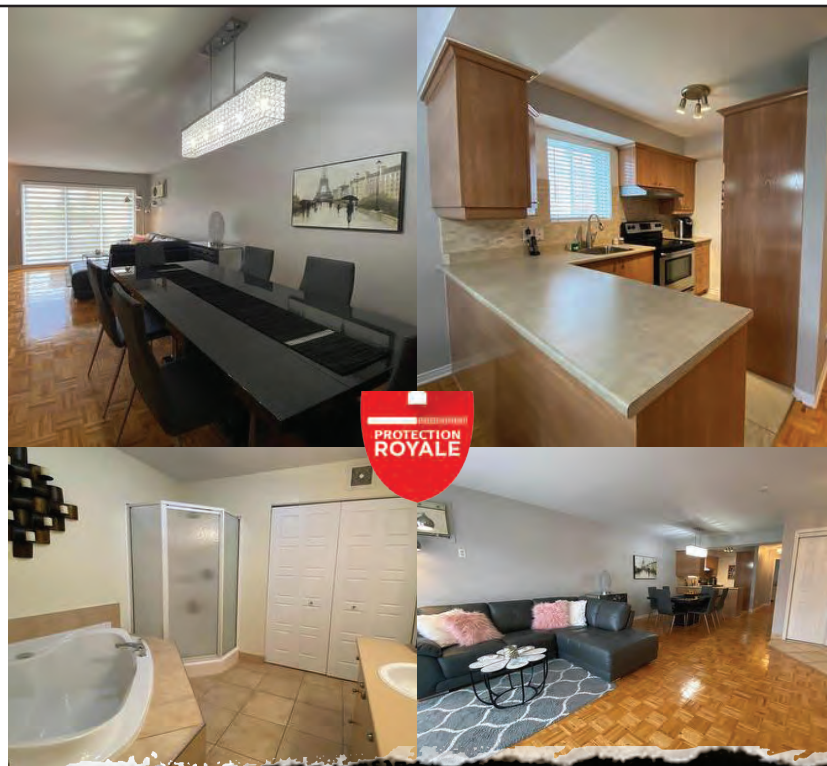
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If you are having difficulty controlling your aggression, anger or emotions in your couple relationship, know that resources are available to help.

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Québec 

Park-Extension youth organizations to receive grant for children's activities

JOE BONGIORNO
LOCAL JOURNALISM INITIATIVE REPORTER

The borough of Villeray—Saint-Michel—Park-Extension announced a grant totalling \$42,187 to Park-Extension Youth Organization (PEYO), Centre communautaire Jeunesse-Unie de Parc-Extension, and Loisirs du Parc for 2021 and 2022. The funds will be used for creating and expanding activities that improve children's physical and mental well-being.

"I'm pleased to be able to offer extra funding for community groups that are working with kids," said Park-Extension Mayor Giuliana Fumagalli. "What it shows is that we've managed to budget efficiently. We had a surplus. We did some belt tightening ourselves, and we think that these activities with our local community partners are great ways to pass along these savings."

According to Fumagalli, keeping children active this summer is all the more critical after an extended lockdown. "Definitely these kids need to be going out and engaging in activities that are positive, and at the end of the day, they build community," she said.

"Kids need to get out of the house and see each other in real life and not on Zoom. [...] We can never underestimate the power of sports and being together."

Healthy, active, on the right track

\$17,549 will be accorded to Loisirs du Parc where the funds will be used to create a sports activity program that includes basketball, badminton, boxing, and dance among other sports. Individualized support will be provided to at-risk children between ten and 17 years of age.

According to a Statistics Canada report by Warren Clark, children who play sports learn teamwork, leadership, problem-solving, decision-making, and communication skills while at the same time channelling competitive and aggressive energy into socially beneficial ways that promote physical fitness.

"We will use sports to create some kind of [mentorship]," said Nelson Osse, director of Loisirs du Parc. "We'll get the older kids to mentor the younger kids."

Osse credits sport and community programs for the reduction of gang activity in the neighbourhood and keeping kids occupied in activities that are positive and constructive. Engaging in sport may also have the effect of decreasing school dropout rates. Offering inexpensive programs is crucial in a neighbourhood like Park-Extension where parents often cannot

afford the full price of sport activities for their children, said Osse.

"Without the support of the city there's no way we'd be able to do this," said Osse.

Therapeutic tunes

Park-Extension Youth Organization will use their \$12,638 grant to hire a music therapist. The new addition to the staff will join the drama and art therapists in working with children in local parks to express their feelings, explained Jo-An Jetté, general director of PEYO.

Prior to the pandemic, the project provided a medium for children—many of whom are recent immigrants to Canada—to express themselves. Via drama and drawings, the participating kids express their feelings about challenges including integrating into Quebec society, acclimatizing to winter, getting used to new schools, and making new friends.

But now the activities have a "COVID twist," said Jetté.

"We really just [want] to have the kids express what they went through during the COVID, lockdown, the concerns that they might have for their well-being, for their families' well-being, how they missed their friends, [and] how they missed doing their normal activities."

Mental health, female leadership, nutrition

Richard Vachon, director of Centre communautaire Jeunesse-Unie de Parc-Extension, said that their \$12,000 grant will be used for activities that develop leadership skills in young girls as well as 14 workshops on preparing inexpensive, healthy meals. In addition, the centre will also provide 15 30-minute long activities that help the youth develop concrete tools for reducing anxiety and improving a sense of well-being.

Funding challenges

However, despite grants, some community organizations face the growing challenge of securing funding for current and future projects. Vachon believes that more funds are necessary to meet community needs. "Even if Park-Extension is an area that is not at all affluent, [Park-Extension community organizations in general] have lost about \$350,000 to \$400,000 in funding [...] in the past three or four years," said Vachon.

"The funds that the city of Montreal gives us—to do the same activities [as in the past]—hasn't changed since 1989. [...] "What this means is that our funds have diminished every year."

As a result, Jeunesse Unie has had to cut back on activities in recent years, said Vachon.



Centre communautaire Jeunesse-Unie de Parc-Extension. Photo: Joe Bongiorno NEWSFIRST

"We're all partners in this," said Fumagalli, who encourages community organizations to seek additional funding from provincial and federal partners. "We do what we can at the borough level with the financial resources we have. The

minute we see that we have extra money, or that there are programs that they can qualify for, we give them those sums. We actively look to make sure that they can continue fulfilling their mission."

Nouvelles
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News

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Are Glyphosate products harmful to you?

◀ Continued from page 2

“Bayer’s decision to end U.S. residential sale of Roundup is a historic victory for public health and the environment,” Center for Food Safety executive director Andrew Kimbrell said in a statement. “As agricultural, large-scale use of this toxic pesticide continues, our farmworkers remain at risk. It’s time for EPA to act and ban

glyphosate for all uses.”

While the U.S. Environmental Protection Agency (EPA) under former President Donald Trump ruled that the chemical did not pose any risk to human health, the Biden Administration later admitted that the review was flawed and needed to be redone.

Bayer’s decision comes in response to the many lawsuits related to glyphosate that it

inherited when it acquired Monsanto in 2018. Juries sided with the plaintiffs in three highly-watched trials before Bayer settled around 95,000 cases in 2020 to the tune of \$10 billion. That settlement, which was one of the largest in U.S. history, allowed Bayer to continue to sell Roundup without any warnings. However, the company still faces further litigation, and said it decided to pull the product from residential use

in order to prevent more. More than 90 percent of recent claims come from the residential home and garden market.

“This move is being made exclusively to manage litigation risk and not because of any safety concerns,” the company said when it announced its decision.

The products will be replaced with different active ingredients beginning in 2023, following reviews by the EPA and state regulatory bodies. January 2023 was the earliest the change could reasonably be implemented, Bayer Crop Science Division president Liam Condon announced.

Health Canada allows glyphosates

Health Canada is proposing to allow three times the current limit for residue of an insecticide and a fungicide in wild blueberries sold to Canadian consumers.

It’s also proposing a seven-fold increase for a fungicide in raspberries.

Two public consultations are underway, one of which ended Tuesday. The other is ongoing until September 28.

Federal officials say there is no health risk.

Lac-Saint-Jean, Que., blueberry farmer and president of the Quebec association of blueberry producers Daniel Gobeil said he was astonished to hear about the proposals.

Producers never asked Health Canada for the increases, he said.

“On the contrary,” said Gobeil, in a French-language interview with Radio-Canada. “Our members are increasingly going organic.”

Donald Arseneault, executive director of NB Blueberries, said New Brunswick producers did not make the request either.

Arseneault also said most New Brunswick producers sell their berries to Oxford Frozen Foods, which provides producers with a list of acceptable pesticides and herbicides. He said neither of these chemicals are on that list.

Documents on the Health Canada website indicate the federal Pest Management Regulatory Agency has proposed increasing the residue limit for the fungicide metalaxyl in blueberries from three parts per million to 10 parts per million.

For the insecticide sulfoxaflor, it has proposed increasing the limit from 0.7 ppm to 2 ppm.

For raspberries, the metalaxyl limit would increase from 0.2 ppm to 1.5 ppm.

The president of the Quebec Association of Strawberry and Raspberry Producers, David Lemire, was also unaware of the proposed change.

“This is really not a request from Quebec,” he said.

“We have no interest in increasing that limit,” said Lemire, “because it could allow products that don’t meet the current standards to enter the local market.”

MIT Studies

MIT senior research scientist Stephanie Seneff and independent scientist Anthony Samsel have co-authored a series of papers conjecturing that, based on its chemical makeup, glyphosates could be responsible for increased rates of **obesity, heart disease, dementia, autism, cancer, Parkinson’s and other chronic diseases.** “Glyphosates have been in our environment now for forty years, and it’s really toxic to humans in an insidious way,” says Seneff. “Because it takes time for the toxicity to show up as damage. There’s a big gap between your initial exposure and your illness, because it slowly accumulates in your tissues. It’s really scary what it does. Glyphosates is insidiously toxic. It’s not acutely toxic.”



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5 tips for cold calling your way to a new job

While it might seem like most professional communication happens online these days, making phone calls is still an effective way to look for a job. In fact, doing so allows you to reach out directly to prospective employers and be proactive about pitching your skills and scheduling a meeting.

However, in order to make a good impression, you need to be prepared. Here are some tips to keep in mind:

1. Research the company before you call. Among other things, you should try to find the name of a supervisor in the department where you want to work.
2. If you're told that the person isn't available at the moment, ask when would be the best time to reach them rather than leave a message.
3. Prepare a clear and concise statement to introduce yourself and explain the purpose of your call. Ideally, you should rehearse your pitch a few times beforehand.
4. Be kind and respectful to the re-

ceptionist who answers your call. Remember to smile when you speak, as this will come across in the tone of your voice.

5. Take notes during the call so that you don't forget important information. Confirm that you have the right spelling for an email or the correct time and date for a meeting.

Finally, be sure to end the call by thanking the person for their time. You should also send a follow-up email to reaffirm your interest and provide a copy of your CV or portfolio.



7 jobs that are in high demand



Are you trying to decide what you want to do for a living or looking to switch career paths? Here are seven occupations with a growing number of opportunities.

1. Software developer. Design, code and manage software programs, websites and mobile applications that look great and are easy to use.
2. Financial adviser. Provide clients with advice and support that helps them manage their assets, set financial goals and reduce debt.
3. Truck driver. Ensure the safe transportation and timely delivery of goods to and from warehouses, vendors, businesses and homes.
4. Registered nurse. Administer medication, monitor vital signs and provide

other types of care for patients at a hospital or in their home.

5. Welder. Use specialized tools to create and maintain metal structures in industries such as construction, aerospace, manufacturing and mining.
6. Information security analyst. Install, test and maintain software and other digital security systems to protect an organization's computer networks.
7. Administrative assistant. Answer calls, input data and perform a variety of other clerical tasks in departments such as human resources or accounting.

To find out about specific career opportunities in your area, consult a local recruitment agency.

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In Memoriam & Obituaries

Final wishes

Maintaining the quality of life of your loved ones



Life insurance exists to protect the surviving members of your family from financial loss associated with your death. Theoretically, people who have the most to gain from taking out life insurance are those who will leave others in need when they die, such as a spouse or children.

By taking out sufficient life insurance, you can guarantee the preservation of your family's lifestyle and goals in the event of your death. The first step is to evaluate your personal situation. The best way to go about this is to establish an up-to-date financial plan that takes into account your family's needs. The goal is to calculate the immediate living expenses that must be met so that your family will not have to deal with any financial worries in case of death.

An estimate of final expenses should also be made, especially funeral expenses, lawyer fees, as well as estate taxes —when a death occurs, the assets of the deceased are taxed before being passed on to heirs. The policy holder's debts should also be taken into consideration, such as credit card balances, a mortgage, and personal loans.

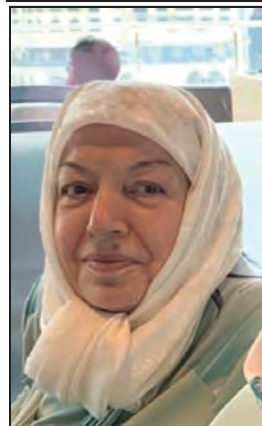
The death of a family member will have an effect on the family budget; there will, of course, be a drop in income if the deceased worked, but this might be balanced by a reduction in certain expenses, such as groceries, clothing, and transportation. In short, a sufficient amount has to be planned for so that beneficiaries will be able to maintain the lifestyle they are used to.

Adequate life insurance can prepare you and your family for the unexpected.



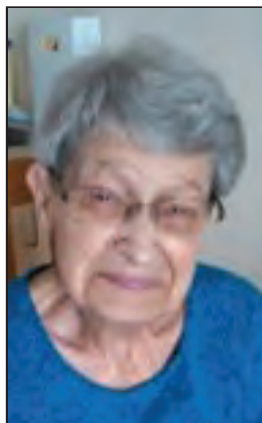
Beloche, Emery
1932 - 2021

In Verdun, on July 13, 2021, at the age of 88, passed away Mr. Emery Beloeche. He is survived by his daughter Louise (Claude), his son Jean (Sandra), his grandchildren, his great-grandchildren -children, as well as relatives and friends.



Bdeir Mahayri, Mouna
1943-2021

It is with heavy hearts that we announce the peaceful passing of Mouna Bdeir, beloved wife of Nizar Mahayri, on July 15, 2021 surrounded by her family. Mouna will be dearly missed and lovingly remembered by her husband Nizar, her children Diya, Basma (Ahmad Tamsah), Zeina (Mohammed Al-Sheikhah) and Amjad (Raghad Alnouri), her adoring grandchildren Hazar, Bilal, Yaman, Rayan, Leen, Farah, Nizar and Sarah. As well as her siblings Bashar, Amer, Bushra, Hanan, Bariah, Iman, their kids and her late brother Hamza's kids.



Lacombe, Jeannine
1926 - 2021

In Laval, on July 17, 2021, at the age of 95, passed away Mrs. Jeannine Lacombe, wife of the late Raymond Léonard. She is survived by her children; Louise (Marc Blais), Danièle (James Browell) and her grandchildren; Marc-André, David (Frédérique), Emilie and Elise. She is also survived by her goddaughter Ghislaine as well as cousins, cousins and friends.



Zappia, Bruno
1951 - 2021

It is with deep sadness that the family announces the passing of BRUNO ZAPPIA on Tuesday, July 20, 2021 at the age of 69. He will be sadly missed by his beloved wife Angela Giurleo Zappia, his loving children Franco (Carmelisa) and Stefania (Ivano) his cherished grandchildren Layla, Giulianianna, Emma and Sebastiano as well as other relatives and friends.



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Week of **AUGUST 8 TO 14, 2021**

The luckiest signs this week:
SCORPIO, SAGITTARIUS AND CAPRICORN



ARIES

Your sense of esthetics will reach new heights as you create one masterpiece after another in your day-to-day life. Your patience will pay off for one reason or another, and you'll be able to work some magic in your relationship.



TAURUS

You might spend part of the week at home. If you have young children, you'll have a lot of responsibilities on your plate. A situation at home will require your attention. If you're single, you'll have a surprising encounter.



GEMINI

You'll have a lot of running around to do, and it could take longer than expected. Don't turn down invitations to relax and have fun from friends and family members. You need to let go. Selling your house would be quite profitable.



CANCER

You'll find solutions for financial problems, even small ones. Don't hesitate to consult friends and professionals so you can get all the facts straight. You'll receive fun-ding for a project.



LEO

You'll have a lot going on in the weeks ahead, and time will fly by. You'll put your imagination to good use. At work, a pro-ject will soon be worth its weight in gold. You might need to get some rest to better channel your energy.



VIRGO

Even though time is in short supply, your perseverance and determination will lead you across the finish line. At work, you need to enjoy what you do in order to feel like you belong. Some reflection on the matter is required.



LIBRA

Regardless of any restrictions in your area, there's bound to be an event in which you have to deal with numerous people. Your expansive imagination will allow you to create a masterpiece, much to your amazement.



SCORPIO

Time is in short supply, and you'll have no choice but to remain organized. You'll need to let go of a fair amount of stress afterward. Additionally, it's a good idea to take some time to reconnect with old friends.



SAGITTARIUS

You might want to take a little vacation before the end of the summer. Pay attention to the details involved in a long-term or work-related project. Afterward, you'll let your hair down and have some fun.



CAPRICORN

Emotions will be running high, and you might overreact. Be careful with money, as you'll be tempted to make a few impulse purchases. If you treat yourself, do so in moderation and try to be reasonable.



AQUARIUS

After a promotion, it's a good idea to buy new clothes to match your new position. You'll invest in your image for both personal and professional reasons. You want to look good in any situation.



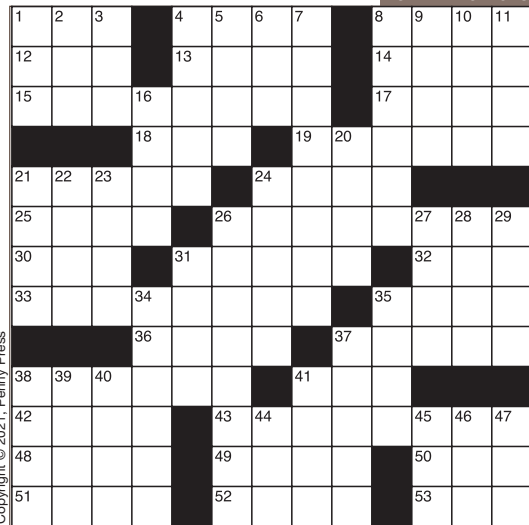
PISCES

You'll find yourself with several fires to put out. You'll be generously rewarded for your efforts though. For example, you might get an impressive promotion. Your love interest will express some form of commitment.

Coffee Break

CROSSWORDS

PUZZLE NO. 1018



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ACROSS

1. Likewise
4. Word of lament
8. Sharp hit
12. Chinese sauce
13. Not early
14. Auto for hire
15. Climbing flower
17. Give out
18. Rules to follow
19. Elegant
21. Nonsupporters
24. Aim
25. Run into
26. Conduct, as business
30. Ruin
31. Get up
32. Hem's partner
33. Decoration
35. Mediocre
36. Auto's path
37. Eye ailments
38. Piles
41. Take legal action

42. Country singer Johnny ____
43. Last
48. Feel a dull pain
49. Public brawl
50. Flight record
51. Lads
52. Evergreen plants
53. Chair support

20. Highway section
21. Bullets, e.g.
22. Far's mate
23. Gull-like bird
24. Pulverize
26. Government funds locale
27. Sailor's greeting
28. Brief follower
29. Duos
31. Berserk
34. Bows
35. Flower stalk
37. Hearts, clubs, etc.
38. Wound cover
39. Tex-Mex treat
40. Pale
41. Stash
44. Fib
45. Everything
46. Finger's opposite
47. Easter ____ hunt

DOWN

1. Beast of burden
2. Pronto!
3. Hue
4. Singing voices
5. Race units
6. Had lunch
7. Shore
8. Swipes
9. Flees
10. Pivot point
11. Compassion
16. Prepare for print

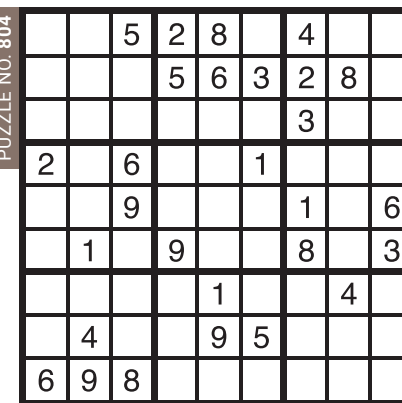
Sudoku

HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: **You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.**

PUZZLE NO. 804

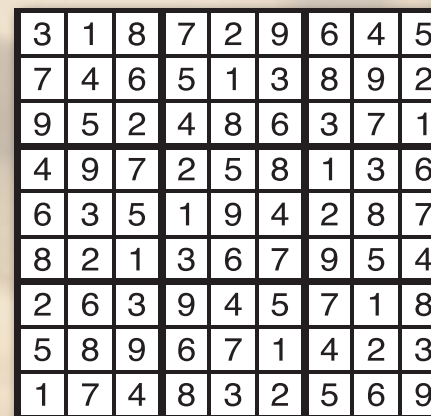


Last Issues' Answers

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Sudoku



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Place-des-Arts Metro
514 667-0077

Place Alexis Nihon
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Mont-Royal Metro
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