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Pages 8-10

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Parc crossing soon to be a reality

Pages 2-3



30km/h limit on Querbes not respected by drivers

Page 12

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Parc crossing soon to

Construction of Ogilvy/de Castelnau passage off



MATIAS BRUNET-KIRK
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After months of reassurance from both city and borough officials that it would be built, construction has officially started at the Ogilvy/de Castelnau crossing at the Parc Exo station. This comes after many citizens pressured city officials to take up the cause.

Crews first arrived on Oct. 25 and began work by dismantling old poles blocking access to the passage. Although the project aims to link Villeray with Parc-Extension via a crossing across the tracks, access will remain blocked until construction wraps up in early December.

The crossing attracted widespread anger and frustration among residents on both sides of the tracks when it was fenced off by station operator Exo in mid-May. Residents have petitioned and protested to have the passage reopened ever since.

Officially started

The contract for the crossings' construction was awarded by the city centre in early October to Salvex Inc., the sole applicant on the project, for the price of \$509,914. Many in the community later said that the price was exorbitant and unnecessary, adding that all that needed to be done was to remove the fence.

The project comprises a large-scale revamp of the crossing, much of which is located on land owned by the Canadian Pacific Railway. "The repair of approach surfaces and the installation of markings on the ground to better secure pedestrian movements when approaching the crossing," is one aspect of the project according to a statement released by the borough.

According to the same statement, safety infrastructure such as bollards and signs will

also be installed, indicating to cyclists to get off their bikes. The passage aims to open up Parc-Extension to the rest of the city, long isolated due to physical barriers like Highway 40 to the north and train tracks to the east and south.

Construction

At the site itself, workers have since taken down the previously erected fence and torn away much of the old asphalt that covered both the south end of the platform and the approach to it.

Salvex Inc. has begun work on pouring new concrete between both sides and will subsequently paint it and put up the safety infrastructure and signage stipulated in the cities requirements. Construction is estimated to last about one month, according to a statement by the borough.

The passage itself is part of the larger revitalization project for the area, namely the *Plan de développement urbain, économique et social* (PDUES) des secteurs Marconi-Alexandra, Atlantic, Beaumont et De Castelnau which includes the MIL Université de Montréal science campus.

Citizen pushback

While some have welcomed the construction of the long-awaited passage, others say it comes much too late and with a far higher cost than what was necessary. In 2019 Canadian Pacific was ordered by the Ministry of Transport to allow the City of Montreal to construct two crossings over its lines, at both Ogilvy and de l'Épée.

It has since taken two years of debate between stakeholders and city officials to get the project officially cleared and constructed.

Many residents and habitual users of the passage have taken to social media over the past months to complain of what they see as

to be reality

officially starts



Construction has officially started at the Ogilvy/de Castelnau crossing at the Parc Exo station. Photo: Borough of Villeray—Saint-Michel—Parc-Extension



The crossing is set to open to the public at the start of December 2021. Photo: Matias Brunet-Kirk - NEWSFIRST

unnecessary measures to open up the gate. “This is not a project, everything already exists, you just have to remove the fence,” wrote Alain Piccand on the Facebook group *Ouvrons la voie - Make way*.

Electoral jostling

Some claim this is an attempt to gain votes by the current city administration led by Valérie Plante. Residents were given further reason to believe that last week when Projet Montréal Borough Mayoral candidate Laurence Lavigne-Lalonde along with City Councillor candidate Geneviève Morency posted on social media about the new crossing.

“Projet Montréal is proud to announce a pedestrian and cyclist crossing, between Ogilvy and De Castelnau, which will be universally

accessible,” read a post published on candidate Geneviève Morency’s Facebook page. “One more step towards the decompartmentalization of Parc-Extension,” it continued.

But the post was met with a groundswell of pushback from community activists and residents alike, deploring what they said was a candidate appropriating a cause for political gain. “Fully predictable that they would use this for political ends,” wrote Susan Keys on the post, adding “these people take us for idiots.”

A few hours later, Morency issued corrections along with apologies to those who brought the issue up. “I would like to apologize to you since the purpose of this publication was to announce the start of the work and not to give myself credit for this long civic work behind this passage,” she wrote.

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OPINION & Editorial



THAT'S WHAT I'M THINKING

Robert Vairo



Seniors want to stay home but can't

Growing old isn't fun. How often have you heard that? In Quebec, add insult to injury, literally, because we call it 'l'âge d'or'. The golden age. Really? What is golden about it? Oh, I guess they mean retirement, not having to work every day, reaping the benefits of your investments, company and government pensions.

But that is not everyone's situation, because depending on the province, many only have their OAS (Old Age Security) and a government pension. No RRSPs much less TFSAs (Tax Free Savings Accounts) to add, and scarce returns, if any, on real estate investments, stock market, savings accounts, none of which took place during their life-time.

Here is the saddest part. All statistics are not available, but we can say that Canada leads in or has one of the highest majority of its citizens who die in hospitals, 61.5%. That compares to England at 51%, 31% for the Netherlands, and, unbelievably only 20% in the United States (perhaps because of the high cost of U.S. hospital stay). That is not our wish. 87% of us do not want to die in a hospital, but in our home. Sadly, only 20% of Canadians do die where they reside. Because such a large majority of us take our last breath in a hospital, we spend more on "end-of-life care and medication than other high-income countries." What's wrong?

For starters, we are not getting anywhere near full value for our investment in Health Care in Canada. Don't blame our caring health workers. We should be reducing suffering, and improving quality of life through Palliative Care. The C.D. Howe Institute has released a most enlightening study. It states the reason for these high medical costs is an insufficient number of palliative care beds, where we could substantially reduce costs avoiding sending the patient to a hospital's acute care unit, and most often die in the hospital.

Palliative does not necessarily mean it is for those whose death is imminent, but often includes curative intent, recovering from serious illness and requiring assistance in relieving suffering.

If that is missing in the chain of our public health system, the end-of-life costs in acute care are going to be exorbitant, and they are. Authors Kieran Quinn, Sarina Isenberg and James Downar, (palliative care administrators) point out that because we spend so much more on costly acute care in our hospitals, we are not getting a good bang for our buck, not even close. Solution? The authors say this. "A major avenue

to cost saving is greater use of palliative care, rather than more costly acute care, in end-of-life treatment. Palliative care primarily focuses on improving comfort and quality of life, often avoiding hospital-based, invasive, costly and potentially inappropriate care".

The C.D. Howe report also includes the fact Canada has even fewer hospice beds where patients receive end-of-life care. An increase would free costly hospital beds and provide patients with the appropriate end-of-life care.

Please excuse the bluntness of these statistics on such a sensitive topic, but the facts are these. It costs 36 thousand dollars to die in a hospital versus 16 thousand to die at home. But the cost is not the issue, at least not the intent of this column. It's the patient's comfort, and home life, that are important rather than "invasive, often inappropriate acute care" in a facility. All the more reason to want to stay at home.

"Dad, the Dutch have attitude" my daughter once told me, and they do. The latest example from the Netherlands is the realization that "the greatest potential for improving the lives of the elderly lies in technology built for the young". The home of an 87-year-old Dutch near the city of Rotterdam has been transformed into a cyber house, by his sons and daughters.

Rather than have health workers watch over him in a long-term facility, Dolf Honée is at home 'watched' when he gets up, walks around, makes breakfast, turns the range on and off, shaves, perhaps stumbles, and leaves the house. A smart stove switches itself off if it detects a fire hazard, and smart pipes turn off a tap left running. When the doorbell rings, his smart watch tells him who has arrived.

A tech company called Sensara has an app that pings on the kids' phones if anything goes wrong or seems out of place. What else can it do? "Sleep is monitored via a device in his ear, his fridge suggests what he might eat, and a pill dispenser can give him tailored medication," says Mr. Honée. "They're always watching me but I feel safe, and I'm where I want to be at my age. Home."

That's what I'm Thinking.

Robert Vairo

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Ombudswoman wants Quebec to create a central database for CHSLDs and retirement homes

Up to 21,000 people face an unnecessarily complicated access process, says Marie Rinfret



MARTIN C. BARRY
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A special report released last week by the Quebec Ombudswoman's office on access to provincial retirement and long-term care residences recommends the government develop by September next year a centralized data base allowing information on vacancies and available rooms to be shared across Quebec.

The report documents the reality of elderly people who are waiting for a place in a substitute environment and spells out what needs to take place immediately to correct the access process.

Complicated access

At the end of a systemic investigation into the rules and practices surrounding access, the Quebec ombudswoman made 14 recommendations to the Quebec Ministry of Health and Social Services (MSSS), under four orientations corresponding to the main findings.

"Every year in Quebec, 21,000 people who can't remain safely at home come up against a complicated access machine that is hard to understand, that involves lengthy wait times and is discouraging," said Quebec ombudsperson Marie Rinfret.

"These people, who are experiencing a crucial stage of their life, suddenly find themselves in complete disarray, uprooted and forced to move to a new environment which is often not the one they expected," she added.

The report's four orientations were as follows:

Show consideration to would-be residents

As part of the access process, various practices seen in CISSSs and CIUSSSs result in the denial of rights or needless upheaval.

- The right to choose a resource (in keeping with available resources) is regularly breached or denied would-be residents, as is the right to be adequately informed.
- Forced moves within 48 hours, in all likelihood hasty, are a recurrent source of distress.
- Cancellation of an application if a person refuses the place offered violates the

elderly person's rights.

- Frequent and extended recourse to temporary placement causes a form of homelessness at the end of life.

Standardize practices Quebec-wide

- Because the access mechanism is not standard, there are sizable disparities from one region to another regarding the access process itself and average wait times. In addition to yielding a misleading portrait of access, the lack of uniform practices creates inequalities between regions.

Review application prioritization

- Elderly people's social and emotional needs are scarcely considered in prioritizing applications. This means that it may be difficult for informal caregivers to help residents, spouses may end up at different residential resources, or significant persons may live far away.
- The network's limited resources and the imperatives of the hospital-care system have created a fast track to placement – hospitalization. The upshot is that people at home wait longer for a place in a residential resource.

Produce an exhaustive portrait

- The MSSS's management of access data is inefficient: some data are not collated the same way by different institutions, other data are ignored or made inaccessible, while some are only partly distributed.

In her report's recommendations, Rinfret also said the provincial government should develop by March 31 2022 all the resources necessary to process the centralized data on vacancies at the establishments, especially with regards to admission processes, temporary users and interterritorial requests.

She said the ministry should implement, no later than Sept. 1 2022, a single and centralized system for assigning, managing and sharing relevant data throughout the MSSS and all its retirement, long-term care and other public housing establishments.



At a time when Quebec is poised to overhaul residential resources for the elderly, the entire focus must be on the response to the issues raised in this report,' said Rinfret.

Wants recommendations followed

As well, she said the health and social services ministry should be able to verify by Dec. 31 next year that all the establishments are using

the new system to centralize and coordinate all of their data.

Finally, Rinfret's office asks the MSSS to provide, no later than Dec. 10 this year, a work plan indicating the actions to be taken and the schedule that will be followed for the implementation of each of her recommendations.

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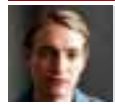
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Les limites n'arrêtent pas la vitesse

Les excès de vitesse sur Querbes frustrant encore les résidents



MATIAS BRUNET-KIRK
matias@newsfirst.ca

En regardant par sa fenêtre, Hilary Bergen, résidente de l'avenue Querbes, voit l'indicateur de vitesse devant chez elle clignoter au rouge. Une autre voiture passe à toute allure, dépassant encore une fois la limite de vitesse indiquée de 30 km/h.

Mme Bergen vit sur la rue avec son mari et sa fillette de deux ans depuis maintenant trois ans et affirme que ce problème ne s'est toujours pas amélioré. Le tronçon en question se situe entre les rues Beaumont et Ogilvy, suscitant beaucoup de demandes à l'arrondissement et à la police de rendre le secteur plus sécuritaire pour les résidents.

« Notre rue fait vraiment très peur, considérant la vitesse auxquels les gens roulent », a déclaré Mme Bergen, expliquant qu'elle ne se sent pas en sécurité lorsqu'elle marche avec sa fille au parc ou la reconduit à sa garderie sur Beaumont.

« C'est une zone à 30km/h, mais les gens circulent sur Querbes à 50, 60 mêmes 70 kilomètres à l'heure parfois », déplore la résidente, ajoutant que le problème s'est aggravé depuis le début de la construction du parc Dickie-Moore à l'angle de Beaumont et de L'Épée.

Changement en 2019

La limite de vitesse sur Querbes est passée de 50km/h à 30km/h en janvier 2019 après que l'arrondissement ait décidé de les réduire sur les rues résidentielles. De nombreux résidents ont



soulever le problème des flagrants et dangereux excès de vitesse à travers le quartier.

« Nous améliorerons la sécurité des piétons et des cyclistes en plus d'œuvrer à réduire le nombre d'accidents graves et mortels dans nos rues, en cohérence avec l'approche Vision Zéro », avait alors déclaré la Mairesse Giuliana Fumagalli.

L'arrondissement s'est basé sur des chiffres publiés par l'Organisation mondiale de la santé indiquant que les piétons avaient 90 %

de chances de survie en cas de collision à 30 km/h, alors que ce chiffre tombait à seulement 20 % lorsque la vitesse était de 50 km/h.

Dangereux pour les enfants

« Il y a beaucoup d'enfants qui vivent sur la rue et nous aimons faire des amis et jouer avec les autres enfants », a déclaré Mme Bergen, indiquant que sa famille essayait de profiter le plus possible des parcs du quartier.

Mais elle estime que la rue est encore trop

dangereuse pour beaucoup de ceux qui y vivent. « C'est super dangereux pour tous les enfants du quartier », a déclaré Bergen, ajoutant aussi que son chat a été tué dans une collision récente.

Selon la résidente, les conducteurs se comportent agressivement et lui font même des gestes obscènes lorsqu'elle leur fait signe

C'est super dangereux pour tous les enfants du quartier.

de ralentir. Selon elle, beaucoup des voitures qui empruntent la rue sont des véhicules qui transitent de l'Avenue du Parc à la Ville de Mont-Royal ou à d'autres banlieues.

Une vitesse bien supérieure aux niveaux acceptables

Béatrice Calmel est une autre résidente de l'avenue Querbes et revendique le dossier depuis plus de 8 ans maintenant, formulant des plaintes auprès de la ville et du SPVM. « Malgré les plaintes continues des résidents, rien de plus n'a été fait. », déplore Calmel.

« Suite à mes questions au conseil d'arrondissement de juin dernier, une lettre du commandant Jean-Sébastien Marcotte le 8 juin 2021, ce dernier ne relève aucun problème et ferme le dossier », a-t-elle ajouté. Depuis qu'elle a déposé une plainte officielle auprès de l'ombudsman de Montréal à l'automne 2020, elle affirme que le problème est encore plus apparent.



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De nombreux résidents affirment le problème s'est aggravé depuis le début de la construction du parc Dickie-Moore à l'angle de Beaumont et de L'Épée.
Photo : Matias Brunet-Kirk - NEWSFIRST

« Je vous confirme qu'il a été observé en août 2021 à partir des données recueillies par l'analyseur de vitesse, un V85 de 48,61 km/h pour la direction sud et de 52,90 km/h pour la direction nord, sur l'avenue Querbes », a indiqué Anouk Violette, conseillère auprès de l'Obudsman de Montréal.

Le V85 est une mesure utilisée par la ville pour déterminer s'il existe un problème de vitesse dans une zone donnée. Les moyennes relevées sur Querbes sont largement supérieures au niveau acceptable de 40 km/h ou moins.

Prolongement de la piste cyclable

Bien que la ville ait ajouté deux nouveaux détecteurs de vitesse et ont aussi augmenté la présence policière, les résidents affirment que le problème d'excès de vitesse sur la rue est toujours aussi présent.

« Il est désormais évident que l'installation de panneaux indiquant une vitesse maximale de 30 km/h, de radars et de contraventions par la police ne suffit pas à ralentir la circulation dans le tronçon sud de l'avenue Querbes », a indiqué Giuliana Fumagalli, Mairesse de l'arrondissement.

« La chose la plus importante que nous puissions faire pour ralentir la circulation dans cette rue est de la rétrécir en prolongeant la piste cyclable de Querbes jusqu'à Beaumont », a-t-elle ajouté, précisant que si elle était réélue, elle veillerait à ce qu'elle soit achevée et reliée au passage à niveau prévu à l'extrémité sud de

la rue de L'Épée, au niveau des voies ferrées. Il s'agit aussi d'une promesse électorale d'Ensemble Montréal.

« Nous avons constaté une réduction de la vitesse lorsque la piste cyclable au nord d'Ogilvy a été ouverte. En plus d'être beaucoup plus sécuritaires pour les cyclistes de tous âges, nous n'avons pas perdu de places de stationnement », a-t-elle expliqué.

Soutien des citoyens

L'ajout de la piste cyclable sur le tronçon nord de Querbes en 2015 combinée avec la réduction de la limite de vitesse a aussi coïncidé avec une réduction significative des collisions automobiles sur la rue.

Selon les données de la ville, le nombre de collisions sur Querbes est passé de 17 en 2018 à seulement 6 en 2019. De nombreux résidents estiment qu'une combinaison similaire d'infrastructures sur leur section de rue serait aussi utile.

« Définitivement, la piste cyclable devrait être prolongée, mais je crois aussi qu'il en faut encore plus », a déclaré Bergen, ajoutant qu'elle aimerait voir plus de mesures d'atténuation de la vitesse comme des dos d'âne et de la signalisation claire.

« Nous en sommes à ce point de frustration, où nous avons vraiment l'impression que rien ne se fait ici », a-t-elle conclu, ajoutant qu'elle souhaitait voir les politiciens prendre davantage de mesures à ce sujet.

Proxénétisme et agressions sexuelles

Le SPVM recherche des victimes potentielles de Denzel Edmond

Les enquêteurs de la Section exploitation sexuelle du Service de police de la Ville de Montréal (SPVM) cherchent à identifier des victimes potentielles de Denzel Edmond, 22 ans.



Il s'agit d'un homme à la peau noire, mesurant environ 180 cm et qui pèse environ 75 kg. Il a les cheveux courts noirs et les yeux bruns. Dans l'optique de leurrer ses victimes, il aurait créé différents profils sur l'application Snapchat, notamment « Baequeen_store », « QueenXXX », « Stara Olivier », « Mia Andres », « Daddy Matt » et « Pegasus production ».

Denzel Edmond a comparu le 24 septembre dernier au palais de justice de Montréal, pour répondre de plusieurs chefs d'accusation, dont

proxénétisme, agression sexuelle, leurre et possession de pornographie juvénile. Puisque plusieurs victimes ont été identifiées, la structure de gestion des enquêtes sur les crimes en série (GECS), coordonnée par la Sûreté du Québec, a été déployée. Il s'agit d'une structure de commandement unifié au sein de laquelle les services de police québécois travaillent en partenariat afin d'identifier rapidement les crimes commis par des prédateurs et de procéder à leur arrestation. Cette coordination provinciale permet donc une mise en commun des ressources policières et vise à mieux protéger les victimes.

Toute personne qui aurait été victime de cet homme ou qui aurait des informations à transmettre est invitée à se rendre à son poste de quartier, à communiquer, de façon anonyme et confidentielle, avec Info-Crime Montréal au 514 393-1133 ou via le formulaire de signalement disponible sur le site infocrimemontreal.ca

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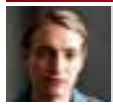
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Municipal elections:

A guide to local political platforms



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Saturday and Sunday, voters across the island will be going to the polls to vote for their new municipal government. This includes the Mayor of Montreal, the borough level Mayor and various city councillors.

Occurring every four years, residents of Parc-Extension can vote for politicians that will represent them both on a borough and municipal level, deciding and voting on initiatives from parking to bike lanes, from taxes to social housing.

With over 1.1 million eligible voters across the island of Montreal, the average turnout at municipal elections rarely goes above 50 percent. In the 2017 election, electoral turnout came in at only 42.5 percent, with Parc-Extension coming out even lower at 40.4 percent.

Platform breakdown

Many attribute this lack of interest in municipal politics to a general misunderstanding of what municipal governments do and how they shape our city. This article will break down some of the most important ideas being brought forth by borough-level candidates.

The election in Parc-Extension will be decided between four parties. Incumbent Borough Mayor Giuliana Fumagalli will be running for her newly formed party Quartiers Montréal, alongside Leonora Indira King for city councillor. For Ensemble Montréal, Guillaume Lavoie is running with incumbent City Councillor Mary Deros.

For Projet Montréal, Laurence Lavigne Lalonde will be on the ballot with her colleague Genviève Morency running for City Councillor. Lastly, Julien Kakpovi is running with Mouvement Montréal alongside Mohammad Yousuf.

Housing

In their local platform, Projet Montréal promises to continue funding social housing in the borough, assuring they will see both the Plaza Hutchison and the *Hôpital Chinois* projects to completion. They also promise to change licensing and zoning regulations to “counter real estate flips and renovations.”

Local party Quartier Montréal wants to work

similarly at protecting rental properties by using zoning bylaws and fostering the “development of social and community housing initiated by the community.” The platform also outlines the development of strategies to address the loss of density due to demographic changes. “To strictly apply regulation respecting the salubrity, maintenance, and safety of housing,” the platform also read.

Ensemble Montréal wants to “encourage the presence of families in VSP by authorizing the transformation of duplexes into single-family/multigenerational homes.” They also include the construction of social housing projects in their program but also stipulate they would shorten the deadlines when granting building permits and promote soft density by increasing the number of floors.

While Mouvement Montréal does not have a borough-specific platform for VSP, more generally they want to grow social housing by 24,000 units across the city and to install an obligatory rent registry to stabilize prices. This would also include a gradual budget increase for housing from 2% now to 11.9% in 2025.

Transport

Mouvement Montréal said they want to make public transportation free for people 25 years and younger and for seniors 65 and older by 2025. The party also wants to extend adapted transport to midnight and ensure all stations and busses are universally accessible by 2028.

On transport, Ensemble Montréal wants to extend the bike path on Querbes to the future crossing at de l'Épée, while increasing the number of bike lanes and bike racks throughout the borough. They also want to bring down the speed limit to 40km/h on de l'Acadie while completely overhauling the street and also explore the possibility of allowing parking on private lots outside business hours.

Quartiers Montréal also wants to extend the Querbes bike lane, as well as improve the supply of public and shared transport. The party also stipulated they wanted to secure dangerous intersections and alleyways and implement eco-tax and social pricing measures for transportation. They would also reform parking supply to ensure those who need spots can get them.

Projet Montréal stated they want to complete both the Ogilvy and de l'Épée railroad crossings, as well as completing the bike path network in



The election will be held on Nov. 6 and Nov. 7 at a number of polling stations across the borough.

the borough. If elected, they also promise to revisit the traffic mitigation plan, particularly around Highway 40.

Environment

On environment, Quartiers Montréal wants to “increase the greening and demineralization of streets and the public domain to decrease heat islands,” adding that they would increase the number of trees and parc ratios for new construction. The platform also includes a position on growing urban self-sufficiency by promoting collective gardens and urban agriculture.

Projet Montréal also wishes to make the area more green by developing a greening plan and increasing the area of urban agriculture in the borough by at least 10%. They also wish green more laneways and make it easier for citizens to do it themselves.

Mouvement Montréal hopes to tackle environmental issues by aligning city carbon neutrality targets with provincial and federal objectives. Local candidate Mohammad Yousuf also said his party would create more green space and return garbage and recycling pick up to two days a week.

Ensemble Montréal has also promised to green the borough while also encouraging urban agriculture and green lanes. The team also wishes to

make Parc-Extension cleaner by providing more garbage and compost bins as well as forming a cleanliness squad.

Business and commerce

On the economic relaunch, Ensemble Montréal states it wants to bet on entrepreneurial spirit focused on innovation. The party says it would cut red tape and simplify processes for local business owners, for example allowing installations on the street as long as they respect “elementary rules of harmonious cohabitation.” They would also encourage festivals and events to take place in the borough.

Projet Montréal wishes to work similarly at the borough level by working in collaboration with business owners across the area to establish business associations in specific areas, much like the new *SDC du Petit Maghreb*. They also wish to study the possibility of starting a commercial fair on Saint-Roch during the summer.

Quartiers Montréal wants to create a commercial innovation fund for small and medium-sized businesses in gentrifying areas, as mentioned in their “complete living environments” section of their platform. This would “help them adapt to changing demographics and help them stay in their neighbourhoods.”

For Mouvement Montréal, their central platform stipulates they wish to name Montreal a



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ELECTIONS COUNTDOWN

NOVEMBER 7, 2021



Photo: Matias Brunet-Kirk - NEWSFIRST

city-state in order to retain more money in the area. They would also reduce the time it takes for small businesses to receive licenses and further work with the provincial government to create special economic conditions for small, low-income businesses.

CANDIDATES FOR BOROUGH MAYOR



Giuliana Fumagalli

Quartiers Montréal



Guillaume Lavoie

Ensemble Montréal



Laurence Lavigne Lalonde

Projet Montréal



Julien Kakpovi

Mouvement Montréal

Election Nov. 7

It is important to note this list is by no means an exhaustive list of party positions. The different political parties have a wide range of proposed policies that were not included in this article

due to space constraints. Platforms are publicly available on each party's website.

The election will be held on Nov. 6 and Nov. 7 at a number of polling stations across the borough. More information is available at <https://elections.montreal.ca/en/>.

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PARC-EXTENSION

Adresse du local : 752 Liège Ouest, coin Champagneur, Montréal
Le téléphone : 514-495-7645

Jonathan Cohen, agent officiel d'Ensemble Montréal - Équipe Denis Coderre

November 11 Remembrance DAY

Honouring our nation's heroes



3 ways to support Canada's veterans year-round

On Remembrance Day, Canadians across the country commemorate the brave men and women who died in the line of duty as well as those who currently serve in the armed forces. However, your recognition doesn't have to be limited to November 11. Here are three ways you can support Canadian veterans year-round.

1. DONATE TO A REPUTABLE CHARITY

There are a number of charities, including the Poppy Fund, VETS Canada and Wounded Warriors Canada, doing critical work to empower and support veterans from coast to coast. Donating even a

small amount to a reputable organization can help improve the circumstances of those who risked their lives for their country.

2. VOLUNTEER AT A ROYAL CANADIAN LEGION

There are more than 1,300 Legion branches across the country. As Canada's largest veteran service organization, the Royal Canadian Legion (RCL) offers outreach and assistance programs for veterans and their families as well as community services and support. Volunteering at your local Legion branch is a great way to make a real difference in the lives of those who served.

3. VISIT A VETERAN IN YOUR COMMUNITY

Veteran Affairs Canada (VAC), in collaboration with the RCL, runs an initiative that facilitates face-to-face visits with veterans in retirement and long-term care facilities. These visits provide social interaction and a sense of community to individuals who may not otherwise receive many visitors. Spending time with a veteran can have a major impact on their life as well as your own.



This Remembrance Day, know that Canadian veterans need your help year-round, and consider taking steps to offer your support.

Let us remember those who served in the wars of yesterday and today

NOVEMBER 11

Izzy dolls: a Canadian symbol of good will

Though poppies are a powerful symbol of Remembrance Day in Canada, Izzy dolls are also becoming increasingly well known. These small, hand-knitted dolls are named after Master Corporal Mark "Izzy" Isfeld, a Canadian soldier who died while serving on a peacekeeping mission in Croatia in 1994.

On Isfeld's first peacekeeping mission, he was deeply affected by the suffering of the children he met had no toys or personal belongings, as they had to leave everything behind when they fled from dangerous situations. This gave Is-

feld's mother, Carol, the idea to create Izzy dolls so her son would have something to give the children he met while serving.

The legacy of the Izzy doll continues to bring comfort and smiles to children around the world. Over the past two decades, Canadian soldiers and health-care workers have given out more than 1.3 million dolls to children in war-torn areas and regions affected by natural disasters as a small token of goodwill and hope. The dolls are also often given to refugee children who resettle in Canada.

Today, Izzy dolls are made by volunteers across the country. If you're interested in becoming part of this effort, you can find patterns and instructions for how to make the dolls online.



Photo: www.warmuseum.ca



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World War One comes off the page

You might think the legacy of WWI hangs on by a tenuous thread — as sad as it is, there are no longer any living veterans of that war. But we have the red poppy pins, In Flanders Fields, and countless books and movies to keep the story alive and to remind us of what Canadians won and lost in the conflict of 1914-1918. Here are a few of the reads that best recount the era, with all its glory and losses.

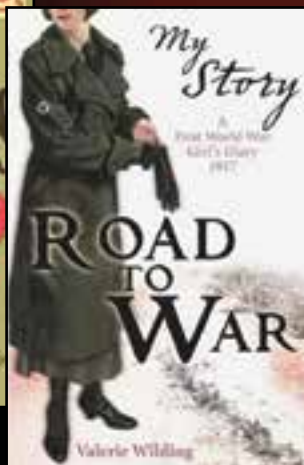
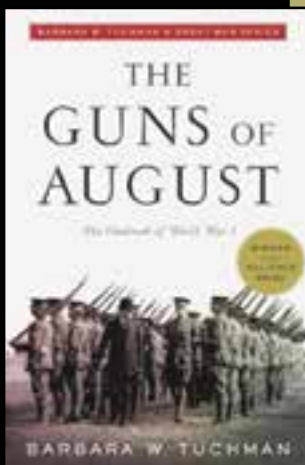
Youth fiction. The book *Road to War: A First World War Girls' Diary, 1916-1917* is a fictionalized first-person account that makes it real.

The author puts a young woman in an active role as a WWI ambulance driver on the French front.

Youth non-fiction. *The Horrible Histories Handbook: Trenches: Would You Survive World War One?* is an engaging look at the stark realities of ground warfare with great illustrations.

Non-fiction. For a Pulitzer-prize winning overview, read *The Guns of August: The Outbreak of World War I*, by Barbara W. Tuchman. For a contemporary re-examining of Canada's role in the conflict, check out military historian Gwynne Dyer's *Canada in the Great Power Game: 1914-2014*. For an interesting twist, try Canadian anthropologist Wade Davis' sweeping account of WWI and what it meant for mountaineering; it's called *Into the Silence: The Great War, Mallory, and the Conquest of Everest*.

Novels. First published in 1920, Erich Maria Remarque's *All Quiet on the Western Front* has become a classic. For the romantically inclined, *Birdsong*, by Sebastian Faulks, has been on best book lists for the last 21 years.



5 facts about Remembrance Day

On November 11, Remembrance Day ceremonies are held across the country to honour the courage of Canadians who fought to defend our way of life. Here are five facts to help you better understand this important occasion.

1. The First World War officially ended on November 11, 1918, with the signing of an armistice agreement. This occurred at precisely 11 a.m. — that is, at the 11th hour of the 11th day of the 11th month.
2. Every year, Canadians observe two minutes of silence on Remembrance Day. This is to honour the more than 2.3 million Canadians who served and the more than 118,000 who lost their lives since the start of the First World War.
3. Remembrance Day is a statutory holiday for federal government employees.

Six provinces and the three territories have also designated November 11 a statutory holiday.

4. Remembrance Day is celebrated by a number of other Commonwealth member states, including the United Kingdom and Australia, as well as other countries such as France, Belgium and Poland.

5. Canada's National Remembrance Day Ceremony is held in Ottawa at the National War Memorial. The event is presided over by the Governor General and is attended by the prime minister, veterans' organizations and the general public.

For more information about Remembrance Day, visit legion.ca/remembrance.



AN EASY WAY TO HONOUR OUR VETERANS

From the last Friday in October until November 11, Canadians are encouraged to purchase and wear a poppy. This is an easy way to show you remember those who died for their country. Additionally, donating to the Poppy Campaign directly supports Canadian veterans and their families.



Le très hon. / The Rt. Hon.
Justin P. J. Trudeau
Député / MP Papineau

Lest we forget

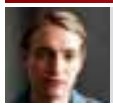
*On Remembrance Day,
Let us call to memory
those Canadians,
our war heroes
who fought and risked
their lives to preserve freedom
and peace.
Let us cherish our democracy,
pay tribute and express
our gratitude to them all.*



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30km/h limit not stopping fast drivers

Speeding cars on Querbes continues to frustrate residents



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As she looks out her window, Querbes Ave. resident Hilary Bergen sees the speed indicator flash red once again as another car speeds by, far exceeding the indicated 30 km/h limit.

Bergen has been living on the street with her husband and two-year-old daughter for three years now and says that this issue has still not gotten any better. The stretch in question is between Beaumont and Ogilvy and has several residents asking for both the borough and the police to do more to make it safe.

"It's really very scary our street because people speed so intensely," said Bergen, explaining she feels unsafe when walking her daughter to the park or her daycare on Beaumont.

"It's a 30 zone, but people go 50, 60 even sometimes 70 kilometres an hour down Querbes," deplored the resident, adding that the issue has gotten even worse since construction began on Dickie-Moore Park at the corner of Beaumont and de L'Épée.

2019 change

The speed limit on Querbes was changed from 50km/h to 30km/h in Jan. 2019 after a decision was made by the borough to lower all speed limits to 30km/h on residential streets. Many residents spoke out against egregious and unsafe speeding throughout the borough.

"We will improve the safety of pedestrians and cyclists in addition to working to reduce the number of serious and fatal accidents on our streets, in line with the *Vision Zero* approach," said Mayor Giuliana Fumagalli at the time.

The borough justified the move pointing to figures that pedestrians had a 90% chance of survival in a collision at 30km/h, while the number dropped to only 20% when the speed was 50km/h.

Dangerous for children

"There are lots of kids that live on the street and we like to make friends with the neighbours and play with the other kids," said Bergen, adding that the family tried to make the most out of the neighbourhood parks.

But she feels the street is still too dangerous for many of those who live there.

"It's super unsafe for all the children in the neighbourhood," said Bergen, "and my cat was killed."

According to the resident, drivers are aggressive and even make lewd gestures at her when she waves at them to slow down. She feels that many of the cars using the street are transitory traffic going from Parc to both the Town of Mount Royal or other suburbs.



Bergen has been living on the street with her husband and two-year-old daughter (in photo) for three years now and says that this issue has still not gotten any better. Photo: Hilary Bergen

Speed well-above acceptable levels

Béatrice Calmel is another resident of Querbes Ave. and has worked on the issue for over 8 years now, both petitioning the city and SPVM to do more. "Despite continued complaints from residents, nothing more has been done," deplored Calmel.

"Following my questions to the borough council last June, I received a letter from Commander Jean-Sébastien Marcotte on June 8, 2021, stating they didn't find any problems and closed the file," she added. But since she filed an official complaint with the city's ombudsman in the fall of 2020, she says the problem

has become even more clear.

"Using data collected by a speed analyzer in August 2021, a V85 of 48.61 km/h on the southbound direction and 52.90 km/h on the northbound direction were recorded on Querbes," read a statement by Anouk Violette, an advisor to the city's ombudsman.

A V85 is a metric used by the city to calculate whether or not there is a problem regarding speeding in a particular area. Average readings on Querbes are largely above the acceptable levels of 40 km/h or less.

Bike-path extension

Although the city has added two new speed detectors as well as a bolstering of police presence, residents say there hasn't been a substantial change to the speeding problem.

"It is now clear that putting up max. 30km/h signs, installing radar signs and having police give tickets are not enough to slow down the traffic on the southern portion of Querbes Avenue," said borough Mayor Giuliana Fumagalli.

"The most important thing we can do to slow the traffic on the street is to narrow the street by prolonging the Querbes bicycle path all the way to Beaumont" she added, saying that if re-elected she would ensure that it is completed and connected to the level crossing planned at the southern end of de L'Épée at the train tracks. This is also an electoral promise for Ensemble Montréal.

"We saw a dramatic reduction in speed when the path north of Ogilvy was opened, plus it made it much safer for cyclists of all ages and we didn't lose any parking spots," she explained.

Citizen support

The bike path on the northern stretch of Querbes was installed in 2015 and once combined with a lower speed limit, vehicle collisions went down significantly.

According to data kept by the city, the number of collisions on Querbes went from 17 in 2018 down to 6 in 2019. For many residents, they feel a similar combination of infrastructure on their end of the street would help.

"Definitely the bike lane needs to be extended, but I also think something more needs to be done," said Bergen, adding she would like to see speed attenuating measures like speed bumps and increased signage.

"We're at that point of frustration, where we're really feeling like nothing is being done here," she concluded, adding that she wanted to see public officials take more action on the matter.

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Insulation worker: a great career for the right person



Are you looking for a hands-on job that requires basic math skills and a knack for deciphering drawings? If so, becoming an insulation worker, also known as an insulator, may be right for you.

securing insulation material and installing vapour barriers.

Where do insulators work?

In most cases, insulators work for large companies on commercial, institutional and industrial construction sites. They may also be self-employed and bid on private contracts.

Insulators most often work seasonally. However, depending on the job, they may be required to work year-round.

What skills do insulators need?

Since they often work with other professionals in the construction field, insulation workers must be able to work as part of a team. They must also be physically fit, meticulous, have excellent dexterity and be comfortable in both tight and high spaces.

Before they can complete a project on a job site, insulators must have the appropriate training and documentation.

If you're interested in this profession, register for an insulation training course in your area.

What do insulators do?

These workers are responsible for installing, removing and repairing thermal and acoustic insulation on buildings and various types of mechanical equipment such as air handlers, refrigeration systems and piping equipment. This helps effectively prevent or reduce the passage of heat, cold, sound and fire.

An insulation worker's main duties include reading and interpreting engineering drawings, measuring, cutting, applying and

CVs: should you list your interests?

If you want to make your CV stand out, consider sharing your interests. Though you should highlight your work experience first, also mentioning your hobbies and passions can give potential employers a glimpse into your personality. Sharing this information can help set you apart from other applicants with similar skills.

Draw connections

It's a good idea to focus on activities that show you have talents that are relevant to the job you're applying for. For example, you might want to mention previous volunteer experience if you want to work for a non-profit organization. Similarly, stating that you've participated in team sports could be beneficial for a position that values collaboration.

Be specific

You should personalize your areas of interest beyond simple keywords to capture the

recruiter's attention. Have you travelled? If so, mention the destinations you visited. Or, if you practise traditional dance, note if you've ever won any competitions. Depending on the activity, the recruiter may learn more about your level of fitness, creativity or sense of responsibility.

If you're having trouble writing your CV, consider reaching out to an employment agency for help.



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In Memoriam & Obituaries

In loving memory



3 eco-friendly options for your funeral

Conventional burials and cremations contribute to climate change. If you want your funeral proceedings to match your environmentally conscious lifestyle, here are three green options that might be available to you.

1. AQUAMATION

This process uses water, sodium, potassium and heat to dissolve the body's soft tissues into a sterile, aqueous solution that can be safely returned to the water supply. The remaining bones can then be ground up and placed in an urn. While it's not yet legal in all places, aquamation (also referred to as alkaline hydrolysis or bio-cremation) is gaining in popularity as an environmentally friendly alternative to burials and cremations.

2. HUMUSATION

Also known as human composting, this technique is similar to traditional burials but without the toxic chemicals and wasteful caskets. Instead, the body is buried among wood chips, alfalfa and straw rich in microbes that help speed up decomposition. This process takes about a month and yields fertile soil that can be scattered in forests or gardens. For now, this option is only legal in a few select areas.



3. BIODEGRADABLE URN

A popular green burial option involves placing the deceased person's ashes in a decomposable urn. This can be made of sand and gelatine, cornstarch, recycled paper, coconut shells or other organic materials. In some cases, these burial pods can be placed beneath a sapling to help generate new life after death. Keep in mind that while the urn produces little to no pollution, this option still relies on cremation.

Speak with your family or a funeral director in your community about how you would like your remains to be handled after death.



TAYLOR Muriel
1936 - 2021

Left us peacefully to join those she loved. She is survived by her husband Claude Moses, her children Michel and her spouse Jacques, Diane, Pierre, Jocelyne and her spouse Carlos, as well as her grandchildren, many other relatives and friends.



FORNASIER Augusto
1937 - 2021

On Saturday, October 30, 2021, he passed away from the affection of his loved ones, Mr. AUGUSTO FORNASIER at the age of 84. Mr. Augusto leaves in pain his wife Luciana Rigolli Fornasier, his children Susan (Giuseppe) and Sandy (Stephane), his grandchildren Gabriel, Jordan, Tyler and Tanya, his sisters Sarina and Gianna and other relatives and friends.



TRÉPANIER Jacqueline
1956 - 2021

In Montreal, on October 4, 2021, at the age of 90, surrounded by her loved ones, passed away Mrs. Jacqueline Trépanier St-Ours, wife of the late Mr. Wilfrid St-Ours. She is survived by her children Jean-Pierre, Réal (Johanne), Carole, her grandchildren Mylène, Mathieu, François, Krystelle, her great-grandchildren; Ludovick, Cédrick, Audrée, Victoria, Simon, Maëva, Alyssa, his sister Monique Trépanier Bellemare as well as many relatives and friends.



HAZEL Normand
1953 - 2021

In Montreal, on Monday, November 1, 2021 passed away, at the age of 68, NORMAND HAZEL. Dad-cat, singer, trade unionist, social justice activist, colorful character... He is survived by his children Dave (Marie-Pier) and Jennifer (Dominic), his wife of the last years Kim Kohlhuber, his sister Henriette (Alain), as well as his family of cats including Bongo and Misty.



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Week of **NOVEMBER 7 TO 13, 2021**

The luckiest signs this week:
ARIES, TAURUS AND PISCES

♈ ARIES
You'll have the chance to expand your so-cial circle. In a professional setting, you'll form new friendships with people who are fun to be around. If you're single, love at first sight will also be possible.

♉ TAURUS
You might consider going back to school. At work, you'll be put in touch with people of various nationalities, and you'll work well together. In your love life, a getaway will give your relation-ship its second wind.

♊ GEMINI
If your new love interest has a different background, you may need to make some adjustments. Avoid moving for-ward too quickly. A more equal distri-bution of tasks at home would be greatly ap-preciated.

♋ CANCER
Your emotions will be strong and right at the surface. This will awaken the artist within you. Your high level of precision and attention to detail will prevail, and you'll have the guts to do things dif-ferently.

♌ LIBRA
At your job, you'll have to work out the details of a negotiation before you can reach a conclusion. When it comes to matters of the heart, don't worry, your soulmate is just around the corner with a marriage proposal.

♍ VIRGO
You'll get a boost in self-confidence, which will allow you to aspire to a more pres-tigious position at work. You'll need to make some effort in your social life, as you'll be asked to organize an event with your friends.

♎ LIBRA
You'll find yourself increasingly po-pu-lar. At work, people will hang on your every word and warmly ap-plaud you. At home, you may need to spend some time cleaning up, even if it's just to help clear your mind.

♏ SCORPIO
You have a lot of running around to do, either for work, for matters concerning your health or for a loved one. A debate is on the horizon; you'll have to make ac-curate and precise arguments before you impose your opinion on the person.

♐ SAGITTARIUS
You'll finally be able to offer yourself some financial guarantees for your fu-ture, which will take a huge weight off your shoulders. You could also deve-lop a more specific plan for your retirement.

♑ CAPRICORN
You'll get a decent promotion at work, or, at the very least, you'll set your sights on a specific goal you want to achieve. You'll have the opportunity to get some kind of fresh start, and many people will follow in your footsteps.

♒ AQUARIUS
You'll need to spend some time re-flec-ting before you put your words into action. If you're looking for a job, you'll gain new insight that could lead you to a wonderful career. You'll be inspired by the people who are close to you.

♓ PISCES
After a long period of stress, you need time to rest and recharge. You'll enjoy more passive activities that help you re-cu-perate. A family member will need your help dea-ling with a chaotic situation.

Coffee Break

CROSSWORDS

PUZZLE NO. 101

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15				16				17		
18				19						
		20	21					22	23	24
26	27	28				29	30	31		
32			33					34	35	
36			37		38			39		
40						41				
			42	43	44	45		46	47	48
50	51	52						53		
54				55				56		
57				58				59		

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ACROSS

- Trade
- Gator's kin
- Butter square
- Andes nation
- Hawaiian party
- Strong anger
- Skipper's command
- Opening
- Marble slice
- Valuable item
- Mr. Chaney
- Forerunner
- "The Jazz Singer" star.
- 2 wds.
- Pine
- Thick stuff
- Tough fabric
- Above, to bards
- Final notice
- Fixed
- Actress Rowlands
- Favored person

DOWN

- Reducing camps
- Satisfactory
- Locale
- Indian village
- Detergent
- Races
- Stable grains
- Heal
- Needle's kin
- Rainbow shape
- Golf peg
- Molecule part
- "___ Yeller"
- Othello, e.g.
- Fencing equipment
- Geek
- Eagerly expectant
- Ear part
- Unite
- Individual
- Coldest
- Actress Clarke
- Scarlett's abode
- Type of type
- Stunned
- Uncovered
- Source of fiber
- Be a passenger
- Capri, e.g.
- Year portions
- Society girl
- Botch
- Actress Thompson

Sudoku

HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: **You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.**

PUZZLE NO. 826

	7		4	3		9		1
		6				7		8
				2			7	
	8	7			9		1	2
	4						3	5
	6	9		7	4			
					5			
		5	8					

Last Issues' Answers

CROSSWORDS

W	A	I	T		H	E	R		L	A	S	T
A	L	L			A	P	E		E	C	H	O
Y	E	L	P		L	I	P		M	E	E	T
			E	P	O	C	H		O	D	D	S
S	A	L	S	A		R	O	N				
T	I	E		S	C	R	A	P		A	N	D
O	D	E		T	H	O	S	E		S	E	E
P	E	R		E	A	T	E	N		E	E	L
			A	L	P			E	V	A	D	E
G	L	A	D		T	R	A	D	E			
L	L	U		E	A	R		R	O	B	E	
O	R	A	L		R	I	M		G	L	O	W
B	E	S	T		S	L	Y		E	D	G	E

Sudoku

6	4	9	2	8	1	7	3	5
1	8	3	7	9	5	2	6	4
5	7	2	4	3	6	1	9	8
7	3	8	9	5	4	6	2	1
2	9	5	6	1	7	4	8	3
4	1	6	8	2	3	9	5	7
8	2	4	3	7	9	5	1	6
9	5	7	1	6	8	3	4	2
3	6	1	5	4	2	8	7	9



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