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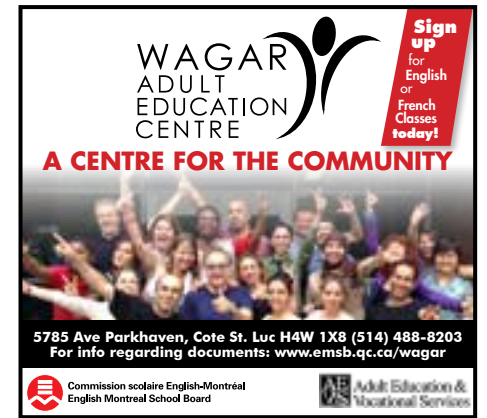
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 FREELAND**

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## International Women's Day

Minister Jean Boulet announces initiatives to promote labor market participation of women in science and technology



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The empowerment of women in fields not "traditional" for them is an issue of great importance especially in the borough of Park Extension. Traditionally being the stop for many new immigrants, Park Extension is the home for many women who don't necessarily have the opportunities or culture in the countries they come from for "non-traditional" women jobs.

So, the announcement by the Minister of Labour Mr. Jean Boulet, of measures on March 8th aimed at promoting the integration into the labor market of a larger number of women in science, technology, engineering and mathematics (STIM) fields, is a welcome event.

In order to increase the number of qualified women workers in these fields, it was decided to relax the eligibility criteria relating to expenses linked to the participation of women within the framework of the short-term training program favoring internships in the professions prioritized by the CPMT, Engineering and Information Technology component (COUD-Génie TI). This program supports businesses in need of skilled labor in the fields of engineering and information technology. It aims to train professionals by distributing or adapting certain vocational, technical or university training programs in order to meet the needs of businesses.

The proposed changes to the eligibility criteria are as follows:

- salary reimbursement increases from \$20,000 to \$25,000;
- the salary of the mentors who will accompany the candidates can be covered by the program up to a maximum of \$150/h;
- expenses related to the promotion of projects to businesses and female clients and aimed at encouraging them to participate in the program may be reimbursed up to a maximum of 10% of the actual cost of the subsidy;
- costs related to training promoting the integration of good practices in human resources for the integration of women into the labor market can be reimbursed.

The Minister noted that a call for projects targeting the various labor market partners is underway. Launched on February 8, 2022 as

part of the Global Strategy for the Promotion and Valorization of Trades and Professions, this call aims to promote the development of original means to promote STIM to women and encourage them to choose trades in these sectors, for example through real and immersive experiences. Organizations have until April 15, 2022 to participate.

The Minister is also launching two other calls for projects. The first, steered by the Conseil Emploi Métropole (CEM), aims to stimulate initiatives that encourage the graduation and pursuit of higher education for women in STIM or that facilitate their transition to the labor market, particularly for women who face difficulties. Eligible stakeholders from the greater Montreal region and other regions of Quebec can now submit their projects, which will be received and analyzed continuously until the available fund is exhausted.

The second call for projects launched was presented as part of the Future Skills agreement between the CPMT and the Center for Future Skills (FCC). Its objective is to increase the presence of women in the labor market and to support organizations in the STIM sectors in the process of inclusion. The projects sought must propose innovative ideas to promote the requalification and upgrading of women's skills and to create inclusive workplaces in these sectors. Projects can be submitted now. They will be received and analyzed continuously until the available budget is exhausted.

These three calls for projects will help women choose careers in STIM, succeed in their educational path and integrate the labor market in more inclusive environments.

"We are aware of the needs of the labor market in information technology and engineering, but also of the great potential that women represent in these booming sectors where they are under-represented. Since there are many qualified and well-paid jobs there, we are adjusting the means put in place so that a greater number of them pursue careers in STEM fields. There is no reason that these highly sought-after sectors escape women. It's up to us to act to offer them the opportunity to discover the full potential of these trades and professions! As a learning society, we do everything necessary to allow them to develop their skills and integrate in such strategic employment fields for Quebec!" said Jean Boulet, Minister of Labour.



# The three IRON LADIES of the Trudeau government Part 1

*Chrystia Freeland, the Ukrainian successor*



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As part of the ongoing of Park-Extension news tribute to International Women's Day, we present in three sequels the three iron ladies of the federal government starting with Chrystia Freeland.

Federal Finance Minister Chrystia Freeland has played a key role in persuading the United States and the European Union to exclude Russian banks from the SWIFT interbank system in order to deprive the Putin regime of part of its war budget.

Ms. Freeland is also the Deputy Prime Minister of Canada, and is increasing calls and exchanges with several of her G20 colleagues to severely punish Russia for its aggression against Ukraine.

Two weeks after the war in Ukraine, which dramatically changed the world order, Canada's response was largely shaped by these three ministers. Chrystia Freeland, Mélanie Joly and Anita Anand

Canada was one of the first countries to announce the closure of its airspace to Russian aircraft. It has also banned access to its ports on Russian ships. It was the first to ban oil imports from Russia. It is also on the list of countries that have asked the International Criminal Court to launch an investigation into allegations of war crimes allegedly committed by Russian forces.

This conflict, which has already sparked the largest wave of refugees since World War II, quickly pushed Chrystia Freeland, Mélanie Joly and Anita Anand to the forefront of the Trudeau government's biggest decisions since taking office in 2015.

Chrystia Freeland's time at Foreign Affairs, where she successfully led the negotiations to modernize the free trade agreement between Canada, the United States and Mexico, still serves her well today. She had to face a presi-



dent, Donald Trump, both unpredictable and angry, and a chaotic administration in Washington.

Within the G7 countries, the crisis management was highly praised by these three ministers. Their performance has been perceived far beyond our borders. Certainly, Chrystia Freeland is a valuable political force and is considered as such not only in Canada but all over the world.

In the eyes of some in the public service, Chrystia Freeland's leadership role in this crisis has completely surpassed that of Justin Trudeau. She actually is considered Justin Trudeau's runner-up to take control of the Liberal Party of Canada when he decides to step down. The war in Ukraine affects her personally and deeply. Both of her grandmothers were born in Ukraine. Her mother, Halyna Chomiak Freeland, a lawyer, helped write the first draft of the Ukrainian Constitution. She speaks fluent Ukrainian with her children at home in Toronto.

Before making the leap into politics, Freeland was mainly a journalist in Kyiv and Moscow after the collapse of the USSR. She was closely monitored by the KGB because of her reporting and was given the code name "Frida".

On the day of the Russian invasion, Ms. Freeland thought of speaking to about 1.4 million Canadians with Ukrainian roots like her in their own language. "Ukraine is not dead," she said

## International Woman's Day

*Removing obstacles to training and employment for women*



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Just as the Quebec government seized the opportunity of Women's International day to announce programs for women's empowerment in the labor force (see article on page 2) the federal government came up with its own package of projects on the eve of International Women's Day.



On March 7<sup>th</sup>, the Minister of Employment, Workforce Development and Disability Inclusion, Carla Qualtrough, announced 26 projects approved for funding under the Women's Employment Readiness

pilot program. These projects will test and provide foundational and transferable skills training models, such as literacy and essential skills as well as wrap-around supports to access skills training, including child care, transportation and counselling.

The pilot program funds organizations to

provide and test pre-employment and skills development supports for women who face barriers to training and employment, as well as new ways to help employers increase inclusivity in the workplace. The pilot targets racialized women and/or Indigenous women, women with disabilities, women from the LGBTQ2 community and women who have been out of work for an extended period.

The pilot program will support women facing barriers across all 13 provinces and territories. The results of the pilot will inform systemic changes to skills and employment programming, to help women across the country gain better access to skills and training opportunities.

"On the eve of International Women's Day, we can take stock of the progress that women in Canada have made, and recognize the work still ahead. I'm proud to see our government invest in organizations that are leading that vital work by helping marginalized women overcome barriers to employment. This is about empowering more women to create better lives for themselves, while also building the strong, skilled and inclusive workforce Canada needs," said Minister of Employment, Workforce Development and Disability Inclusion, Carla Qualtrough

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# THAT'S WHAT I'M THINKING

Robert Vairo



## Canada Needs a New Energy Strategy

I'm hearing a lot of whining about high energy costs from so called environmentalists. Gee I wonder why that is? Oil and gas heating bills are higher they say, as well as electricity. Gassing up at the pumps has never been this expensive. You hear them say, "if we would be all green none of this would happen." What a simplistic comment mired in ignorance. The answer is this. We need only look at Germany. In the name of "saving the planet" it recently celebrated the closing of all its coal mines, shut down its nuclear plants, and decided to rely on Russia for its heating and energy supplies. Not in Canada you say? Even though Canada can be self-sufficient in energy, we have also chosen to rely on others to stoke our furnaces and fill our tanks, like Germany and other European countries. Half of the oil (heating and gas) consumed by us in Québec and the Maritimes comes from the U.S., Saudi Arabia, United Kingdom, Azerbaijan, Nigeria and the Ivory Coast. Some refined products originating in Russia, apparently scheduled to stop. We are handing over cash to ruthless, evil, and barbaric thugs. Why? Because we have not been able to get past foreign funded enviro warriors and some Canadian natives' groups, who are fighting against Canada, to build a proper infrastructure. We have to get our landlocked resources to everyone in this country and beyond. In fact, if we had, we would be shipping liquified natural gas to Europe and supplying several countries, instead of allowing Russia to hold Europe hostage. Just last month, our environment minister Steven Guilbeault officially cancelled a natural gas pipeline through Québec, that would have taken LNG from the Saguenay port on the St Laurent River to Europe. If we had an east-west pipeline, we would not have to import, but would have plenty to export

to Europe and any other country that does not want to be held hostage by a brutal dictator. This is happening in Canada, a country with the fourth largest reserve on the globe, with an industry that produces the most ethical and environmentally responsible oil and gas in the world. Does it all make sense? Absolutely not. There are much more important issues today than an exclusive focus on climate change. We must continue to forge ahead with expediting the deployment of solar and wind energy sources. If anything, this has taught Europe, (Germany in particular) to move concretely towards green energy. In the meantime, we had better re-think how to achieve net zero emissions without fossil fuels. Anyone who thinks they can, had better prepare for an extremely expensive and painful future, the signs of which are already here. Some regions of Canada topped 200.9 on the weekend. Premium 217.9 Very simply put, Canada needs a new energy policy and strategy.

Misinformation on media has never been so apparent and is being used as a weapon of war. Watching this unfold on Russian TV and on screens in North America, there are two completely different narratives being played out. In Russia, studio news readers say the war is actually a "special military operation to demilitarize and de-Nazify Ukraine." No mention of the reckless and most dangerous bombing of a nuclear plant. And still another government TV network says that it is Ukrainian forces bombing residential areas and warehouses with ammonia, "in acts of provocation against civilians and Russian forces." Not all Russians are buying it, thankfully. There are thousands who continue to protest in the streets of Moscow, under threat of up to 15 years of jail time. Western reporters have been

forced to leave for spreading what Putin calls "misinformation."

In the West, there is a totally different story line. Some spectacular coverage by reporters with explosions in the background, interviews with mothers and children taking cover in underground shelters, bombs shaking the ground above them. Some never-before-seen footage. The fathers have been armed and are on the front lines. Reporters and their camera crews have been stationed near the war zone and at times in it, as well as on the borders where Ukrainians have fled to adjacent countries. Except for Volodymyr Zelenskyy. He is everyone's hero. "I need ammunition not a ride" is a phrase from the Ukrainian president that will last eternally.

It's really spectacular viewing, and gut wrenching to see fear and hardship from hell for these victims of a needless war, with civilians shot dead while trying to flee. Are sanctions really all we have? Why did Europe renege on its decision to supply Ukraine with jet fighters, and why has it not recognized this democracy as part of NATO?

Watching this unfold, often live, the International Criminal Court is on alert for evidence. Russia is not a member, and so even if Putin were found guilty, he would have to leave the country to be arrested. This murderous devil should be deprived of living for causing chaos, destruction, and butchery. As American senator Lindsey Graham put it, perhaps there is a "Brutus in Russia who will do us all a big favour."

That's What I'm Thinking  
Robert Vairo  
robert@newsfirst.ca



#NewsMatters:  
The National  
Assembly Report

By Raquel Fletcher

## Quebec women have borne the brunt of pandemic's consequences

Women asking for more government  
support to deal with its aftereffects

Two years ago this month, Premier François Legault declared a public health emergency, leading the province to close schools and non-essential businesses, ban visits to hospitals and long-term care homes and tell people to stay at home. It was the first of multiple circuit breaker shutdowns, which took an emotional toll on almost everyone, especially on women.

As March 8 is International Women's Day, this week's column is dedicated to bringing attention to how Quebec women, especially mothers, have borne the brunt of the consequences of both a global health crisis and public health measures put in place to curb contagion.

Women were twice as likely as men to lose their jobs as they tend to work in the tourism, food and culture sectors that were much more affected by health measures. They were also more likely to reduce their hours or quit work altogether to ensure childcare for kids learning from home or because of shortages of daycare spaces.

"For the past two years, we've seen a lot of fear,"

said Johanne Pelletier, who works at the Centre des femmes de la Basse-Ville, a women's centre in Quebec City. Since the start of the first wave, she has been accompanying women she describes as being "in distress." Women forced to balance working from home with children also at home doing online learning, women thrown into poverty no longer able to make ends meet with the rising cost of food and women cut off from their social networks have all come to the centre for help.

"These women, when they come here, they cry a lot. They feel alone. The stress is sometimes so great they have the impression things will never get better," Pelletier explained, adding many of her clients show signs of serious depression, anxiety and other mental health issues.

## Conjugal violence on the rise

And then there are women for whom stay-at-home orders and curfews have meant months of isolation with a controlling or abusive partner. Conjugal violence and other forms of violence against women is on the rise. Last year Quebec recorded the highest number of murders in a decade: 26 women were killed, most of them by current or former partners.

Calls have escalated for the government to do something to thwart this frightening trend. Last month, Public Security Minister Geneviève Guilbault announced Quebec would become the first jurisdiction in Canada to implement electronic monitoring bracelets for past offenders. Using geolocation technology, police officers are alerted if an offender comes within the bounds of an established perimeter of his victim.

## Rare moment of collaboration from MNAs

The initiative is just one put forward by a trans-partisan committee, which, thanks to the combined efforts of female MNAs from all four parties, made 190 recommendations to combat violence against women. Last November, the National Assembly also adopted Bill 92 to create specialized courts for victims of sexual assault.

In today's political climate, elected officials seem to spend most of their time criticizing their rivals. However, in this case, they've collaborated on the report and on implementing its recommendations. It marks one of the rare moments Quebecers have seen MNAs from all the parties seated side by side at press conferences.

Maintaining this common front is also one motivation for the province's committing more dollars to the cause. Last year the CAQ government was taken to task for setting aside a measly \$22.5 million over five years to fight domestic violence. Women's shelters made it loud and clear that the sum was simply not enough. Weeks later, Guilbault announced the government would increase its investment ten-fold, by \$223 million.

Community groups say more is needed in this year's budget, which will be tabled on March 22.

"If we had one more social worker, if we had more financial resources, we could do more," Pelletier said. "We always try to respond to all the needs, but sometimes we just burn out."

The aftereffects of the pandemic are still being felt. Women are asking for more support – to take care of themselves and to continue taking care of others.

# Save Ukraine Emergency fundraising campaign



**DIMITRIS ILIAS**  
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For a diverse population of the Park-Extension community the war in Ukraine hits home for many. There is an opportunity now to support the Canadian Red Cross Donate Ukraine Humanitarian Crisis Appeal. The Ukrainian community in Quebec is mobilizing and launching the Save Ukraine emergency fundraising campaign in collaboration with the Ukrainian Canadian Congress.

During this campaign, funds raised will be used to meet the immediate needs of those affected by the war in Ukraine to ensure their survival and to support their recovery. Healthcare and relief items will be provided to families and individuals in need of assistance, as well as to refugees.

"After 10 days, the war has already produced

more than one million Ukrainian refugees, according to the UN. Thus, with the help of several private and public organizations, we are launching this emergency funding campaign to unify the individual and collective efforts underway in Quebec. Quebecers of Ukrainian origin are challenging companies whose employees are mobilizing to organize fundraising events to match any amounts raised," said Gregory Bedik, spokesperson for the Save Ukraine campaign and member of the Ukrainian Canadian Congress in Quebec.

The Molotov agency spearheaded this emergency fundraising campaign which will be deployed throughout the STM transit network on Astral advertising platforms. To contribute to the Save Ukraine emergency fundraising campaign, visit [www.sauver-ukraine.ca](http://www.sauver-ukraine.ca).

Canada was the first Western country to recognize Ukraine's re-establishment of independence in 1991 and there are more than 1.4 million people of Ukrainian origin living in Canada.

## Beware of scams when donating to Ukraine

(NEWSFIRST) As the conflict in Ukraine continues displacing more 1,5 million people, many Canadians are wondering what they can do to help. While many Canadians across the country participate in support for Ukraine many communities have come together to raise funds in support of humanitarian efforts.

### Donate money over stuff

Communities across Canada have been organizing donation drives to help Ukrainians, collecting everything from medical supplies to warm clothing.



Kate Bahen, managing director of Charity Intelligence Canada, an organization that researches charities and aims to help people make informed decisions about donations, says it's best to avoid sending boxes of donations.

Any deliveries to Ukraine is a logistical nightmare, according to Bahen.

"Getting trucks and lorries and air shipments into Ukraine is just not possible at this time."

She said that most supplies aren't likely to make it to the region or end up in landfills and that people would be better off donating money directly to charities instead.

To make sure your money gets to Ukraine quickly, Bahen said it's important to donate to charities with good track records that already have people on the ground near Ukraine or that have strong connections to Ukrainian organizations.

Bahen said it's important to make sure the charity you choose will send your money "as close to Ukraine as possible, as quickly as possible."

She said many charities will keep your money for several years before sending it to people or organizations on the ground because they want to promote "long-term development," though studies have shown that aid is most effective when provided quickly.

### Charities to choose from

"Some charities are much faster and better than others and it really matters which charity you support," said Bahen, who strongly encourages people to do their research before donating money.

- Canada-Ukraine Foundation appeal. The charity is raising donations to buy food and blankets inside Kyiv to distribute. A donation today will be distributed in 7 days. Canada-Ukraine Foundation has funding reserves of \$1.6 million and hopes to raise \$5 million, with \$4 million raised to date.

- Canadian Red Cross: The Government of Canada matched (as of March 1 the match is fulfilled) donations to Canadian Red Cross's Ukraine appeal of \$10 million. Historically in

wars, Red Cross supports prisoners of war, ensuring international codes of conduct, providing letters and food parcels.

This is an everything-but-the-kitchen-sink statement – the money can go to pretty much anything over any time frame.

Ukrainian Red Cross: You can donate directly to Ukrainian Red Cross though you will NOT get a tax receipt. Its donations are processed by Swiss Red Cross. Inside Ukraine, Ukrainian Red Cross is mobilizing volunteers and resources, collecting blood and helping those affected by the conflict. Ukrainian Red Cross will visit detention centres to ensure prisoners of war have adequate food and hygiene.

Note: Each Red Cross is an independent organization, and donations are not necessarily shared between them.

-Plan International Canada's response is mobilized to support Ukrainian refugees at the borders of Poland, Moldova and Romania to provide shelter, food, water, psycho-social support, safe spaces for children and protective services for girls at risk. Plan International and other international development charities are coordinating their appeals for the Ukraine response through the Humanitarian Coalition.

-Save the Children Canada's statement: It is scaling up to distribute winter kits and hygiene kits, providing cash grants to families so they can meet basic needs like food, rent and medicine as well as support to children to overcome the mental and psychological impact of conflict.

-UNHCR's Ukraine Emergency Response: UNHCR is a UN agency that operates with a \$9.2 billion annual budget. It is mostly supported by governments rather than individual donations. UNHCR Canada is not a registered charity. But as a UN agency, support receives a tax receipt. UNHCR will handle the refugee resettlement process as it did in the Syrian war.

One can also send money directly to the Ukraine government through the National Bank of Ukraine. Kyiv Independent lists other options to help Ukraine.

### Be aware of scams

There have been several reports of scammers taking advantage of the chaos surrounding Russia's invasion of Ukraine to make quick money, using well known internet fundraising platforms.

Charity Intelligence has received reports from donors who were victims of credit card scams when trying to donate to Ukraine.

Bahen said it's important to use secure online payment platforms and to avoid giving cash to people going door to door or to people canvassing in public spaces.

# What to do before seeking medical attention during the pandemic.



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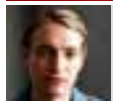
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# March Borough Council Meeting:

One step closer to new social housing in Park Ex among announcements



**MATIAS BRUNET-KIRK**  
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The borough held its regularly scheduled monthly borough council meeting last Tuesday evening, where elected officials met virtually to answer questions from citizens and vote on borough initiatives, including an announcement on new social housing in Park Ex.

Elected officials also marked International Women's Day, thanking all women for their work in their communities and underlining the long years of activism which now permitted three women to sit on the borough council.

The meeting was once again held virtually, but the Mayor indicated she was looking forward to going back in person, perhaps in April.

Present were Mayor Laurence Lavigne Lalonde and city councillors Mary Deros, Sylvain Ouellet, Josué Corvil and Martine Musau Muele, along with city employees.

## New social housing on de l'Épée

Among other decisions this week, the borough approved a permit to demolish the abandoned building at 8600 de l'Épée to make room for a social housing project.

"We are adopting the first resolution which will demolish a commercial building situated at 8600 de l'Épée to construct a building with approximately 30 social housing units aimed at families, small households and individual people," said Mayor Lavigne Lalonde.

"This is a step forward in the addition of social



**A demolition permit was granted for 8600 de l'Épée to make way for a new social housing project.**

housing in the neighbourhood," she said, adding "we know this is a strong demand among people in the neighbourhood so we have this new project that will soon be underway."

The lot had previously been a Bétonel paint store but was acquired by the borough in 2019 for \$1.8 million with the express purpose of building social housing. The project is now

headed by the local organization Brique par Brique, which has since released the architectural plans of the building, created by the firm Rayside Labossière.

## Lavigne: Solidarity with Ukraine



Amid an increasingly dire humanitarian situation in Ukraine, after a full-scale Russian inva-

sion started over 2 weeks ago, elected officials took time to voice their support and solidarity with the Ukrainian people.

"We cannot ignore the tragedy currently underway in Ukraine," said mayor Lavigne Lalonde. "We are all feeling a sense of powerlessness concerning this unjustified and reprehensible attack," she explained but added many support actions were underway across Montreal.

"Our action may be limited and symbolic but we think it is important that the borough show its solidarity by flying the Ukrainian flag," she said, adding that the borough had since hoisted it at Aréna Saint-Michel and Patro Villaray.

City councillor Mary Deros asked whether the same could be done in front of the borough office. "We have a strong Ukrainian community in Park Extension, even the reverend of the church on Bellechasse lives in Park Ex," she said.

The Mayor explained that this was not possible as there were only two masts and were not allowed to remove the flags of the City of Montreal or Québec. She did add that it would be displayed in the lobby of the building.

## Volunteer Recognition Awards

During the meeting, the Villaray-Saint-Michel-Parc-Extension borough council launched the Volunteer Recognition Awards.

The borough said the awards presented a "unique opportunity for VSP non-profit organizations to highlight the invaluable contribution of volunteers who dedicate themselves throughout the year within their organizations," according to a statement.

"The commitment of volunteers is essential, but even more appreciated after two years of the pandemic. The Recognition Awards are an opportunity to say thank you to the many volunteers in our borough," said Mayor Lavigne Lalonde.

## Eligibility

There are separate categories for each district in the borough as well as one for 13 to 17 year-olds. To be eligible, candidates must have accomplished a worthy volunteer action within an organization associated with the borough. The winners will be announced and honoured at Volunteers' Day next June.

The meeting takes place on the first Tuesday of each month and citizens can attend virtually live or by watching the posted recordings.

The next borough council meeting will be held on Tuesday, Apr. 5, 2022. Residents can tune in virtually and send in their questions to be answered by the Mayor and city councillors.



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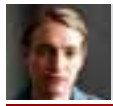
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# Séance du conseil d'arrondissement: Un pas de plus vers de nouveaux logements sociaux à Parc-Ex



**MATIAS BRUNET-KIRK**  
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Mardi soir dernier, l'arrondissement a tenu sa séance ordinaire du conseil d'arrondissement. Les élus se sont réunis virtuellement pour répondre aux questions des citoyens et voter sur des initiatives dans l'arrondissement, dont une annonce concernant de nouveaux logements sociaux à Parc-Ex.

Les élus ont également souligné la Journée internationale des droits des femmes, en remerciant toutes les femmes pour leur travail dans leur communauté et en soulignant les longues années d'activisme qui ont permis à trois femmes de siéger au conseil d'arrondissement.

La réunion s'est encore une fois tenue virtuellement, mais la mairesse a indiqué qu'elle avait hâte d'y retourner en personne potentiellement en avril.

Présents étaient la mairesse Laurence Lavigne Lalonde et les conseillers municipaux Mary Deros, Sylvain Ouellet, Josué Corvil et Martine Musau Muele, ainsi que des employés de la ville.

## Nouveaux logements sociaux sur de l'Épée

Parmi d'autres décisions prises cette semaine, l'arrondissement a approuvé un permis de démolition du bâtiment abandonné du 8600 de l'Épée pour faire place à un projet de logements sociaux.

« On adopte le premier projet de résolution qui vise à démolir un bâtiment commercial qui est situé au 8600 de l'Épée pour construire un bâtiment d'une trentaine de logements sociaux destinés aux familles, à des petits ménages et à des personnes seules », a déclaré la mairesse Lavigne Lalonde.

« C'est un pas de plus vers l'ajout de logements sociaux dans le quartier », a-t-elle dit, ajoutant « Nous savons que c'est une demande forte des gens du quartier, donc on a ce nouveau projet qui va voir le jour prochainement. »

Le terrain était auparavant un magasin de peinture Bétonel, mais a été acquis par l'arrondissement en 2019 pour 1,8 million \$ dans le but de construire des logements sociaux. Le projet est désormais piloté par l'organisme local Brique par Brique, qui a depuis publié les plans d'architecture du bâtiment, réalisés par la firme Rayside Labossière.

## Solidarité avec l'Ukraine

Dans le contexte d'une situation humanitaire de plus en plus grave en Ukraine après l'invasion russe qui a débuté il y a plus de deux semaines, les élus ont pris le temps d'exprimer leur soutien et leur solidarité avec le peuple ukrainien.

« On ne peut pas ignorer la tragédie qui se déroule actuellement en Ukraine », a déclaré la

maïresse Lavigne Lalonde. « On est tous habités par un fort sens d'impuissance face à cette attaque injustifiée et répréhensible », a-t-elle expliqué tout en ajoutant que de nombreuses actions de soutien étaient en cours à travers Montréal.

« Notre action elle est limitée et parfois symbolique, mais on trouvait que c'était important à l'arrondissement d'afficher notre solidarité par l'installation du drapeau ukrainien », a-t-elle dit, ajoutant que l'arrondissement l'avait depuis hissé à l'aréna Saint-Michel et au Centre Patro Villeray.

La conseillère municipale Mary Deros a demandé si l'on pouvait faire de même devant le bureau de l'arrondissement. « Nous avons une forte communauté ukrainienne à Parc-Extension, même le révérend de l'église sur Bellechasse demeure à Parc-Ex », a-t-elle dit.

La mairesse a expliqué que ce n'était tout de même pas possible, car il n'y avait que deux mâts et qu'il n'était pas permis de retirer les drapeaux de la ville de Montréal ou du Québec. Elle a toutefois ajouté que le drapeau serait exposé dans le hall d'entrée du bâtiment.

## Prix de reconnaissance des bénévoles

Au cours de la réunion, le conseil d'arrondissement de Villeray-Saint-Michel-Parc-Extension a lancé les Prix de reconnaissance des bénévoles.

Selon l'arrondissement, ces prix constituent une « occasion unique, pour les organismes à but non lucratif de VSP, de mettre en valeur la contribution inestimable des bénévoles qui se dévouent tout au long de l'année au sein de leur organisation », selon un communiqué.

« L'engagement des bénévoles est toujours essentiel, mais encore plus apprécié après deux ans de pandémie. Les Prix de reconnaissance, c'est une occasion de dire merci aux nombreux bénévoles de notre arrondissement. », a déclaré la mairesse.

## Admissibilité

Il existe des catégories distinctes pour chaque district de l'arrondissement ainsi qu'une catégorie pour la relève pour des 13 à 17 ans. Pour être admissibles, les candidats doivent avoir accompli une action bénévole digne de mention au sein d'un organisme partenaire de l'arrondissement.

Les lauréates et les lauréats seront annoncés et honorés lors de la Fête des bénévoles en juin prochain.

La réunion a lieu le premier mardi de chaque mois et les citoyens peuvent y assister en direct ou en différé.

La prochaine séance du conseil d'arrondissement aura lieu le mardi 5 avril 2022. Les résidents peuvent y assister virtuellement et envoyer leurs questions pour que la mairesse et les conseillers municipaux y répondent.



Un permis de démolition a été accordé au 8600 de l'Épée pour faire place à un nouveau projet de logements sociaux.

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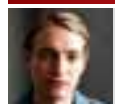
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# Barclay schoolyard to remain a green

CSSDM decides to relocate Camille-Laurin annex students to main school



**MATIAS BRUNET-KIRK**  
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After months of vocal concern by residents and parents around École Barclay on the possible relocation of students to modular classrooms in its schoolyard, the *Centre de services scolaire de Montréal* (CSSDM) decided on a different course of action.

In a letter addressed to parents and staff, the CSSDM announced on Feb. 17 that it would temporarily transfer students from Camille-Laurin annex to its main school on de l'Épée, during major renovations on the school.

The initial proposal was to relocate students to modular classrooms in the schoolyard at École Barclay, which is used by many residents as a park.

Many people spoke out against the plan, decrying the school board's lack of consultation with parents and residents, adding it would remove one of the few green spaces available in Park Extension.

## Change in proposal

In the letter, the school board indicated that major renovations were necessary at Camille-Laurin annex and would have to temporarily move approximately 300 students to another location.

"As of the next school year, the Camille-Laurin

annex school community will be relocated to temporary classrooms located on the Camille-Laurin school site at 8000 de l'Épée avenue," read the letter.

"According to the schedule, this relocation will last until the start of the 2024-2025 school year," it added, indicating students will have to move for the better part of two years.

## Upgraded school

Because the main building at École Camille-Laurin is too small to accommodate all the new students coming from the annex location, one-story modular classrooms will be set up in the schoolyard. Pictures of these classrooms were included in the CSSDMs' letter.

Renovation work will upgrade the school with new ceilings, floors and walls, as well as a completely renovated sanitary block and a better supply of fresh air. Daycare and transport services will also be moved to the new location.

"Once the work on the Camille-Laurin annex school building is completed, our community will benefit from a healthy, safe and stimulating learning environment," indicated the CSSDM.

## Lack of transparency

Although many in the neighbourhood are pleased with the new proposal, some parents and residents reiterated their disapproval of how the entire issue was dealt with.

Some said the change would not have happened had it not been for local organizing



As of the next school year, the Camille-Laurin annex school community will be relocated to temporary classrooms located on the Camille-Laurin school site at 8000 de l'Épée avenue. These students will be accommodated in modular classrooms as shown in this reference picture. Photo: CSSDM

against the initial plan to relocate students to the yard at École Barclay. An online petition against the initial plan garnered over 200 signatures.

Einrika Siguineau is a resident with children who attend École Barclay and was behind the original petition. She is also Vice-President of the Governing Board at École Barclay.

"The experience I had with the CSSDM was enlightening, it was laborious and not very transparent," said Siguineau on her interactions with the school board. "They acquiesced to our demands," she added, but also said she feels that there are still no guarantees.

## Desire for transparent consultation

Along with other parents, Siguineau indicated that they were not opposed to relocating students but wanted a transparent consultation among stakeholders to find the best solution.

"The idea was to ask them whether they had thought of other options and if they had done an analysis," explained Siguineau. "All they answered was it's either this or were closing the school," said Siguineau, deploring the schoolboards unilateral approach.

"Yes, we're very happy they listened to us this time, but this isn't finished," she added. "With the work set for William-Hingston, they could come to us next year and say they will install modular classes [in Parc-École Barclay]."

## Parc-École agreement

Although she felt the borough remained sympathetic to their cause, Siguineau pointed out the lack of power they had in this particular area given that the schoolyard at École Barclay remains CSSDM property.

The greenspace is categorized as a *Parc-école*, a space that belongs to the school board but is used and maintained as a park. The agreement between the borough and the CSSDM expired several years ago.

"At the Borough Council meeting held in November 2021, the Borough supported the beautification and renovation project for the redevelopment of the schoolyard of École Barclay," said borough spokesperson Jeanine Giffa.

"This support enabled the CSSDM to submit a request for financial assistance to the Ministry of Education and Higher Education (MEES), as part of the *Programme de soutien aux infrastructures sportives et récréatives scolaires et d'enseignement supérieur* (PSIRSSES)," she continued.

Once this financial assistance is granted by the MEES, the official ratification of this sharing agreement between the borough and the school board will be able to move forward.

The school board will hold an information session and presentation for parents and staff in the spring to answer questions on how the reorganization will take place and how students will be affected.



The initial plan to install modular classes at École Barclay was changed in favour of École Camille-Laurin. Photo: Matias Brunet-Kirk via Google Earth Pro

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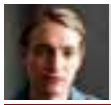


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# Living under a flight corridor

Work on airport runway will bring more flights over Park Ex



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As the weather begins to warm and people start spending more time outside, some Park Ex residents may notice a familiar, yet more regular noise in the coming months: that of jumbo jets passing overhead.

*Aéroports de Montréal* (ADM), the authority that manages the Montréal-Pierre Elliott Trudeau International Airport, recently announced that it would be closing its north runway for major repairs and construction over the coming spring and fall.

The rehabilitation project will redirect all air traffic to the south runway of the airport during repairs. This will direct the aircraft to a flight corridor that lines up directly with the north end of Park Extension between Crémazie and Jarry.

Scheduled to start on Mar. 14 the first phase will end in late June, with a second phase set to be held from Oct. 11 to Nov. 7. During these periods, the north runway will be completely closed to aircraft traffic.

## Necessary work

“In order to keep its facilities up to reliability and safety standards, the ADM must carry out certain rehabilitation work on the north runway,” read a statement provided by the airport.

According to the airport authority, work on the extremities of the runway was already completed and they would now focus on the renovation of the central part of the north track. Similar work last year had also closed the north runway.

“When the north runway is closed for work, alternative departure procedures will be used during peak periods to ensure smooth operations,” continued the statement. This will move all traffic from the northern corridor, passing above Ahuntsic-Cartierville, to the southern one over Villeray—Saint-Michel—Parc-Extension.

The airport held virtual information sessions for residents of the boroughs affected both to the east and west on Mar. 8 and 9.

## Landing aircraft

With dominant winds most often coming from the west, arriving flights often fly into the wind from the east to land at the Montreal International Airport. With the north runway closed for the better part of the spring, more arriving planes will use the southern corridor over Park Extension to land.

“Even though the borough is located far from the airport, the three districts located south of the Metropolitan, namely Park Extension, Villeray and François-Perrault, are directly aligned on the southern runway,” wrote city councillor for François-Perrault Sylvain Ouellet on Facebook.

“Planes using this runway, especially during landings, will therefore pass north of Jarry Park, above Villeray, Nicolas-Tillemont and François-Perrault parks,” he added.

Although the change may lead to more traffic, landings are generally quieter than take-offs, somewhat sparing the neighbourhood from excessive noise.

## Resident frustration

Although planes have been passing over Villeray—Saint-Michel—Parc-Extension for decades now, many residents feel frustrated



**The southern flight corridor flies directly above the north end of Park Extension, as shown by the red line.**  
Photo: Matias Brunet-Kirk via Google Earth pro

about the news saying it will make spending time outdoors less enjoyable and sleep more difficult.

“Really not good news, we already had a lot of noise from air travel. The quality of life in Montreal is less and less interesting. A hellish summer in our yards awaits us,” wrote borough resident Sylvie Rochette on Facebook.

“We saw a big difference in noise pollution in our borough when the flights stopped in 2020 and 2021. It is a hopeless situation to have an airport in the middle of the city despite all the groups that have been working on this problem for so long,” added Sophie Burelle on Facebook.

Citizen organization *Les Pollués de Montréal-Trudeau* say that quality of life and the health of citizens is negatively affected by the passage of planes at low altitude and want the federal government to do more to protect people who live around airports.

## Resumption of travel

The increase in flights will also be compounded by a resumption of regular air traffic as health restrictions related to COVID-19 are lifted internationally and people regain their enthusiasm for travel again.

President of Tripcentral.ca Richard Vanderlubbe told CBC News that bookings were now at 50 per cent of pre-pandemic levels. With the relaxation of on-arrival testing requirements, many expect demand for travel to increase even further.

According to statistics provided by the ADM, the airport recorded 36,971 aircraft movements in Dec. 2021 over only 16,953 in Dec. 2020. Pre-pandemic aircraft movements ranged between 18,000 to 22,000 take-offs and landings every month at Montreal’s airport.



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# Quebec announces measures to facilitate the arrival and reception of Ukrainians



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Quebec is trying to ease the suffering of Ukrainians displaced by the horrors of war. The announcement by the minister of Labour touches the hearts of many Park-Exers who either themselves or their progenitors fled to Canada to avoid these exact same circumstances. Mr. Jean Boulet, expressed his full support for the Ukrainian community given the seriousness of the situation and announced various measures to facilitate the reception of Ukrainians in Quebec.

## Reunification of Ukrainian families

The government will implement a special humanitarian program to support the Ukrainian community in Québec in their family reunification process. The program will allow Ukrainian nationals residing in Quebec to sponsor their extended family.

## Accelerated processing for nationals of Ukraine

The government is also committed to accelerating the processing of applications for temporary immigration, both for temporary foreign workers and for foreign students, nationals of Ukraine to facilitate their arrival in Quebec. In addition, Quebec assures its full cooperation with the federal government in the implementation of an open work permit that will be offered to Ukrainians. They will be able to participate in the Quebec labor market and benefit from certain services, such as educational childcare services, schools and access to health care.

For Ukrainians already in Quebec, the government will also provide accelerated processing of Labor Market Impact Assessment (LMIA) applications from employers, as well as priority processing of Quebec Acceptance Certificate applications in order to expedite the renewal of their work or study permit, if applicable.

The Government of Quebec has mobilized its regional network and its partners to offer reception and integration services to foreign Ukrainian nationals in all regions of Quebec. More specifically, 95 organizations undergoing integration will be able to offer them personalized support.

“Faced with the gravity of the situation, it is our duty to act to support the Ukrainian population. This is why we have mobilized our immigration network and are announcing measures to offer the best possible welcome to people from Ukraine and facilitate their arrival in Québec. I reiterate our solidarity with the Ukrainian people and the Ukrainian community in Quebec. We are with you with all our hearts!”

» said Jean Boulet, Minister of Labour. The Ministry of Immigration, de la Francisation et de l’Intégration, with its regional network and partners, will be able to offer reception and integration services to foreign Ukrainian nationals in all regions of Quebec.

# Traffic light modification



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The city of Montreal intervenes on traffic lights at the rate of 300 intersections per year including some in our neighborhoods in Park Extension. According to the city, this work is necessary to maintain and improve the infrastructure and the various functions of the traffic lights.

For the readers that wonder why must the city intervene on traffic lights, the answer is that the objective is to ensure safe travel, while encouraging sustainable mobility. Traffic in the city is constantly affected by the implementation of bicycle facilities, the implementation of priority measures for buses, and the measures taken for the improvement of comfort for vulnerable users (pedestrians, cyclists, etc.)

## How long does the work take?

Changing the traffic lights at an intersection generally takes 24 to 48 hours, depending on the scope of the work. However, these improvements rely on underground infrastructure, concrete pipes, which are used to connect the lights. If these are damaged or obsolete, underground work must be done lasting 3 to 5 weeks to replace them.

## Impacts of the works

The city of Montreal assures residents that these works have temporary impacts on traffic in the intersection area. However, it is sometimes necessary to close a lane, or even a complete direction. Traffic is then alternated, with the help of a police presence. During some tasks, sidewalks may be inaccessible, but the city promises that access to buildings near the area is maintained at all times.

In some cases bus stops located near intersections could be moved, parking could be temporarily prohibited in the area concerned and audible signals for the visually impaired could be disabled



**Changing the traffic lights at an intersection generally takes 24 to 48 hours, depending on the scope of the work.**



# CNESST awareness campaign

25 years later, pay equity is still an issue



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The Commission for Standards, Equity, Health and Safety at Work (CNESST) (The Service des loisirs et du développement de Villeray-Saint-Michel-Parc-Extension was a finalist for the Grands Prix santé et sécurité du travail organized by CNESST) is relaunching its most recent pay equity awareness campaign.

The campaign aims to make workplaces aware of what pay equity is and what it aims to correct. It helps pay equity be recognized as a societal value. For 25 years now, the Pay Equity Act, a pioneering law, contributes to reducing the wage gap between women and men. It is a factor that has made it possible to reduce the wage gap in Québec, calculated on the basis of the average hourly wage, from 15.8% when it came into force to 8.1% in 2020, i.e. one of the lowest gaps in Canada.

This approach is still relevant since, even today, in Québec, wage gaps persist between women and men. A surprising but real statistic: over the past five years, women have earned on average 10% less than their male colleagues.

"In Québec, equality between men and women is a deeply rooted value. Although the gender pay gap has narrowed significantly since the Pay Equity Act was passed in 1996, there is still work to be done! This law reflects our desire to counter wage discrimination and to recognize women's work at its fair value. Moreover, the first bill that I presented to the National Assembly was aimed precisely at improving the effectiveness of the Pay Equity Act. Québec has thus become a reference in Canada and elsewhere in the world. Our law is a source of inspiration for other governments wishing to implement proactive pay equity legislation." said Minister of Labour Jean Boulet.



**"In Québec, equality between men and women is a deeply rooted value." said Minister of Labour Jean Boulet.**

## What is meant by pay equity?

Pay equity consists of allocating to persons occupying typically female jobs a salary equal to that given to persons occupying typically male jobs which are different, but evaluated and recognized as equivalent in a company. For example, in a hotel, the work of a room attendant could be assessed and deemed equivalent to that of a doorman. So, in this company, the people who do these jobs should receive equal pay. The Pay Equity Act applies to all businesses in Québec that have ten or more employees and that fall under Québec's legislative jurisdiction, whether they are private, public, parapublic or non-profit.

## The CNESST

The CNESST offers employers and workers a unique gateway and integrated expertise in the areas of labor standards, pay equity and health and work safety. It promotes the rights and obligations in these matters and ensures compliance with them.

# The Conseil du statut de la femme celebrates International Women's Rights Day throughout the month of March 2022



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On this important International Day of Women's Rights, the Conseil du statut de la femme presents a special dossier under the theme "the economic and social power of women". Of particular interest for the women of our borough of Park-Extension, the Council offers this special feature on its website and in its March edition of the Gazette des Femmes magazine. It is dedicated to recognizing the contribution of women to the enrichment and quality of life of all Québécois. Although many of them are greatly affected by the pandemic, they are at the heart of building our society and are real agents of change.

For the President of the Conseil du statut de la femme, "March 8 is an opportunity to recognize the social and economic impact of women who weave the fabric of a fair, egalitarian, prosperous and inclusive world. These women are speaking out, influencing, taking action. They tie the thread of an essential and sometimes fragile social fabric. Even more, they have the



power of ambition, that of building. March 8 is also an opportunity to recall the fragility of achievements in terms of women's rights and to emphasize the importance of equality"

The Conseil du statut de la femme campaign will be available throughout 2022. In addition to being accessible on the CSF website, it will be launched via several third-party websites and on social media from 3 to 31 March, with the aim of informing and raising awareness among as many people as possible.

# Quebec invests \$5 million for the integration, in French, of immigrants in the Montreal region



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Integration of new immigrants into a French speaking society like the one in Québec has always been a challenge for both the immigrants coming from non francophone countries as well as for the government. In Park-Ex, this challenge is even greater compared with other Montreal boroughs.

On March 7<sup>th</sup> Minister Jean Boulet announced a financial support of \$4,947,734 to 14 organizations in the Montreal region to promote the integration of immigrants in French.

Thanks to this financial support, the 14 non-profit organizations will be able to carry out local or regional projects aimed at promoting intercultural relations between Quebecers of all origins in their community.

The Government of Québec is working together with all the partners in the community hoping that together, they contribute to facilitating the integration and full participation in French of immigrants and other ethnocultural minorities in the collective life of the metropolis while consolidating harmonious intercultural relations between Montrealers of all origins.

The Community Support Program enables the government to work together with non-profit organizations and cooperatives to create condi-

tions conducive to the attraction and integration of immigrants and other ethnocultural minorities in the regions of Québec.

"With the \$4,947,734 million investment announced today, immigrants who decide to settle in the metropolis will be the winners. What we want with this program is to create living environments open to diversity to facilitate the integration of immigrants and enable them to participate fully, in French, in our society. This work could not be done without the collaboration of organizations like those of today that are involved in their communities. This is how, together, we are putting in place the winning conditions for successful immigration." said Jean Boulet, Minister of Labour.

•Part II of the Community Support Program is intended for non-profit organizations (NPO) and cooperatives whose projects include the promotion of harmonious intercultural relations and the holding of intercultural encounters between Quebecers of all origins.

•Announced on October 13, 2021, the total envelope granted to Volet II of the PAC by the Ministère de l'Immigration, de la Francisation et de l'Intégration is \$23,317,599 to support the completion of 85 projects over a period of three years, in all regions of Québec.

•For 2021-2022, the Department has committed, for Component II of the CAP, a total envelope of \$8.3 million for the 85 agreements signed in the 17 regions of Québec.

Organismes	Période couverte par la subvention	Montant total de la subvention
Accueil aux immigrants de l'est de Montréal	2021-2024	171 971 \$
Association multi-ethnique pour l'intégration des personnes handicapées du Québec	2021-2023	169 416 \$
Carrefour de ressources en interculturel	2021-2024	420 747 \$
Carrefour Solidarité Anjou	2021-2024	410 380 \$
Centre d'appui aux communautés immigrantes de Bordeaux-Cartierville	2021-2022	117 000 \$
Le centre international de documentation et d'information, haïtienne, caraïbéenne et afro-canadienne (CIDIHCA)	2021-2024	210 000 \$
Centre des jeunes l'Escale de Montréal-Nord Inc.	2021-2024	489 000 \$
Centre social d'aide aux immigrants	2021-2024	371 700 \$
Concertation Saint-Léonard	2021-2024	193 162 \$
Culture pour tous	2021-2024	228 150 \$
Groupe d'expertise pour le développement des cités interculturelles au Québec	(2 ententes) 2021-2024 2021-2024	810 000 \$ 255 000 \$
Fédération des chambres de commerce du Québec	2021-2024	132 000 \$
Table de concertation des organismes au service des personnes réfugiées et immigrantes inc.	2021-2024	822 618 \$
TQSOI-Table de Quartier Sud de l'Ouest de l'Île	2021-2024	146 590 \$



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# "Name the Puppy" 2022

It is that time of year again. The Royal Canadian Mounted Police (RCMP) needs help in naming the puppies that will become Canada's future RCMP Police Dogs.

The Police Dog Service Training Centre (PDSTC) in Innisfail, Alberta is asking young Canadians to suggest names for 13 German Shepherd puppies that will be born at the Centre in 2022.

Children are encouraged to be original and imaginative in finding names that will serve these puppies well in their careers with Canada's national police force.

When thinking of names, it is important to keep in mind that these are working police dogs, not pets.

Winning names will be chosen by the PDSTC staff. A draw will determine the winning entry in the event of multiple submissions of the same puppy name.

Although there can be only 13 winners, names not selected for the contest will be considered for other puppies born during the year.

## Prizes

The 13 whose names are selected will each receive a laminated 8x10-inch photo of the pup they name, a plush dog named Justice and an RCMP water bottle.

## Contest rules are simple:

- Contestants can suggest only 1 name (1 entry per person)
- The name may be for a male or a female pup
- The name must start with the letter "R"
- The name must have no more than 9 letters
- The name must be 1 or 2 syllables
- Contestants must be 4 to 14 years old
- Contestants must live in Canada
- Entries must be received by March 17, 2022

## Enter online

To enter the contest, visit us online:  
Name the Puppy contest

## Important dates

The deadline for entries is March 17, 2022. Contest winners and prizes will be announced on April 13, 2022.

## Submitting artwork

We no longer accept entries sent through the mail. However, we still love receiving drawings and paintings! After entering online, children have the option to enter their artwork to the Police Dog Service Training Centre at puppy-chiot@rcmp-grc.gc.ca.

All contest entries must be submitted online. We cannot accept contest entries by email.

About the Police Dog Service Training Centre  
The PDSTC is home to the RCMP national police dog training program and is a part of RCMP Depot Division. The Centre has earned a great reputation for breeding top quality working German Shepherds and for training dogs with outstanding searching and tracking abilities.

## Stay connected

### Hashtags

English: #namethepuppy

French: #nommelechiotInstagram

### Instagram

English: @RCMPDepot

French: @GRCDepot

### Facebook

English: facebook.com/rcmpdepot

French: facebook.com/grcdepot

### Twitter

English: @RCMPDepot

French: @GRCDepot

SOURCE Royal Canadian Mounted Police



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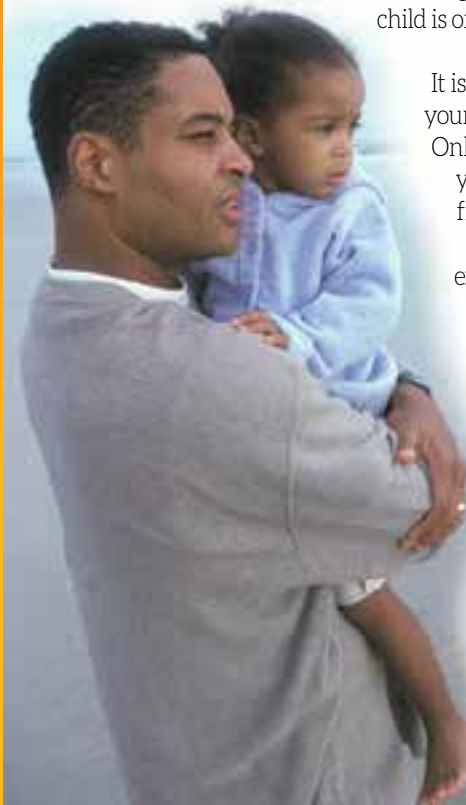
# In Memoriam & Obituaries



## Surviving the loss of a parent

Usually, the parents are the first to go. More often than not, unless a sickness or an accident alters the normal course of things, the children must mourn their parents. However, mourning the people who gave you life, the people you love who taught you everything, is never easy and it can change a child forever.

An intimate bond is broken with the loss of a mother or a father. With such a strong attachment, the sorrow can be extremely difficult to overcome. Shedding tears, being sad and heartbroken, are normal and essential steps in the mourning process. The grief of an orphaned child is one of the greatest hardships in life.



It is strongly suggested that you share your pain with the people close to you. Only by living through your grief can you overcome it. Feeling angry and frustrated, or relieved and at peace, are other feelings that some will experience. If your loved ones were suffering or if you lost them in an event that you feel was unfair, it is quite normal to experience a range of emotions. However, mourning and grief are always unique and personal.

Sharing your memories with the people who are still here and talking about the beautiful moments you shared together is one way to overcome your anguish. Psychological support can help you get through the difficult days, months, or even years.



**DI BENEDETTO Donato**  
1929-2022

It is with deep sadness that the family announces the passing of DONATO DI BENEDETTO on Monday, March 07, 2022 at the age of 92. He will be sadly missed by his beloved wife Maria D'Addario Di Benedetto, his loving children Lucia (Roberto), Lina (Antonio) and Carmela (Mark), his cherished grandchildren Robert (Melanie), Sophia (Rogan), David, Philip (Juliana), Christian, Daniel and Julia, his great granddaughter Olivia, his sister Velia as well as nephews, nieces and other relatives and friends.



**BOUCHARD Nicole**  
1939-2022

In the palliative care unit of the Marie-Clarac Hospital in Montreal, on March 3, 2022, passed away at the age of 82 years and 7 months Mrs. Nicole Bouchard wife of Blondin Tardif, daughter of the late Édouilda Tremblay and the late Normand Bouchard. She lived in Montreal, a native of Notre Dame du Lac, Témiscouata.



**HACHEY Albert**  
1936 - 2022

It is with great sadness that we announce the passing of Mr. Albert Hachey on February 28, 2022 at the age of 96.

Predeceased by his beloved wife Évangéline Imbeault and son Michel, as well as his three brothers and two sisters. Devoted father to Pierrette and cherished "Pépère" to Andrea, he will also be fondly remembered by many family members and friends.



**MILL Nathan (Nat)**  
1934-2022

After a brief but pain-free struggle with cancer, Nat passed away peacefully, surrounded by his loving children, Linda and Perry, and the gentle, caring staff of La Maison de la Sérénité. Throughout his 91 years, Nat journeyed from war-torn Belgium to Toronto, to Montreal where he raised a family and built a career. Nat shared his worldly wisdom, joie de vivre and wonderful sense of humour (and donuts whenever he came to visit!) with his family, colleagues, friends, children, Linda and Perry (Simone) and his grandchildren, Aaron and Kieran. Nat will truly be missed and fondly remembered.



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# HOROSCOPE

Week of **MARCH 13 TO 19, 2022**

The luckiest signs this week:  
**SCORPIO, SAGITTARIUS AND CAPRICORN**

- ARIES**  
You'll take on a challenge that fills you with pride. Even if some people try to discourage you, your perseverance and boldness will allow you to accomplish brilliant feats.
- TAURUS**  
If you're planning to move soon, you'll take the first steps toward making it happen. A family member will be overly demanding and may abuse your generosity.
- GEMINI**  
You'll travel a lot and may get lost looking for accommodations or become stuck in a traffic jam. Double-check important information to make sure you understand it.
- CANCER**  
At work, you'll put in some generously rewarded overtime. A short training course will help you achieve one of your biggest professional dreams, even if it's just to become more fluent in another language.
- LEO**  
You'll be pressured to make a difficult decision and won't have time to weigh the pros and cons. Follow your heart. Affection and material comfort go hand in hand; pay close attention to both.
- VIRGO**  
Now is the time to complete any unfinished projects. Analyze your situation from a long-term perspective. Doing this will allow you to find the right path. If you have a significant other, book a romantic getaway.
- LIBRA**  
Your friends will invite you to go out and have fun. Take advantage of this opportunity if you haven't been out in a while. If you're single, you'll find love.
- SCORPIO**  
Time is a key commodity. You must handle emergencies at work and home. It's not always easy to balance work and family obligations. You'll be very busy this week.
- SAGITTARIUS**  
Before spring, take a rejuvenating trip with your partner or family, even if it's just a weekend getaway. You may have to travel for work.
- CAPRICORN**  
You're dealing with many strong emotions. Stay level-headed when solving your financial problems. Keeping a smile on your face will strengthen your current romantic relationship or help you find a partner.
- AQUARIUS**  
You'll organize a professional or personal event that brings together many different people. You may become stressed out about getting every little detail just right.
- PISCES**  
You may feel anxious, which could affect your concentration or morale. Don't let yourself be overwhelmed by emotions that aren't yours. Going to therapy or moving your body will help you feel refreshed.

# Coffee Break

## CROSSWORDS

PUZZLE NO. 116

1	2	3	4	5	6	7	8	9	10	11	
12				13			14				
15				16			17				
18				19		20	21				
		22		23	24		25		26	27	28
29	30	31					32				
33			34			35			36		
37			38			39			40		
41						42					
		43		44		45		46	47	48	
49	50	51		52	53	54		55			
56				57				58			
59				60				61			

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## ACROSS

1. Real
5. High point
8. Medicine
12. Charged atoms
13. Hooter
14. Luxury
15. Long narrative
16. "\_\_\_ More Night"
17. Wineglass part
18. Reattach a label
20. Fearful admiration
22. Dad
25. Bert's friend on "Sesame Street"
29. Provided food
32. Yarn
33. Hearth residue
34. Unwanted breeze
36. Foot digit
37. "War and \_\_\_"
39. Fake
41. Moth-\_\_\_

42. Ripped
43. Solicit
45. Full of gossip
49. Woeful word
52. \_\_\_ a boy!
55. Yarn
56. Foolish person
57. Brief sleep
58. Constant
59. Drove very fast
60. Towel off
61. Ruby and cerise

11. Topaz or opal
19. Agricultural plots
21. John Wayne film
23. Part of mpg
24. Modify
26. Brief message
27. Hard metal
28. Stopped
29. Canaveral or Horn
30. Floating
31. "\_\_\_ Darn Cat!"
35. To's counterpart
38. Laid off
40. Wobble
44. Considerate
46. Gesture of greeting
47. Santa's ride
48. Strong desires
49. Some are personal
50. Chop
51. Copy
53. Paver's goo
54. Snoop

## DOWN

1. Cake layer
2. Strong cord
3. Group of soldiers
4. Run away
5. Also
6. \_\_\_ up (confess)
7. Not guilty, e.g.
8. Arid land
9. Hamelin pest
10. Put into service

# Sudoku

## HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: **You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.**

	7							
	8		9	4	3		2	
			2	1				
5			9		4			
				2		3		
		3	5				8	6
				1		9		4
7	1		2				5	3

PUZZLE NO. 841

## Last Issues' Answers

## CROSSWORDS

S	I	L	T	G	I	V	E	O	D	D
O	D	O	R	E	R	A	S	W	E	E
D	O	T	E	N	E	T	S	E	L	M
A	S	S	E	R	T	A	U	D	I	O
				A	L	L	E	Y	S	
A	F	T		G	E	L	S	E	T	C
D	R	A	W		M	A	T		D	A
D	O	P	E		E	M	I	T		G
				R	E	N	A	M	E	
L	I	B	E	L		A	N	G	L	E
O	D	E		E	D	I	T		R	A
A	L	E		C	O	N	E		I	C
D	E	N		T	E	N	D		P	E

## Sudoku

2	3	5	8	9	4	1	6	7
9	7	4	3	6	1	2	5	8
8	1	6	7	5	2	4	3	9
5	8	1	4	3	9	7	2	6
6	9	7	2	1	8	5	4	3
4	2	3	5	7	6	9	8	1
3	4	2	1	8	7	6	9	5
7	5	9	6	4	3	8	1	2
1	6	8	9	2	5	3	7	4



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